1989 ISLANDER

REFERENCE

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UNLIMITED



UNLIMITED VIEW. As students walk from the library parking lot to the school, this is the view they get. Many underclassmen saw this view every day.

Islander 1989

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LIMITLESS DAY

The freshman jumps out of bed for his first day of high school and hops into the shower thinking of the unlimited fun he is going to have.

He gets out of the shower to put on the dressed-to-impress outfit he picked out the night before.

The senior has a different view about dressing for the first day of her senior year. A pair of comfortable, well-worn shorts and a tee-shirt will do the trick. As the girl puts these on she is thinking about the unlimited goals she has set for herself.

When she picks up her friend, she says, "I can't believe we are going to graduate so soon!"

The sophomore isn't thinking as much about graduation as she is about her driver's license, and how the wait for her sixteenth birthday seems unlimited.

She walks into the school and through the cluttered halls to

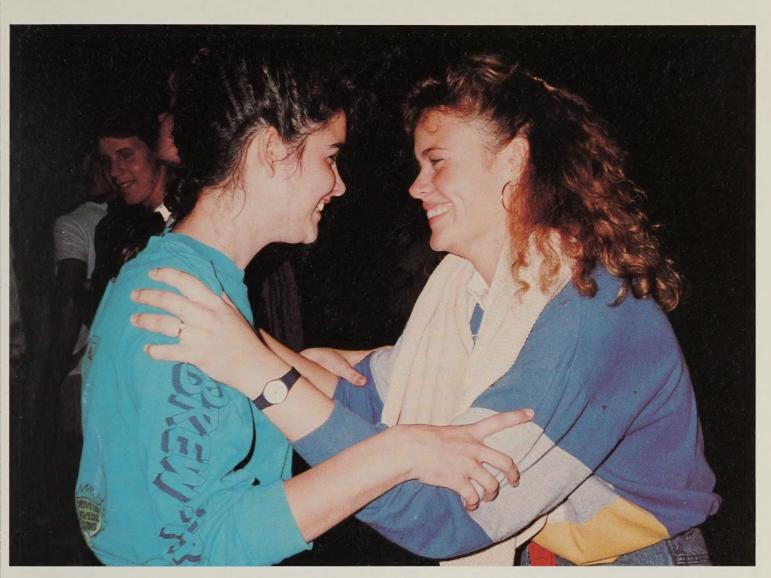
find her friends. When she does, she hears them talking about the approaching homecoming week.

The junior can't be as enthuisiastic as his fellow schoolmates because he has his hardest year ahead of him. His parents have told him about the unlimited studying they expect to see him doing.

With all of the goals, spirit, fun, the list goes on and on, it will be an UNLIMITED year.



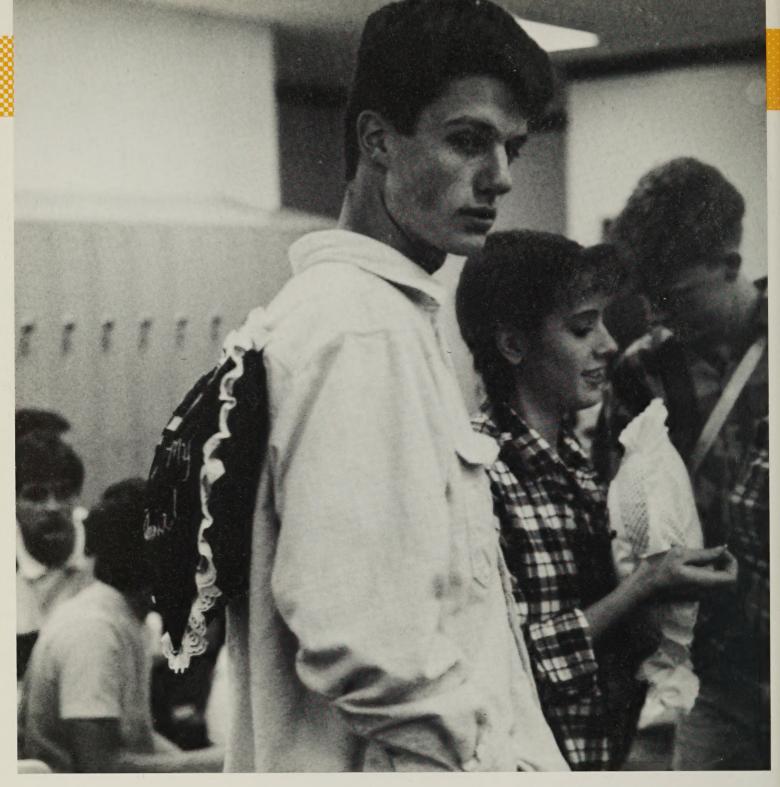
UNLIMITED REALIZATION. After hearing the last name called, Tray Matheson throws his hands up in disbelief. Tray was crowned king at the Homecoming peprally.





UNLIMITED FRIENDSHIP. Nervously waiting to face her pudding wrestling opponent, Andrea Forrest is reassured by friend and coach Tracy Butts. Andrea battled against Tabb's Homecoming Queen at the Battle of the Bods.

UNLIMITED CUISINE. Hampton Roads offers a wide variety of places to eat. Laura Milton enjoyed tostada chips before her dinner at Chi Chi's.



UNLIMITED PIN. After receiving his pillow from Paula Bolden, Vinnie Gallerani looks around at other pillows. The dance was held that night in the commons.

Limitiess Choices

The pressure is unlimited. Exams, research papers, course-selections, teacher-parent conferences, report cards, and to top it all off, your pen just ran out of ink. The pressures of high school really are unlimited.

But wait! Isn't high school more than hairpulling tests, outrageous math problems, and frustrating book reviews? Of course it is!

It may not be a grand array of social events as Hollywood portrays, but it does include some irreplacable friendships and memorable moments that will never die.

Just think. It really isn't all homework and hard work. It's also the homecoming football game, Sadie Hawkins, prom night, the date of your dreams (or nightmares), your best friends. . . it's all a part of high school. The possibilities really are UNLIMITED.

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Wheeee! Showing his diving expertise senior Mark Dossett lets go of the rope to make a perfect 10 dive. Mark and some friends spent the day swimming in the Chickahominy River in Williamsburg.

Sabotage! A private pool is one way to beat the heat. Relaxing in the hot summer sun, seniors Kari Townsend, Angie Clausen, and junior Christie Harris cooled off in Kari's pool.





Summer Those Days in the Rays

Hot, hazy days basking in the sun. Soaking up the rays of summer for the first time in nine months. You are finally able to think not of exams, term papers or final grades, but of absolutely nothing.

Summer is the time when students can let go of the pressures and hardships of school and just relax and have a good time. Whether it's roaming the oceanside, going on vacation with family or friends, or even having a summer job, students cherish their summer break and fill it to the last minute with work, friends and good times.

"My summer was spent lying on the beach and waking up at noon. Why get a job when you can do this?" Junior Tina Meyers sums up the feeling of many students who think summer is a time for play, not work.

Many students who are involved in sports through the summer find it easier to not work than to try to schedule work around their games. Senior Michelle Finch says, "I was able to play softball without the responsibility of planning around a job."

On the other hand, many students felt it was necessary to hold a job. Money was senior Daniel Watson's main reason for having a job this summer. Although it does have its drawbacks, Daniel says, "...it was a real bummer because I didn't get to surf as much as I wanted to."

Many other students go on vacations during their time off from school. Junior Samantha Compton spent her summer divided between New York and South Carolina. "I went to see my grandparents in South Carolina and was spoiled by my relatives, then I went to twirl (baton) in New York and I saw things I never dreamed of seeing."

Students don't always follow the norm for summer vacations. Senior Becky Bradshaw says, "I played Junior Olympics softball, then I played in a tournament in Richmond, worked with a professional pitcher in North Carolina, and then finished off the summer with an operation on my knee."

Shauna Wilson, a freshman, moved to Poquoson over the summer. "My summer was spent meeting new people and getting to know a little about the community I moved to."

Others spent their summer as sophomore Carey Lyon did, "...lying around catching up on the soaps," they missed during the school year.

As September grew closer members of the student body begin to roam the malls looking for that perfect back-to-school outfit. Many squeeze in some last moments at the beach to revive the tan to have something to show for the last three months spent feverishly working on it. Whatever students do, you can be sure each student fills the last few weeks with as much sun, fun, and good times to make it a summer to remember.





Ship's Ahoy. While vacationing on a cruise ship headed for the Bahamas, senior Nancy McCuistion is greeted by the captain. The cruise was a gift to Nancy's friend Mychele Horner from her parents.

Kick Back and Relax. Buried deep in the situation junior Barbara Holland and her counterpart senior Laura Milton stretch out on the shores of Virginia Beach. This was a common summer occurance for students.

What was the most memorable event of your summer vacation?

"The most nomemable pare of my summer was defeateds spending a month in France. I have some partustic memories and some scally awful mession! I'll never Jurger has summer."— senior Anny Stockles

"My most memorable part of my summer was going to Nam Head for heach week and meeting people I will large fineres!" — suphamms Anaela Gulledge

"I wont to Water Country and NASA, but I really loved young to the pool and sleeping in." — freshman Nicole Insles

"The most memorable event of my summer was solven my hospitend got on a bus to leave for book training. He joined the Air Forez and i cried monostop for a week, whom Jenny Forest

"I went to Florala for a week and a half. I went to Fore Landerdale, Daytona Beach, Miami and Unlando. I did whatever I wanted to and stayed wherever I wanted to, it was great! And the girk were awe some." — juntor Craig Merrell

"I sailed to Philadelphia with the Sea Explorers for the Fourth of July celebration. We toured Colonial Philadelphia and learned about the past." — panior Healt Ann Funk

"Considering I had nothing to detail currence. The highlight of my summer was sleeping." — freshman Elizabeth Thomann Are You Going To Eat That Or What? Lunchtime is the time to relax and enjoy the company of friends. Seniors Jenny Forrest and Amy Gatewood shared some time together while Jenny ate her school lunch.

while Jenny ate her school lunch.

Out Of Time. With only a few minutes left in lunch, seniors Mark Dossett and Tray Matheson do some last minute cramming for a test next hour.



Lunch Break

Eating, Socializing, Studying...

The aroma of pizza, the sight of chairs scattered and being snatched from tables, long lines and plenty of laughter and conversation. This may resemble a rowdy party on a fun-filled weekend, but this is really the scene of our lunchroom.

While some sit down at lunch and concentrate on devouring their prepared meals, others find different recreations to take part in. Lunch is the time to relax and socialize, or students may work on homework for another class. The library can sometimes be full of students trying to

catch-up on work or studying for a test.

When the weather is nice, students take strolls or sit outside on the benches with a friend.

One student tells how she likes to spend her lunchtime. "My boyfriend and I sometimes go into the library to talk about how our day is going or when it's warm outside we take a walk," says senior Kari Townsend.

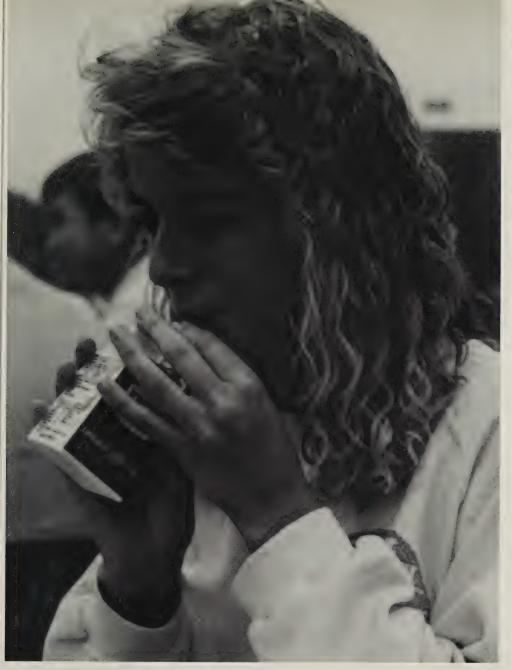
The halls are usually full of students who stroll along looking for friends to chat or walk around with.

One of the events that takes place

during lunch is the lunchroom lottery. The object of this is to look on the bottom of your bought lunch for a piece of tape. If you find tape you receive a free ice cream.

Many students feel that it's a good way to get something free. "I think it's a good thing, but not that many people seem to win," commented junior Sandrine Smith.

No matter what type of activity students take part in during lunch, the lunchroom will always be a place for students to take a break from all their classes and enjoy themselves.





Getting The Scoop. Lunch provides time for a little catching up on the latest gossip. Sophomores Angela Kaufman and Angie Gulledge spent a few minutes together discussing the weekend.



Milk—It Does The Body Good. With a smirk on her face, junior Amy Forrest quenches her thirst with a sip of chocolate milk. Chocolate milk is the favorite kind of milk bought with school lunch.

A Breath of Fresh Air. Outside on the benches is a popular spot for friends to spend time together. Seniors Tom Kostoff and Jenny Ross took advantage of the sunshine on senior toga day.

What was your favorite aspect of Homecoming Week?

"The best part of Homecoming week was definitely toga day. It is something seniors look forward to all their high school years — it's their chance to stand out." — senior Carlos Torres

"Working on the floats was great. It was a chance for each class to get together and work to achieve a prize-winning float." — senior Amy Alexander

"The part I loved best about Homecoming week were the dress-up days. They were a chance for everyone to express their alter egos." — junior Rick Walker

"I thought the pep-rally was terrific. Everyone was so spirited and hyped-up that it was no surprise when we won the game." — sophomore Angela Kaufman

"The game itself was definitely the best part of the week — there was so much spirit everywhere, and when the team won and everybody ran out onto the field to congratulate the players — that was great!" — sophomore Carey Lyon

"I thought senior day — with all the seniors in their togas — it's something all seniors look forward to!" — senior Sean Riley Let's Hear It For Seniors! The spirit stick is an important part of every Homecoming peprally and is awarded to the class that shows the most spirit. Seniors Michelle Finch, Danielle Trombetta, Chris Fuller, Vinnie Gallerani, and Nancy McCuistion did their part in order to secure the stick for their class.

Kaleidoscope. Face-painting is a popular tradition for students during Homecoming week. Junior Tyler Howard showed his spirit by having his face painted in swirls for maroon and gold day.





Capture The Winning Spirit

"Dress-up day was a booming success," claimed senior David Willcox, "Every day of the week was a sight to behold!"

Spirit week started off with a burst of energy as students came to school as M&M's, babies, grapes, boys dressed as girls and many other things. That's right, the first day was costume day.

On Tuesday we saw it all. Polyester on the nerds and cameras on the tourists. In order to stand out, the seniors dressed in formal attire except for the pants. They did this so that they would be able to show off the varied prints and patterns on their boxer shorts.

The next day we saw shirts with

the shoulder pads on the outside. It toga day for seniors. was, of course, inside-out day. Almost everyone was doing it except for, you guessed it, the seniors. They decided to be lazy and just wear their pajamas.

Thursday the entire student body, including seniors, wore black from head to toe. No one died, so why were they in black? Because Arcadia was about to die, and they wanted to mourn their death. Freshman Jennifer Slaton said, "I thought spirit week was really neat because everyone participated in dressing up, and it paid off because we won!"

The tradition continued with the last day of spirit week being maroon and gold day for underclassmen and

The seniors started the day with a nutritious breakfast at Hardee's. They followed each other to school where they entered cheering. They also cheered during lunch.

Terry Canella, a junior, said, "The most memorable part of homecoming was the spirit that the seniors showed. They also displayed leadership by dressing different so they would stand out."

No one really won the hall decorating contest. The National Honor Society and the cheerleaders had a mix-up and so, for the first time since the tradition started, the halls did not get judged.

See Homecoming, p.12



Where's the Fire? During the Homecoming parade the senior float, depicting Smokey the Bear putting the fire out of the Arcadia Firebirds, is displayed. The senior float won first place at the football game.



Homecoming

Spirit continued to shine during the pep rally. It roared through the gym as the cheerleaders, band and auxilaries entertained the students. The cheerleaders' skit was the crowning of the king. The senior football player that they chose was Tray Matheson. He exclaimed, "I was very embarrassed and it was nerve-racking, but then I realized it was a great honor to be picked."

The next thing the cheerleaders did was give the spirit award away, which the seniors stole from the rest of the student body.

Next the competition of the floats came. After spending four hardworking nights, they were displayed at the parade. The theme was fictional characters. The seniors took first place with Smokey the Bear saying, "Take the fire out of the Firebirds." Smokey and the rotating firebird were later displayed in the

lobby in front of the office.

The homecoming court also rode in the parade. The freshman representative was Lynne Watkins and Mimi Pinner was the sophomore representative. Dawnn Watkins represented the junior class. The three girls chosen to represent the senior class were Andrea Forrest, Lee Ann Jenkins and Melissa Rohrer.

During half-time of the football game, Randy Davis announced Andrea Forrest as the homecoming queen. She said this about her moment on the field, "I didn't want to think about it, but as the crowd cheered, my nervousness was replaced by excitement and anxiousness. The next few minutes seemed like an eternity, I thought they would never make the announcement, but after they did, everything became a blur."

The game went on with tons of emotion and cheering. Afterwards, to everyone's surprise, the scoreboard read: Home 15 Visitors 7!

That's right, Poquoson had won its first homecoming game in ten years!

The crowd exploded! Some screamed with enthusiasm, some cried with joy, and others did both. Many students ran onto the field to congratulate the players and show how much they cared. Senior Becky Bradshaw said, "When everyone ran on to the field, we were so close, like a family." Kari Townsend, also a senior, heard this and commented, "The team wasn't the only ones who won — everyone did!"

The excitement didn't stop there. The homecoming dance was very memorable. Sophomore Dana Atkins commented, "I thought that it was great because we had something to celebrate."

From the first song to the last, the students danced, sang and had a blast together. From the first day to the last, not one moment went by forgotten.



How Low Can You Go? The limbo is added to the Homecoming Dance. Sophomore Heather Smith held the streamer while junior Kevin Heyman watched as his opponent senior Todd Lawson wiggled under the streamer.



A Kiss For A King. It is tradition for the cheerleaders to congratulate the new Homecoming King with a kiss. Junior Alystra Little continued this tradition by giving senior king Tray Matheson a peck on the cheek.





Pretty As A Picture. Representing the senior class, this year's Homecoming representatives are Lee Ann Jenkins, Andrea Forrest, and Melissa Rohrer.



The Crowning of a Queen. After being crowned Homecoming queen, Andrea Forrest and her escort, senior Tom Kostoff, stand and absorb the excitement.

The Royal Court. This year's underclassmen representatives are junior Dawnn Watkins, sophomore Mimi Pinner, and freshman Lynn Watkins.

School's Out

Let the Fun Begin

T.G.I.F. Thank Goodness It's Friday! For many students, this is a popular cliche used to express their feelings on Friday. Upon hearing this, thoughts of the upcoming weekend flash through a student's mind. Freshman Mike Smith says, "When I hear the phrase T.G.I.F. mentioned on a Friday, I think to myself, 'No more school until Monday!"

Jobs keep many people busy on the weekend. Senior Viki Mendez says, "I love going to work at Busch Gardens. I meet interesting people all the time and I like spending time with my co-workers."

Others spend their weekend relaxing and taking a break from the rat race of school. "I look forward to relaxing on the weekend and not being in a crowded school. It gives me a chance to kick back and spend some time with my friends," comments sophomore Dana Adkins. Freshman Diana Pope says, "I use my weekend to catch up on some much needed sleep that I lose during the week."

Weekends can be very hectic for some people and sometimes feel like an extension of the week. "Weekends are supposed to be relaxing but they never are for me. It seems like I have more to do over the weekend than I do on a regular weekday," remarks junior Amy Miller.

Many seniors spend part of their weekend applying to or visiting colleges. Senior Paula Yourey says, "I'm not usually ready for the weekend because there are so many things to do with applying to different colleges that the weekends are sometimes worse than the week itself." Senior Anne Yates explains, "When I visit colleges it usually takes up the entire weekend and I feel like I haven't had a weekend at all when I come back on Monday."

Weekends give the chance for many friends to dabble in a little mischief. One popular form of mischief is toilet papering or rolling a friend's house. A trip to the local Farm Fresh for a six-pack of toilet paper is a necessity. A dark, cloudy night and anywhere from two to five people are helpful for these midnight crawlers. The end product is a fellow classmate's house, strewn with paper, which takes on the appearance of a fresh snowfall. Senior Dori Tasillo comments, "Most of the time I roll my friends' houses just for fun - just for the pleasure of seeing a friend of mine spend some time the next morning cleaning it all up."

Going out with that special girl or guy is very common for many people on the weekends. It gives some people a chance to take a break and spend a little time with that someone special. "I really enjoy spending time with my girlfriend, Dana Adkins, on the weekend. Even though we don't always agree on everything, I cherish every moment we can spend together," says senior Kevin Weis.

Some people aren't as lucky to have their loved ones close by. Many students have boyfriends or girlfriends who are away at college and only come home for special occasions or holidays. Senior Annette Carroll says, "I don't usually look forward to the upcoming weekend unless my boyfriend, David Loomis, is home from college. When he is home the last few minutes of sixth hour on a Friday seem like an eternity."

Whether your weekend is spent relaxing or on the go, one thing is for certain — everyone makes the most of it.

How About This One? Shopping is a favorite past time for many teenagers. On a recent trip to the Coliseum Mall, juniors Amy Miller and Barbara Holland checked out the new compact disks located in Musicland.







Price Check, Please. While checking out groceries for a customer, senior Stephanie Matzgannis looks for a price tag on a can of apple sauce. Stephanie spent many weekends at her part-time job as a cashier at Farm Fresh.

What A Selection. Renting movies to watch on the VCR at home is a popular way for many couples to spend the weekend together. At the local Video Shack, junior Jon Goldey had a difficult time choosing a movie for him and his date, junior Michele Kolet to watch.

How do you spend your weekend?

"When I'm not on restriction, I go out with my friends." — junior Kim Abell

"The weekend is the time when I can recover from my week! I either go crazy and vent my frustrations or I sleep for 48 hours." — senior Geri Flynn

"During the day, I practice gymnastics or sleep! At night, I go out with my friends." — junior Monica Finch

"I try to have the best time possible in the short time we have. This mostly involves going out with friends." — senior Erik Davis

"Sometimes my friends and I go out to a movie and then go 'rambo-ing' (a form of sneaking around) afterwards." — senior David Stowell

"First of all I sleep in on Saturday morning until 11 o'clock then I get up and spend the rest of the day at the mall. I love to shop!" — sophomore Teresa Sivertson

"I go out with 'the friends' and I sleep a lot." — senior Jen O'Donnell

"Over the weekends I usually stay up late, watch cartoons, go to the mall, or spend the night with a friend." — freshman Kristen Shaw

Competition

Let The Games Begin

The gym was hot and crowded. The pungent odor of chocolate pudding permeated the air. The restless crowd quieted and waited with bated breath for the beginning of the third annual Battle of the Bods.

This battle brought together rival schools Poquoson and Tabb, to pit bod against bod and determine which was truly "better."

The festivities began with both schools casting aside old arguments and hostilities to unite each class in the sub-division, Battle of the Classes. Such games as the innertube relay, the sack-dragging race, and the final tug-of-war were used to determine the senior class as victor. Sophomore Angela Kaufman commented, "The sack-dragging relay was the best—it was really funny to see those big, studly men dragging the girls around on potato sacks!"

So Do I Really Have To? Waiting in the sidelines with her coach Jason Duty, JV cheerleading captain sophomore Dory Holt psyches herself up. Dory lost her match, but it was a fight all the way, with Tabb scoring in the last few seconds. Said senior Geri Flynn of the Battle of the Classes, "I thought the Battle of the Classes was a great way to bring together the seniors of both Poquoson and Tabb. We seniors need to stick together!"

The evening progressed and the moment arrived. The long-awaited event — wrestling in six inches of chocolate pudding — was about to begin. Poquoson and Tabb re-assembled their forces and resumed rivalries as prominent members of both schools came forth and challenged each other to the test.

Said senior coach Tracy Butts of the event, "Coaching Homecoming Queen Andrea Forrest to victory was an excellent way to participate in the Battle of the Bods. The only thing I didn't like was trying to get the dried pudding out of my hair!"

Though the wrestling was enjoyed

by many, some students felt that it is possible to have too much of a good thing. "Watching the wrestling was cool, but I think there should have been more events that all students could participate in," said senior Carlos Torres of the battle.

As the doors opened at the Battle's end, and the victorious members streamed into the cool night air, sophomore Kevin Phillips was heard to say, "I always knew Poquoson was better!"

Senior Amy Alexander had a different opinion of the evening's events. "I think the Battle of the Bods was an excellent way to drop the hostilities between Poquoson and Tabb and bring all the students together. The idea was not to prove one school better than the other."





A Sticky Win. Throwing her arms in the air, senior Becky Bradshaw enjoys her victory over her Tabb opponent. It took only seconds for Becky to successfully pin Tabb's varsity cheerleading captain.

Victory Ride. Sitting atop senior Tom Kosoff's shoulders, Homecoming Queen Andrea Forrest rejoices in her victory over the Tabb Homecoming Queen in the Battle of the Bods budding-wrestling competition.





Put It Here, Pal. In a show of good sportsmanship, senior Chuck Sack shakes the hand of his Tabb opponent. Chuck won the match, which helped lead Poquoson to an over-all victory over Tabb.

What qualities do you look for in a presidential candidate?

"I look for an honest, hard-working person who's willing to do anything for his or her country." — sophomore Kim Morrell

"I don't vote for a party, I vote for the issues. My issues concern education and ecology." — Coach Ed Spain

"The choices this year were total opposites. I usually lean toward someone who shares the same views of America and values that I do."

— junior Betsy Borders

"I'd look for the candidate who shows the leadership qualities to get this country going in the right direction — morally I mean." — senior Jenny Smith

"I would vote for the candidate who works to achieve goals that aren't impossible." — freshman Debra Rice

"I like a president who is down to earth. Someone who can understand the problems of today." — junior Shantil Putzulu

"A really important thing is that they have everyone's best interest at heart. They really have to care about the citizens and not just themselves." — senior Deb Katz

"I look for honesty. He should support religion, military, the homeless and every aspect of American society. He should be very openminded. — senior Jenny Ross

"Somebody with good ideas. Somebody who is going to pass laws and do what's good for the people." junior Crystal Lemmons



An X Marks The Spot. While taking a quick moment out during his lunch, sophomore Robert Check votes for the candidate of his choice. Robert was also an election official for the sophomore class.

Meet The Next President Of The United States. As students get off the buses, they are greeted by Dukakis' surrogate candidate, junior Amy Long. After shaking Amy's hand senior Kevin Vernall headed toward Bush's surrogate candidate, junior Brian Sanders.



Suffrage

It's Your Right to Vote

Think. Think how much more you know now than you did four years ago. Most students barely recall the 1984 election when former President Ronald Reagan defeated Democrat Walter Mondale. However, the recent election, Bush vs. Dukakis, hit closer to home for most students.

"The mock election was interesting and it made me aware of the real election," said junior Tommy Rew.

For every national election, the high school holds a mock election. However, for this election, both Poquoson High and Middle Schools joined schools across the peninsula and the results were broadcast on WHRO-TV. Junior Michele Kolet acted as phone captain.

Republican Candidate George Bush and Dan Quayle, his running mate, defeated Mike Dukakis and Lloyd Bensen by an overwhelming margin. In the high school alone, the students voted 89% Bush and 11% Dukakis. These results paralleled those of the community and the nation.

Students were permitted to vote only if they had registered. They registered in their history or government classes or during lunch.

Many government students made posters and announcements in order to publicize the event. Senior Melissa Rohrer said, "I made a poster and we carried them around lunch encouraging students to 'Vote Bush'."

Juniors Brian Sander and Amy Long dressed up as the candidates and paraded around the school capturing votes. "This is the first year that I've ever paid attention to or really even knew who the candidates were," confessed senior Cheyenne Hoadley.

"I was unusually surprised at how conservative the student body voted...with the exception of paramutual betting, which the students voted for. The whole mock election was very successful," said Ms. Barbara Keech.

This was the general feeling among the students. Sophomore Beth Jones agreed, "I thought it was very well organized and got a lot of people involved."

This election year proved valuable to the students. "I believe I'll be more prepared to vote in the next election — it was so realistic," said junior Don Joyner.



Got A Minute? Recruiting is senior Becky Bradshaw's specialty. Becky's job was to try to get students to the mock election polls and get them to vote for the candidate of their choice



"Oh Say Can You See?" The band performs outside the school on the morning of the election. "The Star Spangled Banner" was one of the songs played by senior trumpeteer, Larry Grigg and the rest of the band.



Bonsai. Ring Dance night is the time for doing new and exotic things. Junior Barbara Holland and her date, senior Matt Mendez, performed a Japanese ritual before their dinner arrived at the Nara of Japan restaurant.



Next, Please. The day that every junior looks forward to is finally here. Juniors Danielle Orrack, Robin Struck, Shayla Swank, and Holly Umstead waited for their turn to see the Herff Jones representative and receive their rings.



Patience Is A Virtue. Upon their arrival at the Nara of Japan restaurant, juniors Sherry Baugh and Teri Van Meter wait patiently for their dates, Travis Rice and Jamey Diggs, to check their reservations.



89...And 90! The locking of a class ring is a tradition that has been handed down for many years. Junior Jenni Bowden turned Neil Lambiotte's ring for the 90th time and "locked" it.

There You Go. Flowers are a common sight at most formal dances. Junior Bobby Carter gently slipped a corsage onto the wrist of his date, junior Jill Alexander.



Tradition

It's Time To Turn

Class colors of emerald green and silver streak through the commons as juniors strategically place decorations on the wall. Darkness dominates — but only for a moment — then the DJ's strobe lights flicker and flash across the dance floor. The class of 1990 dances to the latest musical sensations before the ring turning ceremony.

Refreshments are served as still more juniors file in to join the festivities. This marks the start of the Junior Class ring dance. The Commons echoes with the giggles of girls as they gaze at their class rings awaiting their turn to cross the bridge. Excitement fills the hearts of all anticipating that special someone, who will "lock" their rings.

Ten o'clock and the ceremony begins. The DJ announces the arrival of the big moment. Numbers range from one to one hundred and even

more as the couples assemble into lines. Junior class president Barbara Holland and her escort, Matt Mendez, set the standard by crossing the bridge first. In reference to the occasion, Holland remarks, "It was a lot of hard work, but after it was all done I felt like it was worth it. The dance really went well."

Next comes the junior class vice president, secretary, and treasurer, followed by the other guests. Each couple hears their names announced by senior class president Vinnie Gallerani, steps onto the bridge, "locks" rings, and exchanges a congratulatory kiss or hug.

Upon exiting the bridge, each couple receives a white rose and scroll from junior class co-sponsor, Mrs. Debbe Goddin. After hours of grueling work Mrs. Goddin comments, "I thought the ring dance was beautiful. The junior class was very orga-

nized and did a fantastic job of decorating."

The sweet sound of Whitney Houston softly singing the junior class song, "One Moment In Time," concludes the ceremony.

Don Ward's picture taking resumes. Personal camera flashes light the dim room as friends frantically try to capture memories. Junior Tyler Howard says, "I like this dance better because there are less people—it's mostly juniors and seniors."

The final song of the dance is announced. Couples head for the dance floor. As the last notes linger from the DJ's stereo speakers, guests begin to leave. The dance is over. A group of juniors scatter across the commons snatching loose decorations in preparation for the evening's later activities.

Role Reversal

The Girls Take Control

Fifty years ago a change took place that has altered many things. On November 9, 1938, a role reversal occurred and the tradition has carried on ever since.

The day, called Sadie Hawkins' Day, started from a cartoon strip called *Li'l Abner* which was written by Al Capp. He created a day when the females could rightfully pursue unattached males. In the comic strip, Daisy May chased Li'l Abner, and now, girls have the chance to capture the man of their dreams.

Sadie Hawkins' Day was celebrated on Friday, November 18. The tradition of the girl pinning a pillow on the boy she chose continued. The

creativity went from the pillow senior Julie Laske made for senior David Stowell stating "He Stowell my Heart" to "Bubbalicious" which freshman Lynne Watkins made for junior Bubba Ferguson. Her pillow was shaped like a bubblegum wrapper and looked like one too. She said, "My mom gave me the idea."

Many girls worked long hours making pillows to impress their date. Junior Amy Miller pinned redheaded senior Eric Umstead. She expressed "He's Red Hot" on her pillow. Amy said, "The whole time I was making it I kept thinking, he's not going to wear it."

At the dance on Saturday there

were free refreshments, a great DJ and a preacher. Yes, that's right a preacher to tie the knot between the couples who wanted to get a certificate, two aluminium wedding bands and a snapshot of the memorable moment.

Many students dressed in flannel shirts and some girls even wore their hair in pig tails. Sophomore Paula Bolden exclaimed, "It was exciting seeing everyone dressed-up."

Hats off to Al Capp for starting a tradition that has given women a day to choose who is right for them. Maybe he even opened the opportunity of choosing their dates all year long.



In Heaven! During second lunch senior Kevin Weis daydreams of sophomore Dana Atkins who has first lunch. Dana included Kevin's name on the pillow by saying, "I'm in heaven when I'm with Kevin."



Hold Still! Before school starts senior David Stowell waits impatiently as his longtime girlfriend, senior Julie Laske, pins on his pillow. She used her pillow to explain how their relationship began.





It's Miller Time. In English class students teased senior Troy Miller about his pillow which was made by Junior Stacey Philbeck. Troy turned the other way and laughed with them.

Stick It To Him! Sadie Hawkins' day was junior Andi Meredith's chance to pin her love Shawn Nadeau, also a junior.

How did you feel when you had to ask a guy out for Sadie Hawkins?

"It wasn't really that big of a deal. I just went up and asked him if he wanted to go to the dance with me."

— freshman Jennifer Slaton

"We had been dating for a little while, but I was still a nervous wreck when I asked him if he would like to go with me." — sophomore Teresa Sivertson

"Even though we have been dating forever, I still felt pretty ridiculous. The thought of asking him out was embarassing." — senior Cheyenne Hoadley

"It was very unusual. I had no idea whether or not he would say yes. I like it a lot better when a guy asks a girl out." — junior Tina Meyers

"I just decided at the last minute that I wanted to go because there was nothing else to do that night. So, at about 7:30 p.m., I went over to his house and asked him to go." — senior Dori Tasillo

"I felt really stupid. Now I know how the guys feel." — sophomore Tricia Wissinger"

"When I asked Kevin to the Sadie Hawkins dance, it made me think of what guys have to go through when asking girls out. It was harder than I thought it would be. Girls have it much easier." — sophomore Dana Atkins

"It was pretty easy for me. We had been talking on the phone for a little while and he kept hinting to me that he wasn't going so I finally just asked him." — junior Teresa Cyr

"It wasn't that hard. I just told him we were going." — junior Betsy Borders



Deadly Attraction. Love can be a dangerous thing. The prisoner, sophomore Greg Kreuger, had the choice between two doors. One held a beautiful damsel, the other a ferocious tiger. The tiger, junior Melissa Robertson, fatally wounded the prisoner.

In...Out. Breathing exercises help many actors and actresses to relax. Junior Amy Long practiced her breathing patterns before play rehearsal.





"Your Stole, Madam." In Barefoot in the Park, Mr. Velasco, junior Brian Sander, Mrs. Banks, senior Robin Thrift, and Ethel's daughter, junior Amy Long, prepare to go to dinner.

Chitter-Chatter. While waiting patiently at the bus stop, seniors Nancy McCuistion and Robin Thrift, and juniors Travis Rice and Shawn Nadeau take a break to catch up on the day's events.



"But, Honey." In The Diary of Adam and Eve, Eve. senior Jenny Forrest, pleads with Adam, freshman Greg Rudy, to forgive her for their dismissal from Eden.



Take Two

It's Time to Play

The lights began to ebb and a hush fell across the room. The creaking of seats and a chorus of coughs echoed throughout the auditorium. Then there was a complete silence as the curtains parted on a brightly lit world of make-believe.

The Apple Tree was the first production put on by the school. It was a three part musical that ran Friday and Saturday, November 11 and 12.

For many people, The Apple Tree was the first play they had ever performed in. It was a new experience for many and it gave them a different view of the world.

Junior Shawn Nadeau comments, "While I was in the play The Apple ting on make-up. I now have a little more respect for the trouble women go through putting on make-up."

For others, acting is a way to release themselves from the real world and journey into a world of make believe.

Senior Robin Thrift feels, "...(acting) gives me a chance to create."

Working on a play has its benefits too. Freshman Kristen Shaw says, "I really enjoyed working on the play because it gave me a chance to meet new people."

The Spring play was Barefoot in the Park. This Neil Simon play ran

Tree, I learned a few lessons in put- for two consecutive nights on Friday and Saturday, March 24 and 25. Because the cast was small, many of the actors, actresses, and the crew formed a close-knit bond with one

> Senior Denise Chapman says, "When you work on a play either for costumes, make-up, props, or lights, you are part of something big; a creation from scratch. You also have a chance to be involved in the special relationship within a group of talented and hardworking people who, in the end, are special friends."

What was the best thing Santa ever brought you?

"I got a Micky Mouse Flashlight once when I was about 6 or 7." freshman Kris Kolet

"A toy called Grief Relief. They were sacks of air you pop when you are mad." — freshman Maureen Sack

"I never had a Santa Claus. When I was 6 my brother told me the truth so my parents never acted like Santa." — freshman Jennifer Slaton

"Last year I got a stereo with a compact disc player." — sophomore Melissa Zohn

"A trampoline when I was 8 years old." — sophomore David Forrest

"I got a Criss Cross Crash race track. My cat used to watch it and her tail would get in the way and she would run off scared." — sophomore Dana Atkins

"When I was 8 years old I got a purple 3 speed bicycle." — junior Crystal Lemons

"A plastic pottery wheel and some quick dry clay." — junior Michelle Corn

"I was 9 years old and got a huge stuffed animal. It was bigger than I was." — junior Lisa Jordan

"A pink Huffy bicycle with training wheels." — junior Ilana Xinos

"A choo choo train you wind up. It had real smoke and everything. I used to chase my brother with it."

— senior Bill Ford

"When I was 4 I got my first pair of ice skates." — senior Linda Svensen

"Christmas Break!!!" — senior Geri Flynn



What Can Santa Bring You? At the children's Christmas party, Jeff Leavitt gives his list to Santa (also known as Greg Hopkins). The party was given to the children by the SCA.

"Fa La La La La" The chorus brought in the Christmas season with a selection of carols. The crowd listened closely as seniors Nancy McCuistion and Lori Topping led the chorus to the sound of "We Wish You A Merry Christmas."



Ho Ho Ho

'Tis the Season

An entirely new spirit lingered in the halls. The tension was building; major papers and projects were breathing heavily down students' necks. Teachers were cramming in chapters a week and the students were getting restless. The signs of holiday fever were undeniably clear. The whole school was ready for... Christmas.

December was filled with events. Senior Shawm Fertitta said, "The closer Christmas came, the more there was to do. There was school work, plus there were so many other things going on."

The SCA rang in the holiday season on December 6 with the Christmas fund drive for The Children's Hospital of the King's Daughters. Students participated through various activities in the classroom, ranging from the selling of lollipops to the selling of tardies. A total of over \$3,700 was raised.

"I was impressed," said senior Chuck Sack, vice-president of the SCA. "We set the goal at \$3,600 and even though we increased the difficulty in collecting the money, we were still able to surpass any previous year."

The SCA continued the tradition of a children's Christmas party on December 9. Teacher Greg Hopkins made an appearance as Santa Claus.

The spirit also crept into the school after hours. The concert choir performed a Christmas concert on December 14 for parents and students who wished to attend, and again during school for the student body.

"It took a lot of time and we had a lot of extra rehearsals. We had a good turn out for the night show and the school seemed to enjoy it when we sang for them," commented junior chorus member Alystra Little.

Christmas fever was at its peak on December 21, the last day before Christmas break. The cheerleaders and wrestling team sponsored a Christmas dance that night.

"There were a lot more people there than usual. It was better than past school dances," stated junior Susan Heard, a varsity cheerleader.

Of course the fun didn't end there. Christmas break provided the students with an opportunity to put down their pencils and relax. And maybe have a little fun!

"Oh it was a LOT of fun!" said senior Jennifer O'Donnell, "I went skiing with my friends in West Virginia. It was great!"

Aside from vacations and visits to Grandma's house, some students had some fun around town. Heather Firman, senior explained, "My boyfriend and I had our picture taken with Santa Claus at Waterside."

There were other students who spent Christmas vacation somewhere besides Grandma's. Senior Angela Ulisse and her sister Antonia, a sophomore, spent their vacation in the Bahamas.

"It was really neat to be able to lie on the beach around Christmas time. It made me wish for summer," commented Antonia.

When January rolled around, the spirit had died out and things were slowly returning to normal. Though December was hectic, it was fun for the students. Now they're waiting for... Spring break — but first they have to take exams!



Thank You! A crowd of SCA representatives greet Karen Gershman of The Children's Hospital of the King's Daughters. A check for \$3,718 was donated to the hospital. The money was raised during the Christmas Fund Drive.



Culture Shock! A sunny day in England is reason enough for junior Dana Phillips to take a break and leisurely skim through her new art book.

Sightseeing! Monticello is just one of the sights junior Kim Abell admired on her vacation around Virginia. The Abell family decided to "see Virginia" over Spring break.



Heave Ho! Spring break provides students with ample time for various recreational activities. Senior Jenny Smith enjoyed the sunshine by going for a boat ride on the Poquoson River.



Calling All Surfers! Warm weather and sunshine in mid-March draw surfers to the beach. Seniors Matt Mendez and Tom Kostoff loaded the car for a day on the waves.



Spring Fever

A Break In The Routine

Tappity-tap-tap go the fingernails on the desktop. A heavy sigh escapes a student in the back row. A flutter of thick eyelashes fights the heavy lids. But visions of skimpily-dressed bodies lounging in the sun causes them to close. Two minutes and thirty seconds and Spring Break '89 will officially begin.

Of course not every student was as fortunate as juniors Brooks Holder or Jamey Diggs, who went to Myrtle Beach for their vacations. Sophomores Emily Hassett and Alison Moore were also among the lucky few to spend their break in the sun—this time on the beaches of Florida!

"It was so nice to just relax and do nothing but lie on the beach all day," said another Florida-vacationer, senior LeeAnn Jenkins.

Other students' vacations were

less prestigious but not necessarily less fun. Freshman Caroline Soova said, "Over my spring break, I did any and everything there was to do!"

"I manage the soccer team and we had a lot of three-hour practices during the week," said junior Holly Umstead, "But it was fun because the sun was out and I worked on my tan."

There were those students with no exciting tales about their spring breaks, sophomore Kellee Campbell was one. "I was on restriction all of my spring break," she said, "But at least my friends came to visit me."

Junior Brad Huddleston had another dilemma, "I was without a car all of spring break so my girlfriend had to drive me everywhere."

Even the faculty had time to 'take

it easy' over spring break, "My wife and I went camping over spring break," said Mr. Scott LaRue, "It was very relaxing!"

Well, as Mr. Tommy Quinn put it, "There are three reasons for being a teacher, summer, Christmas and spring break!"

Tracy Butts, senior, had an interesting vacation, "Carey Lyon and I got to sit in a state trooper's car on Easter Sunday because I witnessed a traffic accident," she said. "But the cop was nice; he put on Whitney Houston for us to listen to."

Whether it meant the beach or the soccer field, Spring Break '89 left students and faculty with various memories. Each of them are irreplaceable!

Vote

It's Election Time

"Attention teachers please excuse the sophomore class to the forum for the SCA speeches at this time."

Candidates were inventing slogans, petitions were being signed, and posters were being taped to the walls. SCA elections rapidly approached, the candidates were fired-up and ready to deliver their speeches.

Since each candidate had a different approach to convey their message, there were no two speeches alike. "I wanted to put on a show, but at the same time be a little more serious," said junior presidential candidate Shawn Nadeau. Nadeau's seri-

ous approach included leading the student body in an oath to vote on election day. However, originality was junior Blake Kilgore's main objective when he performed a rap.

Freshman Maureen Sack fit a puzzle together while junior Kristi Hamrick presented a slide show of her baby pictures. Vice-presidential candidate Betsy Borders used her license plate that reads BB BOMB to make a statement, "It gets you where you want to go" which she related to her abilities.

"You knew who would do the best job by listening to their speeches," said junior Danielle Orrock. After the speeches the candidates waited anxiously until the next morning to discover who had won. Three of the candidates were running uncontested but they still had to receive 50% of the student body's votes. All three uncontested candidates won the votes needed to bring them into office. "All of the candidates did a commendable job during the campaign. I think the officers that were chosen will represent us well next year," said junior Shantil Putzulu.



The Old and the New. During the SCA speeches, it is customary for each candidate to sit beside the current holder of each position. Junior candidate Kristi Hamrick sat beside current secretary senior Laura Milton, and junior Andi Meredith sat beside current vice-president senior Chuck Sack.



Hang It Up. Posters and publicity are an important part of every campaign. Junior Shawn Nadeau displayed posters to promote himself as possible president of the SCA.

BB BOMB. Props can be very helpful when promoting oneself to an office. Junior Betsy Borders used her license plate to secure for herself the title of SCA vice-president.





Are You Sure? Senior SCA members Vinnie Gallerani, Kari Townsend, and Tom Kostoff check over the ballots to ensure that all candidates have been listed.

"Who did you vote for?"

SCA OFFICERS

President — Shawn Nadeau

Vice-President — Betsy Borders

Recording Secretary — Kristi Hamrick

Corresponding Secretary — Andi Meredith

Treasurer — Blake Kilgore

SENIOR CLASS OFFICERS

President — Brian Dexter

Vice-President — Neil Lambiotte

Treasurer — Jamey Diggs

Secretary — Stacey Philbeck

IUNIOR CLASS OFFICERS

President — Mike Fay

Vice-President — Dori Holt

Secretary — Jim Alexander

Treasurer — Evan Bryant

SOPH. CLASS OFFICERS

President — Debra Rice

Vice-President — Dianna Pope

Secretary — Julie McClellan

Treasurer — Robby Townsend

Hold on a Minute, It's Crooked. It is an exciting but tense moment for senior Jennifer Little when she is crowned prom queen by the vice president of the junior class Neil Lambiotte.

They've Got Class. For modeling tuxes during school, these guys got a free tux and limo ride to school. Seniors Todd Lawson and Vinnie Gallerani and juniors Neil Lambiotte and Michael Ayer got dropped off for school by Asa Cooper of President Limousine Service.





Time Stops

For Just A Moment

The lights are low, the music is soft, and the person of your dreams is dancing by your side. All the preparations for the big event are behind you and lying ahead is a night full of fun, excitement, and hopefully, a little romance.

Prom'89 began at 8:00 p.m. on May 6, but preparations for the big dance began weeks, even months before. Students began looking for dates, dresses, and places to eat well in advance.

While in New Hampshire during Spring Break, senior Paula Yourey found her dress. "I made my parents drive me all the way back to New Hampshire again after I shopped all day in Boston and didn't find anything I liked."

The junior class officers rented a ballroom at the Holiday Inn Patriot in Williamsburg and decorated it in the senior colors — peach, teal, and silver. As souvenirs, wine and champagne glasses were given to attending students.

"This year we had to have the room professionally decorated because we couldn't get into the room until 4:00 p.m. We thought the wine and champagne glasses were really nice and we wanted to surprise everyone with something different," said junior class president Barbara Holland.

Students danced, ate from the abundant food and punch, or sate one of the many decorated tables talk with friends. "I thought the seating arrangement was nice because the tables were big enough feall of our friends to sit together are it was easier to talk," said seni Mary Rogers.

Around 10:45 the announceme was made for prom king and quee After the crowning, King Troy M ler and the queen Jennifer Little I the students in a dance to the seni class song, "For Just A Moment," f lowed by the junior class song, "O Moment In Time."

See Prom, p. 35

Roses. Flowers are common sights on prom night. Senior Cameron Abbott pinned a rose boutonniere on her date Matt Matzeder.







An Ocean of Balloons. Peach, teal, royal blue, and silver balloons cover the dance floor. Mrs. Debbe Goddin played in the balloons before the students arrived.

Happy Days. Smiles are abundant on the faces of those attending this special event. Senior Lee Ann Jenkins stole a friend's hat to complete her outfit.

"What would be your dream date and with whom would you spend it?"

"To live on a deserted south Pacific island with Heather Locklear." — senior Collin Binkley

"To dirty dance with Patrick Swayze." — senior Anne Yates

"To steal Christie Brinkley from Billy Joel and take her away to an isolated Atlantic island for the weekend." — senior Dave Stowell

"To go out with Bono from U2 and explore New York City." — senior Jen O'Donnell

"I'd take Elle McPherson to the beach for the weekend." — senior Shane Murray

"To meet an awesome beach bum on the surf of Hawaii." — junior Betsy Borders

"To go out with Janet Jones Gretzsky and take her on a two week cruise to Bermuda." — senior Hunter Wortham

"To take my girlfriend Andi Meredith and spend a weekend on the French Riviera." — junior Shawn Nadeau

"To tour Europe with a 6 foot 2, blond haired, blue eyed, well-built athlete." — junior Bridgitte Catlett

"To take a cruise to the Caribbean with Cathy Ireland." — junior Kyle Hahn

"To go to Paris with my girlfriend Georgette Cross." — junior Chris Williams

"To have dinner at a little country inn with Charlie Sheen and then go for a romantic, moonlit stroll." junior Jill Alexander

"To take my girlfriend Angel Madeira on a cruise to the Bahamas."
— senior Jeff Steele

And The Winner Is... The announcing of the prom king and queen brings many couples to the side of the dance floor. Senior Denise Chapman, her date Steve Bellamy, juniors Shawn Nadeau and Andi Meredith, and other classmates waited anxiously to hear seniors Jennifer Little and Troy Miller announced prom king and queen.





Don't I Know You? After seeing each othe every day at soccer practices, senior Nanc McCuistion hardly recognizes junior Chri Williams all decked out in a tuxedo. Pror allowed many people a chance to get dresse up and impress their friends.

Prom

The dance ended at midnight but he night was far from over. The enior class sponsors Mrs. Bonnie ay and Mrs. Rita Kehoe provided ood for the senior breakfast that vas held at the high school from 1:00 o 4:00.

Those who couldn't go to the reakfast, even some of those who lid, went home afterwards to sleep or to a friend's house for a private

party.

Juniors Shawn Nadeau and his date Andi Meridith went to fellow junior Neil Lambiotte's house after the prom, "We got to Neil's house around 1:30 and had our own breakfast with a few other couples, watched movies, talked, and some of us fell asleep for most of the night."

Overall the evening went well for most couples. The chance to get dressed-up, go to a fancy restaurant, and get together with friends in a relaxed atmosphere was a nice change. Some of the girls couldn't believe that the nice-looking guys in the black tuxes were the same guys who have been sitting next to them all year in class.

The theme of the prom, "Hold on the Night," definitely summed up the evening. For those who attended it was — a night to hold on to.







Intimate. Prom is a time to share a romantic moment with a special friend. Seniors Tray Matheson and Mary Rogers stole a kiss while the prom went on around them.

Zonked. Many seniors go from prom to senior breakfast and then to a friend's house to finish off this evening full of fun and friends. Senior Mike Travis was exhausted and finally fell asleep at fellow classmate Mark Boucher's house.

Table For Two. Balloons, glass mirrors, and peach and teal napkins adorn the tables at prom. Senior Richard Humphrey and his date sophomore Beth Bradley relaxed at a table after dancing to the senior class song "For Just a Moment."

Striving

For Excellence

A tear gathered in a shimmery bead in the corner of Mrs. Cora Everhart's eye. The student body gave a standing ovation and a round of applause in honor of her retirement after 30 years of service.

Some faculty members flaunted "I love the Class of '89" pins for the Awards Assembly on May 24.

Seniors peered out from their graduation caps in the center of the gym. The underclassmen sat perched in the bleachers, sharing "elbow-space" and sweating.

For nearly three hours, awards

were handed out for various deeds. Some students guessed that they would receive an award. For others, it was a complete surprise. Senior Cheyenne Hoadley was caught off guard when she received the Exchangette Club Scholarship.

Aside from the Perfect Attendence and Outstanding Student Awards, Mr. Scott LaRue honored sophomore Clay Bennett with an unusual award for the best disector!

A silence fell on the gym as the newest members of the Order of the Bullpen were announced. Senior Chuck Sack, English teacher Mrs. Rita Kehoe, and patron Milton Katz received this honor.

Emotions were rampant when the crowd roared for the R. Fletcher Gray Award recipient, senior John Rowe. More tears fell when a poem was read for senior Neil Gray in honor of the man responsible for the award, his father.

After all awards were given out, a final round of applause followed the traditional passing of the banner, initiating the junior class into "seniorhood."



A Touching Moment. A T-shirt bearing the names of the faculty members is given to Mrs. Cora Everhart in honor of her retirement. Mrs. Everhart was with the school for thirty years.

Congratulations! Exchange Club Student of the Year is awarded to senior Ami Vanderventer. Mr. Scott Sutton presented the award.



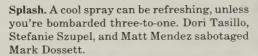




All Mixed Up. Feelings of disbelief and accomplishment overcame senior Chuck Sack as Mrs. Marie Dryden calls his name into the Order of the Bullpen.

An Unexpected Pleasure. New member of the Order of the Bullpen is patron Milton Katz. Mr. Katz was president of the Band Boosters for two years.

Chillin'. Music is a major part of the senior skit. Taking a break from the rapping game Vinnie Gallerani chilled while Kari Townsend rocked on.







Seniors

Let Loose

What brings the Weather Girls, the Chippendale dancers, the Brady Bunch, Rap Lessons, and the Incredible Hulk to Poquoson? It's not a film festival, a movie production, or even an oldies revival; it is the senior skit.

The theme was "Fantasy Island" and the skits were joined together by a Mr. Dork (played by Carlos Torres) and his assistant Too-tat (played by Mike Solga) granting fantasies to wishful seniors. The fantasies ranged from being a rock star, to dancing on Broadway, to going on vacation with the Bradys, to owning the one and only nightclub in Poquoson called, "The Bull." Senior Randy Davis always wanted to be a truck driver, and after twenty years of

driving came back to tell a tale that kept the audience attentive and laughing.

At the end of the skit, Chris Fuller played on the piano the class song, "For Just A Moment," while Jenni Forrest and Shawn Fertitta sang. The senior class joined together to give hugs and shed tears.

"It was touching to see our whole class come together, but it was sad too because it's one of the last times we'll all be together," commented senior Mary Rogers.

When the tears were dried it was time for Bacculaureate practice in the gym. After a quick run through of Sunday's events it was on to the pool where cool water, warm sunshine, and lots of food were waiting.

There were those who swam, had chicken fights, ate or just laid out and soaked up the rays. "This is so much better than being in class," summed up Sean Riley.

Around two o'clock people started to leave. Emotions ran high with the excitement of the day's events and the events of the coming week—exams, graduation, beach week. But among the excitement there was a sadness. "A realization that a very big part of our lives is coming to an end," said Heidi Beach.

As a day they had watched and waited for since they were freshmen ended, the seniors began to realize that they had almost made it. One more week of school and then — GRADUATION!





Fairy Godfather(?) Many seniors have very diverse talents. Tom Kostoff showed his true colors as he danced across the stage in a bright red, yellow and blue tutu.

Piggin' Out. One of the most important aspects of the pool party is the food. Jeff Smith took a break from all the action in the pool to taste the cake.

What is your impression of the senior class?

"This year's senior class consists of some of the nicest people I've ever known." — Mr Mike Carges, Physics/Chemistry

"Beautiful girls, handsome guys, and a great group of students. I enjoy wearing my pin that says, 'I love the class of '89.'" — Mrs. Ray Verser, Nurse

"This is the best senior class in several years. The class has a lot of togetherness and respect for authority. They are a pleasure and easy to work with. If the next senior class is as nice to work with, I'll be spoiled." — Mrs. Barbara Keech, Government

"I'll really miss the senior class, they've been one of the best classes we've had here." — Mr. Edward Hinds, Vice Principal

"It's one of the best senior classes I've worked with because they are generally nice people. They have alot of spirit and they channel their interests productively." — Mrs. Ginny Napier, Guidance

"I think they're great! It's a beautiful senior class and I love every one! I'm really going to miss them next year." — Mrs. Cora Everhart, Secretary

"Seniors are: sensitive to others' feelings, hard working, kind, close, and they relate well to one another and adults." — Mrs. Bonnie Fay, Senior English Sponsor

"Working with the class of '89 has been a great pleasure. This class has been thoughtful and caring. They make being a senior sponsor very gratifying. They are a class act." — Mrs. Rita Kehoe, Senior English Sponsor

A Milestone

Seniors donned caps and gowns

ing in through my window. The past few days of clouds, rain, and thunderstorms had passed and in its place was a balmy, cloudless day. The perfect day for a graduation.

Graduation?! I leapt from my bed and realized that this was the day of my graduation.

Quickly, I began to get dressed. Graduation practice was to begin sharply at 10:00 a.m. My digital red alarm clock was already glaring 9:52 a.m. I made it to the field just in time for practice to begin.

Thankfully, the practice was short for the humidity and temperature were already on the rise and I could feel the clothes sticking to my body.

After practice, I went home to shower and to put on my new graduation outfit. As I donned my cap and gown, my father whisked me away

I awoke to bright sunlight stream- for what he termed a "picture taking" session." It lasted for about three rolls and endured numerous friends and relatives.

> I made it to the field at the appointed time of 12:45 p.m. Many of my friends were milling about talking, laughing, and adjusting and readjusting their caps and gowns. Jim Kincaid, our keynote speaker, was there and many seniors were getting their programs autographed as a keepsake of their graduation.

> Finally we were ordered to fall into our place in line and the band began to play Pomp and Circumstance amid cheers and whistles from the class of '89. We were on our way to being graduates.

> Andrea Forrest started the program with a short prayer and she was followed by numerous speakers. Our guest speaker Jim Kincaid

spoke of the "plumbing" and gave words of wisdom of how "success comes from failure"

Finally the time came for me to receive my diploma. As I walked across the stage, I realized I had finally achieved what I had been after for twelve years. I had reached a milestone in my life and I knew my thoughts were echoed by many of my classmates as they walked across the stage.

The recessional began and as I walked away from the stage and my high school graduation I saw many of my friends and family ahead of me waiting to congratulate me. I knew then that the future would hold many other milestones good and bad, but this milestone would definitely go in my memory book and would be one I would never forget.



Words of Wisdom. Seniors gather around teacher and friend, Mr. Mark VanDervort, for a few words of advise before the big moment. Deb Katz, Paula Yourey, and Andrea Powell reminesced about past journalism experiences.



Advise for the Future. Failures may turn to huge sucesses, according to keynote speaker Jim Kincaid. The popular TV newscaster challenged each graduate to achieve his fullest potential.



Comfort Me Please. Graduation can be a sentimental ceremony. Senior Chuck Sack, recipient of the Joe Thompson award, comforts his sister Maureen Sack with a hug and tried to alleviate some of her sorrow.



Making It Official. At the close of the ceremony, senior class president Vinnie Gallerani leads the graduates in turning their tassels. A large cheer arose from the class as their high school careers ended.



It's Almost Time. The oppressive weather took a toll on the graduates. Brother and sister Tim and Melissa Rohrer patiently waited for a breeze and their turn to get their diplomas.



UNLIMITED POWER. A powerfu serve is a terrific way to begin a match. Senior Dave Willcox at tempted to ace his Gloucester opponent.

l imittess_Cames

Football, basketball, field hockey, soccer—the list goes on and on. Sports opportunities are unlimited!

It begins before school starts in the fall. The football team practices in 90 degree weather, along with the field hockey, cross country and girls' basketball teams. The students who participate in these sports go through unlimited practices.

The approach of winter doesn't keep the athlete down. Before the fall sports are over, the basketball team is hard at practice. The same goes for gymnastics and wrestling.

If these sports aren't enough, the next season comes rolling in with spring sports on its heels. The boys' and girls' tennis teams, anxious to get out into the fresh spring air, get a rude awakening when they begin practicing in 40 degree weather. Most of the spring sports athletes have this problem. They are expected to practice and play in rain, snow, or shine.

With all of these different sports activities to choose from, even the most active athlete would be weary about choosing which to participate in. Sports opportunities are UNLIMITED!

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Thrill of Victory. Showing excitement, seniors Hunter Wortham and Brad Sneed celebrate senior David Britt's touchdown. The Islanders won 15 — 7.





"We made the entire season a success with our Homecoming victory. Everyone came together as a team and gave it all they had."

Senior Troy Miller

Out Of The Cellar

making the climb from the bottom

The crowd poured onto the field as cheers from the fans showered the players. No, this wasn't a professional or even a college game, this was a September night in Poquoson, Virginia.

After an 18-game losing streak, the Islanders got in the winners' column twice with two impressive victories.

The team started the season apparently where they had left off with an 18-0 defeat at the hands of New Kent.

The team got closer and closer to victory as the weeks progressed. With losses to Mathews 16-3, and to Northhampton 26-7, that were closer than the score indicated, the Islanders seemed destined for victory.

The Bruton Panthers prolonged destiny for a

week with a 21-0 thrashing of the Islanders at home.

Finally, in the fifth week of the season, the homecoming game, a victory came. The unfortunate Arcadia Firebirds were overwhelmed by the Islander spirit and intensity, 15-7. Nothing Arcadia did could break the Islander spirit.

Many players remarked that they were spurred on by head coach Bob Pearce's talk about winning being the greatest feeling in the world. All agreed after the game that he was right.

Senior tailback Troy Miller said, "The homecoming victory was definitely the highlight of the season. We finally gave our faithful fans something to cheer about."

Junior tackle Troy Smith added, "The homecoming victory was the thrill of the season. All the fans poured onto the field at the end of the game. It was the greatest feeling ever."

Hard times then came back to haunt the team as they dropped two straight district games, to York 21-7, and to Tabb 60-13.

A 7-6 halftime lead the next week wasn't enough as the Islanders disintegrated in the second half resulting in a 42-7 loss to Forest Glen.

Week nine brought a district game at Bailey Field against Bruton. The game was scoreless at halftime but the Islanders overwhelmed the Panthers in the second half for the second win of the season 14-0. Senior split-end Tray Matheson said, "We convinced ourselves at halftime that they couldn't beat us, and with that atti-

tude they had no chance."

The final game saw Gloucester defeat the stubborn Islanders 23-3. A bright note, however, was a school record 45-yard field goal by senior linebacker-kicker Jeff Smith. The game was played in the driving rain.

For the first time in a long time, the Islanders finished out of the York River District cellar. Senior linebacker David Britt, who was chosen most valuable player of the season by his coaches, seemed to sum up the attitude of his teammates when he said, "The hard work was definitely worth it. The coaches not only taught us football skills, but also to hold your head high and have pride in yourself and you'll always end up on top."



Bustin Loose. Driving for another first down, senior David Britt carries two Arcadian defenders with him. Britt helped lead to the homecoming victory.



Varsity Football Team. Front to Back. Joanna Miller, Brad Sneed, Hunter Wortham, Neil Grey, Kellee Campbell, Sam Davis, John Rowe, Nathan Hogan, Robert Henesey, Joe Rollins, Kerry Hodgkins, Jeremy West, Ronnie Evans, Tommy Diggs, Jeff Ohlinger, Nick Franks, Todd Lackey, Mark Boucher, Tray Matheson, Mark Dossett, Chris Surber, Clint Sharp, Troy Smith, Bubba Ferguson, Kevin Heyman, Clifton Wilson, Doug Brown, Mike Ayer, Darren Insley, Preston Ivey, Brandon Forrest, Brad Huddleston, Coach Bob Pearce, Brian Butler, Jim Alexander, Steve Alexander, Travis Wallace, Coach Mike Carges, Coach John Ashley.



Varsity Football Record 2 - 8New Kent Mathews 3 - 16Northampton 0 - 21Bruton 15 - 7Arcadia York 7 - 21Tabb 13 - 607 - 42Forest Glen Bruton 14 - 0Gloucester 3 - 23

Extra Effort. In the homecoming game against Arcadia, junior Bubba Ferguson fights for extra yardage. The win was the first Islander victory of the season.

Down the Middle. With a stable follow through, junior Craig Merrell splits the fairway. Merrell finished the season as a medalist in the York River District.

Which One? Taking a break, juniors Patrick Pierce and Craig Merrell discuss what club is the best choice. The team went on to defeat York at Eaglewood Golf Course.





Get Close. Using this strategy, senior Todd Lawson finished with a winning chip. Shooting a 33, he helped the team defeat Gloucester.



Par For The Course

driving, chipping, and putting their way to victory

Shhh....Quiet please!

To our golfers, this expression is not just heard in the classroom, but also during their competitions. Although students love to show their support by yelling and screaming at sporting events, golf is one of the few sports where neither the fans nor the athletes can do that.

As many agree, golf requires immense concentration and is therefore one of the "quietest" sports. Nevertheless, it takes a great amount of skill and practice before a student can make the team.

The sport of golf is becoming very popular. Says coach Carol Zak, "This year was one for rebuilding. Last year five members graduated so this year there were quite a few spots open. Generally

there are only a few spots available, but this year out of the nine places, five were available. For the try-outs, we were very fortunate, about twenty young men came out and played. From those I was able to select a fine group of promising golfers. Taking into account the lack of experience, we did very well overall, finishing 2nd in the district."

The team was a young one, with Todd Lawson being the only senior. Says Lawson, "It was weird being the oldest on the team, but that really didn't matter. In golf, age has nothing to do with your level of play. The best golfers are those who aren't afraid to get out there, practice hard and concentrate on their play no matter how hard or easy things are

going."

The team made a fine showing by finishing second only to a more experienced Gloucester team. Junior Craig Merrell was district medalist for the season, averaging a one over par stroke total.

Unfortunately, the district tournament posed many problems for the inexperienced team. The whole season had been played in good weather, thus making it easy for the golfers to concentrate on their play.

And then disaster struck. Said Merrell, "...It was raining the whole time we played. That isn't an excuse, but when the weather is dull and dreary, most people's spirits tend to drop a little, and ours did. Mistakes always happen, but on that day it

seemed impossible to just let them go by. I think we all began to try and make up for our mistakes by doing things we shouldn't have. Who knows, if we had played more conservatively...but it's over now."

Even though it seemed as though everything was going wrong for the team, one individual, junior Patrick Pierce, placed in the tournament and moved on to regionals. There he played well, shooting a 99, but that was not good enough to carry him on to state. Says Pierce, "It felt great to go on to regionals, but I really wish the whole team could have gone. I'm sure we have the basis for being a really powerful team next year, good enough to win at least districts. We'll have to wait and see."



"Though the team did not make it to the regional tournament we had a good season." Junior Patrick Pierce



Varsity Golf. Front to Back. Mitch Cone, Matt Spencer, Jamie Edwards, Chris Bowden, Patrick Pierce, Jamey Diggs, Craig Merrell, Todd Lawson.

Golf	
District Standings	
Gloucester	1402
Poquoson	1439
York	1494
Tabb	1518
Bruton	1640

Determined To Win

scratching, hustling, shooting for success

Darting through the defensive traffic, the point guard erractically advances the ball up the court. A spin, a dribble, then a sharp bounce pass to her teammate upcourt produces a two point tally to tie the score at the half.

With the absence of height to the varsity girls' basketball team, the focus was on super defense and superior teamwork. A "never say die" attitude developed, and with it a very young team at the start of the season became a very experienced team in the end. Attitude was the key for the girls who hit the hardcourt in September to produce a 6-12 record.

Starting off the season with four victories in five outings quickly added to the high expectations. The four victories came over Hampton Collegiate, Portsmouth Catholic, John Yeates, and Norfolk Academy.

Suddenly the ladies hit a low note. Playing in an extremely balanced and tough district, the girls lost their opening district game. The Lady Islanders went on to lose several close games, including a come-from-behind upset bid against Tabb. Senior Renee Smith expressed her feelings by saying, "Our season went much better then our record showed. We played with more intensity than ever before and also more as a team."

Coming together as a team was another crucial element for the girls. As Coach Mark VanDervort said, "The team always gave its best effort and when we left the court we knew we had given it our best shot."

A symbol of the season was the last game against Tabb. Down for the majority of the quarter, the team fought back in the second quarter to tie the game at halftime. In the third quarter the Islanders found themselves down once again, only to make another comeback. As the third quarter ended the girls were down by six. Momentum on their side, the team caught fire to keep pace with the bigger squad.

Despite team leader Betsy Skora being sick, she and Lori Clark, Denise Busang, and Jenny Biggs kept the hopes alive for an upset. However, as the fourth quarter drew to a close, the ladies found themselves behind, exhausted and out of time. Junior forward Bridgette Catlett's impression was, "We came close to beating Tabb the last game. If Denise hadn't gotten hurt to stop our momentum, I think we would have won."

Coach VanDervort summed up the season by saying, "Despite losing our last game to Tabb, I never have been more proud of a team. They put their hearts into the game, and went 100 percent for the thirty-two minutes. Many positive intangibles were experienced and learned this year. Those intangibles, although hard to measure, are more important in the long run than wins and losses."



Varsity Girls' Basketball Team. Front to Back. Jenny Biggs, Renee Smith, Kari Townsend, Betsy Skora, Lisa Jordan, Tricia Wissinger, Coach Mark VanDervort, Bridgette Catlett, Diane Smith, Denise Busang, Jenni Bowden, Lori Clark, Amy Tyndall.



"We had a rough season but we were determined to keep working until the end." Sophomore Tricia Wissinger



Make Your Move. Watching her opponent intensely, junior Betsy Skora looks for a chance to take possession of the ball. Gloucester defeated the Islanders 48 — 35.



Varsity Girls' Basketball		
Record		
6 — 12		
Norfolk Academy	37 — 33	
Norfolk Collegiate	41 — 18	
Mathews	30 - 48	
John Yeates	60 - 22	
Hampton Christian	47 - 26	
Gloucester	27 — 43	
York	30 — 40	
Greenbrier	51 - 56	
Bruton	31 - 45	
Norfolk Christian	37 — 52	
John Yeates	72 - 38	
Tabb	35 - 58	
Portsmouth Catholic	38 — 21	
Mathews	50 - 68	
Gloucester	35 - 48	
York	23 - 36	
Bruton	26 — 51	
Tabb	50 — 62	

Jp, Up, and Away. Trying for two, unior Jenny Biggs shoots for the pasket. Even though she caught ner Tabb opponent off guard, the slanders lost 58-35.

It's My Ball. As a Tabb opponent dribbles the ball, junior Mary Ann Forrest comes from behind to gain control. Despite the effort, Tabb won 1-0.

For Grabs. With the use of teamwork, seniors Kym Diggs and Danielle Trombetta attempt to get the ball from their opponent. Combining to pressure the defense they moved the ball up the field.





Varsity Field Hockey. Front to Back. Vicki Mendez, Laura Milton, Betsy Borders, Danielle Trombetta, Kym Diggs, Sherry Campbell, Beth Forbes, Shawn Fertitta, Sheryl Sonnenberg, Debra Rice, Lori Cone, Emily Pritchard, Monica Finch, Shantil Putzulu, Mary Ann Forrest, Missy Roe, Jill Alexander, Courtney Delk, Michelle Iacobucci, Amy Forrest, Amy Miller, Holly Umstead, Lynn Sykes, Becky Crawford, Tina Meyers.



Reaching A Goal

while working together

The sun beats down, sweat trickles off faces, the same daily complaints of pulled muscles, deep bruises, and swollen fingers are voiced. What could result from this pain?

"We had a great field hockey team this year. Since everyone got along, working together came naturally," said junior Monica Finch.

The team consisted of 23 players, with seven seniors returning from varsity.

Field hockey, since it is a new sport, had not won very many games in the first two seasons. However, the third proved to be the lucky charm. The team earned a 4-4 record in the district and an overall record of 7-6.

"Ending with a winning season shows how much we've improved in these three years," commented junior and captain Betsy Borders.

The season consisted of wins over AAA schools Denbigh, Ferguson, and Warwick and AA schools Bruton and Gloucester. The team suffered loses to Menchville, Warwick, Tabb, and York.

In field hockey there are no regionals or state

championships, so the York River District Tournament is considered to be the highest honor a team may win. The team qualified for the district tournament for the first time in its history. They defeated York 2-1 and lost to Tabb 3-1, giving them second place.

"Even if we didn't win, we knew we made it that far. We'd never even qualified for the tournament before!" exclaimed senior Sherry Campbell.

Each year the coaches and other officials choose all-district teams. The Islanders had five players honored. Senior and captain Danielle Trombetta and freshman Debra Rice were selected for the first team all-district. Junior Monica Finch was chosen for the second team all-district. Senior Sherry Campbell and senior and captain Kym Diggs were recognized with honorable mention.

"I am very delighted with the performance of this year's field hockey team. The entire team should be extremely proud of their performance," said coach Terry Eubank, as she summed up the team's performance for the year.



Pressure Is On! With possession of the ball freshman Debra Rice tears away from a Tabb player. The final score was Tabb 1-0.

	Varsity Field Hockey
	Record
	9 — 8
	Ferguson 2 — 0
	Warwick $0-1$
	Menchville $0-2$
	Bruton 1 — 0
	Denbigh 3 — 0
	Tabb $0-2$
	York 0 — 1
	Gloucester $1-0$
	Bruton $1-0$
	Warwick $2-0$
	Tabb $0-1$
	York 0 — 1
	Gloucester 1 — 0
	York 0 — 1
	Gloucester $1-0$
	York 2-1
ĺ	Tabb $1-3$
ı	



A Battle for Control. In a home game against Tabb, junior Michelle Iacobucci fights for possession of the ball. She went on to set up one of several offensive attacks.



"We were always excited after we won a game. Thanks to all the players, the coach, and our winning season we had many chances to show our spirit."
Junior Shantil Putzulu



"It's not only the race that's won or lost, it's the road that's traveled and the memories that can't be erased." Coach Bernie Wright



See You At The Finish Line. With his opponents far behind, junior Mark Vlaun races towards the finish line. Tabb defeated the Islanders 34-23.



Stride for Stride. With the finish line getting closer, seniors Dave Westerfield and Vinnie Gallerani push each other to the limit. Their finish helped defeat Northampton.

It Takes Two. On the final stretch, seniors Paula Yourey and Heidi Carter complete the race. The Islanders beat Northampton 15—45.



Off To The Races

runners go all out for perfection

Runners take your mark!...Get set!...Go!! The start of a race, the knowledge of a course just over three miles long ahead of you, about 18 minutes of strenuous, tiring running, this is Cross Country.

As the fall sports season started, many runners were out of shape. Says senior Dave Westerfield, "As the season started, it was very hard to get out there and run. After a few days, though, everyone seemed to get back in the groove and things went on from there."

This couldn't have been more true. Both the boys' and the girls' teams were successful. The girls finished their season with a 2 - 3 record. From there they went on to place fourth in the district, fourth in regionals and then ended the season by taking sixteenth in state.

Heidi Carter, a senior, remarked, "I believe the team had a better attitude this year that resulted in harder work. I think the added fans we had at the meets this year contributed to our better attitude and heightened spirit."

Carter added, "One thing that was strange this year was, on the day of state, we had to get up early in the morning, drive to UVA, run, and then ride home. This made for a very long day and we were all dead tired by the time we got home."

Senior Angela Bonner said, "This season was very special because we, as a team, made it to state for the second year in a row. I think our team spirit and friendship are the elements that carried us as far as we went. Aside from that, we were a very tight group of people, almost a family. No matter what happened, we were always there for each other, and that made it special."

very successful season

also. They finished the regular season with a winning record of 3 — 2. After that, they were third in districts and regionals and then topped off the season by finishing thirteenth in state. This was a new accomplishment because thirteenth in state is a better finish for the guys' team than at any other time in the history of the school.

Another highlight of their season was a home meet when senior Jeff Shaffer set the school course record with a time of 17:02. Shaffer remarks of the season, "Team spirit and togetherness were the prevailing attitudes of the season. Our winning record, faster times, and smiles throughout the season were a result of these attitudes. I believe each and every member of the team obtained something from this season that will The boys team had a help improve their future. I was proud to be a member of the team."

Shaffer also commented, "The unusually large number of spectators and fans helped us a lot. It was great to be cheered on by those who weren't members of the team."

Senior Vinnie Gallerani added, "The highlight of the season for me came at state. It was there that I ran my best race of the season. Not only was this year's a good team, but also the best that I've seen here at Poquoson in the past three years."

Coach Bernie Wright summed up the season by saying, "There is no doubt that the teams were very successful this year. From the beginning, the team's maturity showed in their dedication to the sport. They knew as a group what they wanted from the season, worked hard, and in the end, achieved a level of excellence. The athletes are to be commended for all their work."



Cross Country Team. Front to Back. Shelby Hunt, Tara Williamson, Angela Bonner, James Shaffer, Heidi Carter, Paula Yourey, Dawn Wilson, Amy West, Kristie Keddell, Brian Dexter, Tyler Howard, Paul Goddin, Bobbi Carter, Vinnie Gallerani, Jeff Shaffer, Mark Vlaun, Jason Smith, Chris Westerfield, Bernie Wright, David Westerfield.

	Cross Country	
Girls		Boys
2-3	Record	3-2
44 - 18	York	26 - 29
44 — 18	Tabb	34 - 23
21 — 36	Bruton	37 - 22
15 — 45	Gloucester	19 - 36
15 45	Northampton	18 - 41



JV Football. Front to Back. Kevin Hodgkins, Eon Northroj, Travis Elliot, Mike Smith, Steve Wilson, Jason Duty, John Cannella, Robbie Sharp, Charlie Walker, Shane Harrison, Mark Kain, Clay Bennett, Robbie Akers, Brian Claussen, Steve Westbrook, Eddie Holloway, Chad Booth, Glen Claussen, John Byars, Kellee Campbell, Scott Drumheller, Scott Bias, Bo Webb, Scott Rudy, Jon Goldey, David Hogge, Chris Sowder, Chad Boyer, Chris Lewis, Joanna Miller.



"We found we could have fun while still working hard." Coach Mike Newbern

Time To Concentrate. Taking a break, sophomore Robbie Akers and teammates wait to play. The team defeated Norfolk Catholic 7

Sink It! To encourage a player during a foul shot, sophomore Kim Morrell crosses her fingers.



 $\begin{array}{c|c} \text{JV Football} \\ \text{Record} \\ 2-5 \\ \text{Nansemond-Suffolk 20} - 12 \\ \text{Norfolk Academy} & 12-14 \\ \text{York} & 6-31 \\ \text{Tabb} & 0-34 \\ \text{Norfolk Catholic} & 7-0 \\ \text{Bruton} & 0-6 \\ \text{Gloucester} & 6-21 \\ \end{array}$



Desire To Win

striving to master all the skills

"Gimme a P," cried the cheerleaders as the football team raced on to the field in anticipation of the opening kickoff.

After weeks of hard work and effort, both the junior varsity cheerleaders and the junior varsity football team began the seasons they had long been anticipating and practicing for.

Being chosen as a cheerleader is a very exciting experience. Just because a sport is junior varsity, it doesn't lessen the excitement or the competition. Just like everything else in life, cheerleading has its hard times and happy times. Sophomore cheerleader Suzanne Gurtis said, "The most enjoyable part of cheering is getting the crowd involved in the cheers."

Sophomore Jenny Warren added, "The most enjoyable part of being a cheerleader is meeting new people and being a part of school functions and special activities."

When asked about the hard times, sophomore Angie Gulledge replied, "The hardest part of cheering is the hard work. It takes lots practice, time, and money to get things right...it's worth the hard work so we all look good."

With the JV cheerlead-

ers hard at work on their cheers the JV football team was hard at work on the practice field getting ready for the season opener, which resulted in an impressive win over Nansemond-Suffolk.

Sophomore quarterback Steve Westbrook discussed the team's win in the season opener. "The first game was our best because we had our best practices of the season before the game which really pumped us up."

The JV Islanders played hard all season but lost a few games they felt they should have won. Sophomore Evan Bryant said, "Our season was a success because we gained experience for varsity. In a couple of games, we slacked off on our opponents in the fourth quarter and lost a couple of games we should have won."

First year head coach Mike Newbern said of his team's season, "We're the best 2-5 team I've ever seen, but the most important thing we accomplished this season is that we had fun."

Freshman Bo Webb seemed to sum the whole season up when he said, "I think our season was a good one. With a new coach and an inexperienced team, we did really well."



JV Fall Cheerleaders. Front to Back. Angie Gulledge, Lynn Watkins, Audrey Holloway, Jennifer Roper, Jenny Jones, Dory Holt, Jenny Warren, Kim Morrell, Kelly Purdy, Cindy Hicks, Suzanne Gurtis, Beth Jones.



JV Winter Cheerleaders. Front to Back. Angela Morris, Kim Morrell, Audrey Holloway, Angie Gulledge, Suzanne Gurtis, Jenny Warren, Shana Stone, Lynn Watkins, Molly Pretlow, Jennifer Roper, Kelly Purdey, Jenny Jones.



"Our great season was a result of the super spirit we had on the team."
Junior Paula Bolden

In Full Swing. During a close game, sophomore Heather Hanson is awarded a drive due to a foul. Her teammate Lori Moore looked on ready to assist.

Up in the Air. During a home game against Tabb, sophomore Lori Moore fights an opposing player for the ball. The Lady Islanders went on to lose 1 — 0.



In Perfect Form. In an away game against Tabb, sophomore Paula Bolden and freshman Maureen Sack prepare to get the rebound. The Lady Islanders won 38 — 35.







JV Field Hockey. Front to Back. Lori Moore, June Rollins, Angela Kauffman, Heather Hansen, Tracy Murray, Steffany Medina, Brandy Fertitta, Dawn Fitzpatrick, Sarah Sutton, Heather Landon, Antonia Ulisse, Kerry Bennet, Angie Forrest, Candy Insley, Heather Smith, Corrie Wilson, Nikki Diggs, Caroline Soova, Elizabeth Cox, Sherri Smith.

JV Girls' Basketball Record 16 - 2Norfolk Academy 38 - 1941 - 28Sussex 12 - 40Hampton Christian Gloucester 41 - 33York 35 - 33Greenbrier Christian 43 — 35 46 - 34Bruton 39 - 1943 - 32Norfolk 42 - 36Tahh Portsmouth Catholic 47 — 0 Matthews 40 - 14Gloucester 35 - 16York 42 - 24Bruton 35 - 26Tabb 36 - 30Tabb 36 - 39

JV Field Hockey	
Record	
5 - 4 - 4	
Ferguson	2 0
Warwick	1 0
Menchville	0 - 3
Bruton	1 0
Denbigh	1 — 0
Tabb	0 — 1
York	0 — 0
Gloucester	0 — 0
Warwick	1 — 0
Tabb	0 — 1
York	0 - 0
Gloucester	0 2
Bruton	0 — 0

Work For Respect

a struggle to gain control

As the Rodney Dangerfields of high school athletics, the girls junior varsity basketball and field hockey teams each worked to earn respect in their appropriate team sports.

The junior varsity field hockey team was a young and inexperienced team with only five returning players. Coach Barbara Clausen stated, "Even though they were young and inexperienced the girls strived to meet team and personal goals."

However, technique and knowledge of the game had to be taught to the girls. Sophomore Angela Kaufman said, "Only having five returning players on JV, we had to teach the newcomers how to play the game. While doing this we were able to pull together and improve as a team." The junior varsity field hockey team came together quickly and efficiently, posting a record of 5-4-4.

Junior varsity basketball had a very impressive season with winning mark of 16-2. One of their many wins was a shutout against Portsmouth Catholic with a score of 47-0. "The shutout was very unlikely and we were all surprised," said sophomore Paula Bolden.

The basketball team earned a spot in the district championship game against Tabb. The Lady Islanders lost 39-36 in overtime but not without putting up a fight.

Coach Tim Extine was very proud of his team as he commented on their success, "We worked extremely hard to attain our success. The girls were dedicated and deserved their successful season."

Freshman Maureen Sack summed up the season with the viewpoint, "As the number one team in the district we could not have done so well without the hours of hard work from Coach Extine and the support of our dedicated fans."

In light of their excellent season-ending records, both girls' teams expressed satisfaction with the respect they earned by posting their strong records.

Road To Victory

determination carries team to state championships

As winter sports season begins and athletes start getting in shape, obvious changes can be seen. Unlike many other athletes, wrestlers have to trim down rather than bulk up.

To get into shape while still trimming down, the wrestlers have long practices which also help to build up their endurance. These practices begin at 6:30 in the morning with a run down to the wharf and back. At 7:30 they break for seven hours of school and then resume practice at 2:30 until...

Junior Basil Yang comments, "It was hard to get up and run each morning, but even though we didn't like it, it helped to get us into shape quickly."

Staying true to form, the wrestlers had yet another

successful season. The first match was a quad meet against AAA rivals Denbigh, Clover Hill and Green Run. It was obvious from the beginning that the team was bound for success. The team finished the meet 2-1, losing to Green Run.

Senior Neil Gray commented, "The first quad meet is always important, it helps to prove to other teams as well as to ourselves just what potential we have. Winning two of our first three matches gave us the confidence that carried us through the entire season."

As the season progressed, the team's momentum never let up. The team swept the remaining quad meets, including a blow-out of Sussex Central

57-6. The team's only losses were to AAA powerhouses Kempsville, Grundy, Granby, and First Colonial.

None of the other district teams posed much of a problem. The closest opponent was York, who fell by a dominating score of 40-24.

At the end of the regular season, Poquoson was the York River District Champion with a record of 4-0 and an overall record of 14-5. From there, the team progressed to the Region I tournament, ultimately emerging as champs.

Senior Robert Henesey said, "Having the whole team make it to state was like a dream come true. Of course, each of us wanted to do well at state individually, but having the whole team together encouraged us all."

After regionals, the team advanced to the state competition. After everything was said and done, three individuals emerged as state champions while the team placed runner-up overall. Seniors Jon Check, Robert Henesey and also junior Bubba Ferguson were named state champions.

Jon Check reflected, "Winning state was the highlight of my high school career. The whole team worked hard all year and our efforts paid off in the end. We proved once again that if everyone on the team works as a unit towards a certain goal, nothing can stand in the way."



Tight Hold. In the match against Northampton, senior Randy Davis overpowers his opponent. His first period pin helped the team win, 54-20.



"We had a very rewarding season. As a team we set goals and worked hard to achieve them. Making it to state is proof that our efforts paid off." Coach Goodson.

Almost There. In regionals Nick Franks prepares to pin his Southampton opponent. After regionals, the team advanced to state.



Wrestling		
Record		
14 - 5		
	Poq Opp	
Clover Hill	33 — 23	
Green Run	21 - 40	
Denbigh	41 — 26	
Norview	45 — 23	
Bruton	47 — 20	
Kempsville	14 — 50	
Grundy	21 - 45	
Gloucester	43 — 21	
Matoaca	50 - 14	
Colonial Heights	56 - 12	
Thomas Dale	39 - 21	
York	40 - 24	
Hampton	49 — 22	
Granby	32 - 33	
First Colonial	22 - 42	
Tabb	46 - 20	
Northampton	54 - 20	
Sussex Central	57 — 6	
Petersburg	38 — 30	



Wrestling Team. Front to Back. Robert Check, Basil Yang, Joe Land, Casey Irwin, Jon Check, Bubba Ferguson, Robert Henesey, Steve White, Nick Franks, David Sanders, Brian Butler, Neil Gray, Brad Sneed, Troy Smith, Coach Mike Newbern.

Passing Fancy. After a look downcourt, senior guard Todd Lawson executes a two-handed chest pass to get the ball to a teammate. Poquoson lost to Norfolk Christian, 59-64.



"In the Northampton game we hung together as a team through senior leadership and pulled through for a victory." Junior Travis Rice

	Boy's Basketb	all
	Record	
ı	5 — 16	
i		Poq Opp
	Nans. A	69 — 65
	Norfolk Christian	59 - 64
	HRA	55 — 62
	New Kent	53 — 72
	Mathews	79 - 54
	Nans. A	40 - 46
ĺ	HRA	59 — 60
ı	Chincoteague	79 — 55
į	Northampton	57 — 55
	York	65 - 76
į	Gloucester	48 — 81
	Bruton	54 - 79
i	HRA	50 — 57
ı	Tabb	59 — 86
ı	Norfolk Christian	57 — 68
	York	44 — 91
ĺ	Gloucester	41 — 79
ı	New Kent	68 — 82
ı	Bruton	77 — 98
	Tabb	48 — 78
	Mathews	62 - 58
ı		
1		



Extra Effort

diving, rebounding, and hustling for victory

In one smooth, fluid motion, the forward turns and boxes out his man, leaping in the same instant to snare the missed shot and rebound the ball. Pivoting quickly, he alertly passes to the guard, who, with seconds left on the clock, dribbles downcourt and launches the winning jumpshot from the foul line.

This was the scene as the varsity boys' basketball team defeated Northampton by a score of 54-52 in overtime to win a Christmas doubleheader. Even though the Islanders ended with a final record of 5 — 16, this game was one of the most exciting games played.

Senior Hunter Wortham gave this point of view, "The games against Northampton and Nansemond-Suffolk had to be the most exciting, especially the Northampton game
because it was such a close
game and it went into
overtime."

I'm proud to say that these
boys never stopped hustling, nor did they ever give
up. Our overall record may

Co-captain and senior point guard Todd Lawson preferred to think that the opening game of the season against Nansemond-Suffolk was the most exciting game of the season. "The Nansemond -Suffolk game would have to have been our best game. We beat a very highly regarded team, and the entire squad contributed in the win."

When dealing in the category of effort, coach Dave Nelson felt the team was second to none. Nelson said, "This year's team has to have been one of the most competitive and scrappy bunch of athletes I have coached. We played in a tremendously difficult district with some extremely talented players.

I'm proud to say that these boys never stopped hustling, nor did they ever give up. Our overall record may give the impression of a losing season, but we were more successful than our record shows."

Senior center David Westerfield agreed with Nelson, saying, "We were better than our final record showed. We lost some games we should have won. However, what I think is more important is the fact that we had fun all year while still working hard."

Throughout the season the boys were carried by their defense. Along with being a scrapping, hustling group of young men, Coach Nelson also stressed the team's defensive qualities. "Our defense is what kept us in the majority of the games we played. While struggling at

the offensive end of the court, it was our defense that helped keep us competitive with bigger and stronger teams."

Senior co-captain and forward Chuck Sack expressed his feelings by saying, "Defense was definitely our best aspect of the game. When we had strong defensive performances, as a team, we remained in the hunt for a win."

As the season came to a close and the team prepared for their final game against Mathews, junior Doug Brown summed up the team's year by saying, "We've had our ups and downs throughout the year; however, I know that everyone had their personal successes. More importantly, there was alot of fun and never a dull moment."



One on One. Offensively breaking his man down, junior Shawn Nadeau looks to drive by his opponent.



Varsity Boys' Basketball Team. Front to Back. Courtney Delk, Shawn Nadeau, Wayne Holloway, Doug Brown, Greg Kreuger, Travis Rice, Neil Lambiotte, Amy Forrest, Scott Drumheller, Sam Davis, Todd Lawson, Jeff Steele, Dave Westerfield, Hunter Wortham, Chuck Sack, Betsy Skora.

Stand Tall. To keep the crowd attentive, stunts are performed. Dana Adkins stood on Kristen Cockrell's shoulders.

Let's Go...Let's Fight. During the York girls' basketball game, junior Terri Van Meter leads the varsity cheerleaders onto the floor. Her goal was to help get the crowd psyched for the game.





"Cheering for four years at PHS has given me a chance to get to know many different people and have fun at the same time. The football games and pep rallies were the most exciting part of cheering." Senior Becky Bradshaw.



Keeping The Spirit

cheerleaders give support to competitive athletes

Imagine entering the school and finding huge banners, special messages pasted on lockers, bags full of candy, and simple wishes of luck. Thanks to the varsity cheerleaders, there's no need for imagination, it's all reality.

"We have done alot this year to lift the athletes' spirits, as well as the students. It takes alot of work and time but from the results I think it was worth it," comments junior Susan Heard.

The season started in August with about 50 girls trying out for the 12 positions. Once the squad was chosen the hard work never ended. "Some people don't think cheerleading is much work, they don't realize all the time it takes," states junior Terry Cannella.

The cheerleaders were responsible for learning and teaching many new cheers. They also worked on standarized jumps, stunts, and dances. With all this they still found time to make something special for every team, whether it was a letter wishing them luck or toilet paper draping from their trees.

As the girls' basketball team, the football team, and the other fall sports came to an end, so did the fall squad's responsibility. When the fall squad finished it was time to chose a

winter squad.

The winter squad contained 12 members. It was responsible for cheering boys' basketball, wrestling, and gymnastics. As a member of the winter squad, senior Julie Laske summed up the season. "The crowd participated with us most of the time and that helped alot. That really makes cheering exciting for the cheerleaders.



Spirit on the Rise. A pyramid was built to inspire spirit in the Homecoming pep rally. The crowd applauded when sophomore Karen Shields was thrown to the top to complete the stunt.

Block that Shot. In the last moments of an intense game, junior Alystra Little and sophomore Vanessa Patterson supported the players' efforts. They helped keep the nervous team's spirits high.





Fall Cheerleaders. Front to Back. Karen Shields, Vanessa Patterson, Tracy Spruill, Sherry Baugh, Alystra Little, Susan Heard, Dori Kreiger, Kristen Cockrell, Dana Adkins, Terri Van Meter, Becky Bradshaw, Ilana Xinos.



Winter Cheerleaders. Front to Back. Sherry Baugh, Dori Kreiger, Julie Laske, Vanessa Patterson, Dory Holt, Terry Cannella, Susan Heard, Kristen Cockrell, Ilana Xinos.

In Top Form. Up on her toes to impress the judges, freshman Christi Samos goes through her floor routine. Christi helped the Bulls to a third place finish in the state meet.

Steady. Concentrating on the beam, junior Monica Finch tries to perfect her routine. Monica helped the team to a district and regional title.



Take Five. Taking a break from a rigorous practice, senior Michelle Finch takes a nap on the vault. The long, tiring practices propelled the team to the state meet.





"Going to state was a great experience. What made it so wonderful was participating as a team."
Junior Alystra Little



A Balancing Act

poise, balance, and ability lead to a regional title

Winter athletics usually mean two things to the fans; wrestling and basketball. However, a small group of dedicated girls brought another sport to the attention of the fans. These girls built a district and region champion gymnastics team.

The gymnastics team made their first appearance in the VHSL group AA state tournament. They lost only one regular season meet, to district rival Gloucester.

The team was led in allaround competition by junior Alystra Little and freshman Christi Samos. The girls consistently finished in the top five places in all of the competitions.

The first day of practice, when the mats were rolled out for the first time, the girls were eager for the long-awaited and elusive competed. Once again the trip to state. Sophomore Beth Jones said, "All season Mr. Gemmill told us we were good enough to go to state. We proved to Mr. Gemmill and ourselves that he was right."

The gymnastics squad opened their season with an away meet at Tabb. Tabb. Northampton, and Poquoson all competed. Poquoson finished on top, 94.4 - 93.5 - 73.9.

Three straight dual meets resulted in three straight Islander wins. In two district meets, the girls beat York, 96.2 - 92.55, and crushed Bruton, 91.85 - 35. The next victory came at Northampton, with a 96.4 - 75.4 win.

The team traveled to Franklin next for a threeteam meet. Poquoson, Tabb, and Franklin all

girls came out on top, 98.2 -95.25 - 90.65, respectively.

An away meet with Gloucester brought the only defeat for the Islanders. The Dukes nipped the Islanders 97.8 - 97.3.

The team got right back on the winning track at home against York and Northampton. the girls won, 93.9 - 92.2 - 72.5, respectively.

The team gained revenge against Gloucester by norrowly defeating the Dukes 97.45 - 97.3. New Kent was third with 72.5.

With a morale boosting victory, the Islanders marched into districts and regionals, which was combined into one meet at Tabb High School. The Islanders won districts and regionals with an incredibly high score of 100.5. Second place Gloucester had 99.0.

Freshman Julie McClellan said, "We reached our peak in regionals. We knew we had to do our best to get to state."

The girls finished their best season ever with a third place finish at state. Senior Michelle Finch seemed to sum up the whole season by saying simply, "It was alot of fun."

All the girls agreed that teamwork and comraderie boosted them to state. Julie McClellan said, "Being such good friends really helped us because we were behind each other all the time, cheering the gymnast on."

Gymnastics Record 8 - 1

Poquoson — 94.4 ♦ Tabb —93.5 ♦ Northampton

Poquoson — 96.2 ♦ York — 92.55

Poquoson — 91.85 ♦ Bruton — 35

Poquoson — 96.4 ♦ Northampton — 75.4

Poquoson — 98.2 ♦ Tabb — 95.25 ♦ Franklin — 90.65

Poquoson — 97.3 ♦ Gloucester — 97.8

Poquoson — 93.9 ♦ York — 92.2 ♦ Northampton — 72.5

Poquoson — $97.45 \spadesuit$ Gloucester — $97.3 \spadesuit$ New Kent — 72.5

Districts and Regionals

Poquoson — 100.5 ♦ 1st Place

State

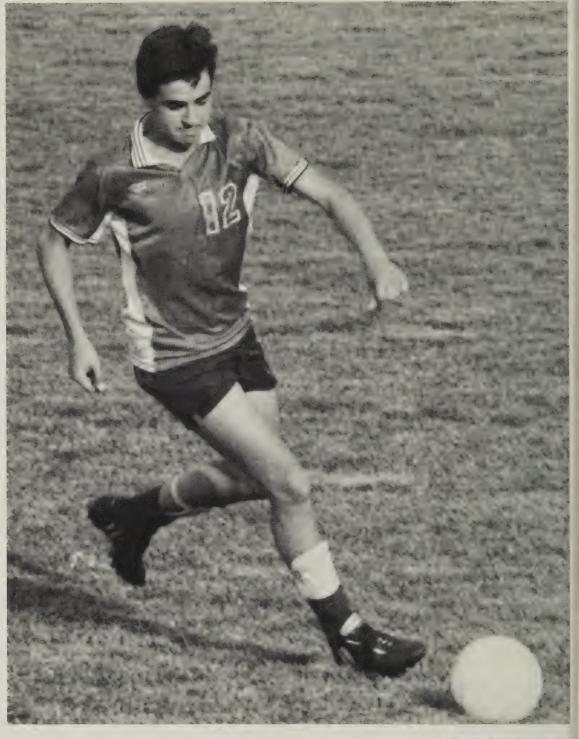
Poquoson — 93.7 ♦ 3rd Place



Gymnastics Team. Front to back. Stacey Philbeck, Alystra Little, Brandy Fertitta, Robin Bennett, Janet Westbrook, Tammi Whitley, Melissa Robertson, Carey Lyon, Dana Broder-son, Greg Walker, Monica Finch, Julie McClellan, Beth Jones, Rynn Pressick, Trisha Begor, Michelle Finch, Caroline Soova, Lori Maggio, Coach Bob Gemmill.

Lead the Way. In the district game against Tabb, sophomore John Medina moves towards the goal with intent to score. The team defeated Tabb 3 — 2.

JV Soccer	
Record	
11 - 4 - 2	
Phoebus	7 - 0
Kecoughtan	2 - 2
Hampton	0 - 2
Franklin	11 - 0
York	2-1
Warwick	5 - 0
Penninsula Catholic	7 - 0
Tabb	3 - 3
Kecoughtan	1 - 2
Denbigh	3-2
Menchville	1 - 2
York	1 - 0
Gloucester	3 - 0
Denbigh	5-2
Gloucester	4 - 0
Tabb	3 - 2
Tabb	2 - 4





JV Soccer. Front to Back. James Shaffer, Janine Wilson, Sean Esposito, Ian Northrup, Ryan Blake, Mark Richardson, Chris Butler, Jenny McCoy, Tim Andreas, Willie Om, Sheryl Sonnenburg, Jared Holloway, Glen Claussen, Jenny Jones, Maureen Sack, Coach Kohliriesur, Phillip Mendez, Scott Rudy, Chris Soyder, Dawn Wilson, David Butts, Brad Brown, Gary Bradway, John Medina, Frank Rodgers, Jeff Nuber, Chris Westerfield, Jessica Dize

JV Boys' Basketball Record 8 - 10Nansmond Suffolk 53 - 50 48 - 36HRA 61 - 5654 - 44Matthews Nansmond Suffolk 46 - 37 37 - 52St. Aibans 35 - 56Gloucester Bruton 37 - 71HRA 52 - 45Tabb 45 - 84Norfolk 36 - 43York 44 - 56Gloucester 34 - 69New Kent 52 - 36Bruton 34 - 49Tabb 63 - 67New Kent 49 - 41

47 - 54

York





JV Boys' Basketball. Front to Back. Chad Bowen, Steve Diggs, David Sonson, Brian Verstynen, John Medina, Derek Diefendifer, Chad Boyer, Greg Shelton, Chris Butler, Deanna Foy, Laura Nielsen, T.J. Duncan, Keith Haight, Clay Lambiotte, Jay Gibbs, Jon Goldey, Chris Westerfield, Chris Sowder, Maureen Sack.

Up For Grabs. Before a freethrow, eighth grader Clay Lambiotte concentrates on how to overpower his HRA opponents. Clay helped his teammates beat HRA 61 - 56.



"It was a good season. We improved our teamwork with the assistance of everyone's attitude." Soph. Sheryl Sonnenberg

Gaining Experience

building the foundations for varsity athletics

"It's a learning experience for all," said freshman Brian Verstynen. "We work, learn and grow as a team to become our best."

JV athletes learn the basic skills needed to play the sports, while also learning how to work together as a team. The junior varsity basketball and soccer teams are no different, working diligently through their seasons to prepare them-

selves for the varsity level.

The JV basketball team recorded an overall record of 8-10.

The game against Tabb is one the players remember most. "We were tied throughout the entire game. It got down to the last quarter, the last minute and they had us down by four. Everyone was consistent. It was a good team effort," said freshman Chad Boyer.

Ending the season in a game against Mathews, the team lost, 57 - 44.

Freshman point guard David Sonson commented on the team's overall performance, "Our skills, attitude, and teamwork improved by the end of the season."

Members of the boys' JV soccer team also found their season to be a learning experience. "Through the year we became a bet-

ter team overall and learned from our mistakes," commented cocaptain Jeff Nuber.

"Our best game was against AAA Lafayette. Although we tied, we had good shots on goal and our defense was strong," said sophomore halfback Frank Rogers.

Coach John Kohlrieser said, "Excellent team effort. Outstanding. I am very proud of the kids."

Ups and Downs

inconsistent play dashes hopes for state

With several quick steps the player ran towards the ball and booted it across the field. As the forceful kick arced into the air, a teammate positioned himself in front of the goalie. He met the ball just outside the penalty area and headed it into the net for a goal.

The season began with high expectations. The first game against Ferguson contributed to the lofty goals as the boys won handily 6 — 3. Working their way through the early part of the season, the soccer team quickly learned that to meet the goals they had set, plenty of hardwork and effort would be needed.

The required work-ethic needed was seen in an abrupt loss to York in a pre-season tournament. The loss brought doubts into the young team and disrupted the continuity among the older players.

"After our first loss we became disheartened and the attitude turned from hopeful to depressing," said senior Eric Umpstead.

Like every sport, soccer has had its ups and downs. The first district game of the season was symbolic of the boys' frustrating year. Playing Bruton at home, the Islanders outshot the Panthers 52 to 8, only to end up tying 2 — 2. Coach Bob Gemmill thought Bruton was the critical game of the season, setting the tone for how the boys played. "The Bruton game showed our speed up front and the ability of our

offense to control the tempo of the game. However, this game also showed the inconsistency of both our offense and defense. We expected our defense to be extremely tough. Unfortunately, as this game illustrated, the defense wasn't as strong as thought to be, giving up two goals on eight shots. While our offense showed the inability to put the ball in the net, scoring only two on 52 shots."

Junior forward Patrick Pierce also felt that inconsistency hurt the team. Pierce said, "Looking back on the season it is disappointing knowing we did not play up to potential." Forward Rick Walker, also a junior, felt that the inconsistency was a result of inexperience, "Our team

had alot of talent; however, we were inexperienced at the skilled positions and that is where the inconsistency showed up when we played."

Though this was an inconsistent season and the boys suffered some disappointment, there was one bright spot, the support for the team never dwindled. Through the rain, snow, and upsetting losses the crowd was always there to cheer the team on. Senior Robert Henesev enjoyed the fans effort to spark the team. "The crowd was so supportive, I felt bad because of our lackluster performances, and some of the victories we had were a result of their ability to get us going."



Varsity Soccer. Front to Back. Amy Forrest, Holly Umstead, Nicole Bruney, Heather Smith, Amy Alexander, Nancy McCuistion, Courtney Delk, Robert Henesey, Bruce Krieger, Erik Davis, David Stowell, Patrick Pierce, Kevin Weis, Eric Umstead, Rick Walker, Tom Pavilick, Brian Versteyen, John Byers, J.J. Jones, Coach Bob Gemmill, Greg Frahm, Doug Brown, Shawn Nadeau, Brad Buckingham, Brian Claussen, Chris Williams, Chuck Sack, Neil Lambiotte, Eric Hill, Gerry Wright, Ryan Butler.



"It was disappointing to end the season in a shootout."
Patrick Pierce

Eye on the Ball. During warm-ups before a game junior goalkeeper Brad Buckingham prepares to stop the ball. The Islanders lost 2—1 to the Tigers.



Varsity Soccer Record 8 - 7 - 1Lafayette York 1 — 3 Bethel 3 — 0 Denbigh Great Bridge Bruton York Kecoughtan 1 -- 3 Gloucester Tabb 1 -- 2 Bruton 1 - 0 York Gloucester 5 - 0Tabb 0 - 1York 2 - 3



I Got It. In an away game against Gloucester senior fullback Eric Umstead battles for the ball with his opponent. The Islanders defeated the Dukes 6-1.



Batter Up. Hitting is an important part of the game of baseball. Senior Dale Williams watches the pitch closely in a game against York.



Boys' Baseball. Front to Back. Coach John Kain, Troy Miller, Dale Williams, Neil Gray, Todd Lawson, Mark Kain, Travis Rice, Todd Lackey, Jason Duty, Chad Boyer, Greg Krueger, Lori Maggio, Travis Wallace, Aaron Martin, Mike Ayer, Evan Bryant, Keith Hate, Robbie Townsend, Julie Steele, Jonathon Tuseth, Thomas Martin, Bo Webb, David Sonson, Jill Higgins, Melissa Robertson.

Baseball Record	
6 — 12	
Kecoughtan	2 — 6
John Yeates	2 — 0
John Yeates	2 0
York	6 - 22
Tabb	2 — 3
Gloucester	6 — 7
Bruton	8 — 2
York	4 - 15
Gloucester	1 10
Tabb	5 — 6
Bruton	4 3
Randolph Henry	3 7
Randolph Henry	1 — 8
York	3 — 6
Gloucester	5 — 8
Bruton	15 - 4
Tabb	9 — 3
York	3 - 14

Struggling Season

frustrating season ends in tournament

Spring seemed more like winter. The days were cold and rainy. The stroke of luck always found some way to avoid them. It seemed as if the baseball team would never see their day in the spotlight.

Although the team lost their opening game against AAA Kecoughtan High School, the season was off to a pretty good start. The team played a non-district double header against John Yeates, winning both games. From this point on, the season was pretty much down hill, with tough losses to York and Tabb.

Coach John Kain had to produce some type of good pitching material, since he lost two of his best pitchers to graduation. Odd as it may seem, seniors Troy Miller and Dale Williams often appeared on the mound. Joining the pitching crew were two freshmen rookies — Travis Wal-

lace and David Sonson.

"My expectations of the season were not fulfilled. Our inadequacies in pitching and our lack of timely hitting were our major downfalls," explained Coach Kain.

Winning pitcher David Sonson broke the team's losing streak with an 8 — 3 win over Bruton. The team went on to beat Bruton two more times.

Senior Todd Lawson

commented, "The season didn't go the way we would have liked it to. It was an enjoyable season, which saw our team overcome a lot of obstacles."

Despite the rough season, a few players managed to receive honors. Junior Mike Ayer received second team all-district for DH. Dale Williams and Todd Lackey were awarded honorable mention district positions.

Takin' a Break. Sideline chats are often seen during baseball games. Seniors Todd Lawson and Troy Miller watched the game closely while waiting for their

turn at bat.



"I think that the most important thing is we had fun. The pitching proved very important in our losses."

Senior Troy Miller



Watch the Steal. During the district tournament, senior Neil Gray concentrates on making the out as a York player tries to advance. York defeated Poquoson, 14 — 3.





"We couldn't have advanced to regionals and state had it not been for good pitching, hard defense and timely hitting." Coach Ed Spain



Double Play. After the base tag, senior Michelle Finch looks for the double play at first base. The first baseman was there and the runner was out.

Strong Concentration. Looking for the right pitch, senior Laurie Thomas concentrates in the game against Tabb. The Ladies won 8-1.



Sweet Success

going for it all at state

"Hey batter-batter swing!" As the chatter echoes from the field the tension begins to build. The batter is waiting for the next pitch. A base hit is all she wants. Before she realizes it she has succeeded; she's safe.

Little successes like this helped create the Lady Islander's big wins. The girls' softball team realized success this year with only one loss in the district to the York Falcons, by a score of 6 — 4. The team finished the year with a district record of 11 wins and one loss which earned them 1st seed in the district tournament. They advanced to regional tournament. Sophomore Tricia Wissinger said, "Our achievements for the year were a combination of the hardwork and effort we put into the pre-season."

The softball team also

had a new coach. The veterans on the team had to make adjustments.

Senior Danielle Trombetta, a member of 4 years, said, "On the whole, Coach Ed Spain was easy to get along with and easy to adjust to. He had to adjust to us just as much as we had to adjust to him. I think everyone did a really nice job this year."

With five returning seniors, nine juniors, three

sophomores, and one freshman there were only six newcomers. The team worked together and it helped them with their successful season. Senior Michelle Finch said, "Playing softball is a nine member sport. We worked as a team and that was shown in our playing. We didn't have one or two stars. Everyone was considered the best."



Girls' Softball. Front to Back. Laurie Thomas, Danielle Trombetta, Becky Bradshaw, Michelle Finch, Laurie Cutler, Monica Finch, Jen Thaler, Diane Smith, Lori Clark, Jenny Biggs, Tricia Wissinger, Sandra Holloway, Julie Casey, Lisa Jordan, Lynn Sykes, Christy Byard, Tracy Phillips, Paula Bolden, Sam Davis, Coach Ed Spain.



Wind Up. As the number one pitcher in the district, senior Becky Bradshaw shows her talent in an away game against Tabb. Bradshaw and junior Jenny Biggs were named on the 1st team all-district.

Softball			
Record			
13 — 4			
Green Run	3 — 12		
John Yeates	6 3		
John Yeates	3 — 7		
York	4 — 1		
Gloucester	17 — 0		
Bruton	13 — 2		
Tabb	6 — 7		
York	4 — 6		
Gloucester	1 — 0		
Tabb	19 — 0		
First Colonial	6 — 4		
Indian River	7 — 0		
Bruton	8 — 1		
Tabb	8 — 1		
York	7 — 6		
Gloucester	5 — 4		
Bruton	20 0		

Starting Fresh

under new leadership

Rain...Rain...Go Away!

As winter ended and spring began, the weather refused to ease up and allow the tennis team to have outdoor practices.

Senior Shane Murray commented, "Due to all the rain, we had very few outside practices. The indoor practices helped condition us but we were slow getting back in shape with our strokes." The team won its first match against AAA Bethel by a narrow

score of 5 — 4. The rain caused the schedule to change and as the season progressed the team played at least 2 or more matches a week.

The second match was an easy win against district rival Gloucester 8—1. Sophomore Matt Spencer said, "Once we started having regular practices and established a line-up, everything seemed to come together."

After the weather

cleared up, the team had numerous matches to make-up. In one week they had back-to-back matches against York. The first ended in a Poquoson victory 6-3.

The following day, Coach Mark VanDervort made a few last minute changes that resulted in a smashing 9 — 0 victory.

At the end of the season, the team boasted a 6 — 2 district record and an overall 7 — 4 record. The only losses of the season were to district rival Tabb and AAA powerhouses Menchville and Kecoughtan

Senior Mark Boucher commented, "We really worked hard this season and pulled together to finish second in the district. Having only two members returning from last year hardly slowed us down. We have alot of good talent that should provide for a continuing strong team."

Boys' Tennis Record **Bethel** Gloucester **Tabb** Kecoughtan 4 - 5York 6 - 3York **Tabb** 8 - 1Bruton Gloucester 8 - 19 - 0Bruton Menchville 3 - 6



Moving Fast. In his varsity debut, junior Basil Yang positions himself for a volley. Yang defeated his Bruton opponent 6-0, 6-1.

In Full Swing. While playing his Bethel opponent, senior Tray Matheson follows through on a serve. His win helped the team edge Bethel 5-4.



Standing Tall. At a home match, senior Mark Boucher prepares to return a serve. He went on to win at the number one seed 7 — 5, 6 —





"The key to our success was working together as a team."
Coach Mark VanDervort



Boys' Tennis Team. Front to Back. Tray Matheson, Shane Murray, David Willcox, Mark Boucher, Blake Kilgore, Mike Fay, Basil Yang, Matt Spencer, Keith Fisher, Coach Mark VanDervort, Daniel Phillips, Robbie Cotton, Tommy Rue, Chip Credle, Brad Gillespie.



Follow Through. With his unique style, sophomore Mike Fay returns a volley against his Gloucester opponent. His victory helped the team win 8-1.



Girls' Tennis. Front to Back.Beth Jones, Robin Bennett, Mindy Oakes, Shannon Fay, Elizabeth Spencer, Sarah Riggins, Dori Krieger, Stefanie Szupel, Coach Brenda Winstead, Michelle Iacobucci, Marina Richter, Betsy Skora.



"I was very delighted with our season. The team played beyond their potential." Coach Brenda Winstead

Going Places undefeated and marching to the state tournament

Foul weather was the name of the game at the start of the tennis season.

For much of the first month of practice, the courts were doused by a seemingly endless rainfall. However, even mother nature couldn't stop the girls' tennis team as they cruised to the district championship.

The girls weren't even challenged in their regular season meetings. The winner was decided by the team who won the most of nine matches. There are six singles and three doubles matches. The girls lost no more than three matches in any of their meetings.

The majority of the team agreed that coach Brenda Winstead was the reason they went undefeated. Top-seed junior Betsy Skora said, "Mrs. Winstead worked us hard the entire season. She knew we were good enough and wanted us to go undefeated."

The girls opened their season at Forest Glen. The team immediately got on track with a 9-0 victory.

During the course of the regular season, many of the matches had to be rescheduled. The order didn't matter as the Lady Islanders put them away without a fight.

Two home matches brought two district wins. The girls beat York, 7-2, and Tabb, 8-1.

Five straight away matches brought four more district victories, the last victory clinching the district title. The team beat Gloucester, 7-2, Bruton, 7-2, York, 9-0, and Tabb, 6-3. The non-district

victory came over Norfolk Collegiate, 9-0.

Two home district matches followed. Victories over Gloucester, 8-1, and Bruton, 8-1, gave the Lady Islanders an 8-0 mark in the York River District.

Two days after the Bruton victory, the girls completed the perfect season with a 7-2 victory at Walsingham Academy.

Senior Shannon Fay gave her explanation for her team's dominance, "Our depth and experience combined with Mrs. Winstead's practices made us a really tough team to beat."

After the regular York River District season, there is a district tournament. This is not a team tournament, but an individual tournament with singles and doubles teams.

Betsy Skora, who was the second seed in the tournament, cruised all the way to the finals before losing to top-seeded Bruton junior Laura Mc-Neely. McNeely won her third straight singles crown.

In doubles, the team of Betsy Skora and Sarah Riggins were the top seed. The pair also cruised into the finals but lost a tough three set match to Bruton's doubles team, the number two seed in the tournament.

Senior Stefanie Szupel summed up the attitudes of her teammates and herself by saying, "We've worked really hard to go undefeated and are anxious to win state. Hopefully, with all our hard work, we'll make it happen."



In Perfect Form. Launching a perfect forehand, junior Sarah Riggins shoots one by her opponent. Sarah defeated her opponent at the number three spot, and the Lady Islanders beat Bruton 8 — 1.

Over the Top. Rushing into the backcourt, junior Betsy Skora attempts to lob over an opponent. Betsy won her match and the team beat York 9 — 0.



Girls' Tennis	
Record	
11 - 0	
Forest Glen	9 — 0
York	7 - 2
Tabb	8 - 1
Gloucester	7 - 2
Bruton	7 - 2
Norfolk Collegiate	9 - 0
York	9 - 0
Tabb	6 - 3
Gloucester	8 — 1
Bruton	8 — 1
Walsingham	7 - 2



Hard At Work. Picking up the stray balls, senior Stefanie Szupel takes her turn with the ball hopper. The girls' strenuous practices led to an undefeated season.

Not Much Farther. In a meet against Gloucester, sophomore Cass Bonner runs the last leg of the relay. The girls won the race and the meet.



"This year we had nine people go to state, two were freshmen. The competition at state was tough but our overall performance was good." Junior Bridgitte Catlett





Girls' Track Team. Front to Back. Theresa Cyr, Cass Bonner, Julie McClellan, Margaret Gilbert, Stacey Philbeck, Alystra Little, Jessica Sawyer, Heidi Funk, Angie Bonner, Shannon Williams, Angela Morris, Dana Adkins, Betsy Borders, Brooke Egan, Coach John Mousetis, Paula Mann, Debra Rice, Angela Morris, Kristen Shaw, Adrienne Coates, Bridgitte Catlett, Jill Alexander, Tracy Miller, Shelby Hunt, Kim Abell, Coach John Forrest, Coach Bernie Wright.



Boys' Track Team. Front to Back. Kristen Shaw, Paul Messick, Jason Smith, Bubba Powell, Jamie Moore, Brooke Egan, Jessica Sawyer, Coach John Mousetis, Heidi Funk, Travis Elliott, Scott Bender, Jon Zohn, Paul Goddin, Mark Vlaun, Jeff Shaffer, Tim Wilkins, Brandon Bridgman, Theresa Cyr, Brandon Forrest, Jason Allison, Bobby Carter, Brian Nozynski, Chris Gibbons, Craig Freeman, Matt Morris, Coach Bernie Wright, Collin Binkley, Preston Ivey, Doug Bean, David Weatherly, Jason Bretzeke, Markus Oberguenner, Vinnie Gallerani, David Westerfield, Brian Motter, Coach John Forrest.

Track				
Girls'		Boys'		
58.5 - 69	9.5 York	3 - 104		
30 - 95	Bruton	14 - 121		
44 - 83	Tabb	29 - 107		
94 - 32	Gloucester	64 72		



Out of Breath. After completing her race, junior Kim Abell talked with her dad. He congratulated her on a great performance.



I'll Take That. In a close relay, junior Tyler Howard hands off the baton to junior Craig Freeman. Despite the effort, the relay team lost to their Gloucester opponent.

Perfect Timing

precision and concentration add up to success

The warm air blows away the beads of sweat as nervousness and anticipation take over. Looking around, everyone seems twice as fast, but you try to think positively. Then the gun is fired and you explode from the start. The race has begun.

The girls ended their season with a 1-3 record. The season was described by junior Stacey Philbeck, "The overall attitude of the team was much better this year than it has been in the past. The new meminate of the season of th

bers, especially the freshmen, have worked hard and helped the team a lot."

The guys didn't have as much luck with their record, finishing 0-4. They worked hard though. "I don't think our record reflects how strong a team we really had; other teams can have two or three star players to win the meet. We didn't really have a star player, our strength lies in our large number of strong performances," commented junior Brian Dexter.

The team elects six captains, a girl and a guy for each different part. The captains were Angie Bonner and Tyler Howard for short distance; long distance captains were Tara Williamson and Vinnie Gallerani and the captains for field events were Preston Ivey and Jill Alexander.

Many team members competed in regional competition. From these members nine qualified for state competition, five girls and four guys. The girls were Angie Bonner, Bridgitte Catlett, Debra Rice, Tara Williamson, and Adrienne Coates. The four guys were Vinnie Gallerani, Jeff Shaffer, Steve White, and Jason Allison.

"Everyone on the team worked well together, and the overall team effort was consistent throughout the year. I think the number of runners who went to state shows how good our team is capable of being," said junior Paul Goddin in summing up the season.



UNLIMITED HONOR. The Poquosor Chapter of the Guill and Scroll honors students in journalism. Mr. Mark VanDervort awards senior Deb Katz with this honor.

Limitiess Opportunities

English classes, math classes, social studies courses, choosing which course to take can sometimes be tedious. The aggravation seems unlimited!

The required courses are enough to drive anyone insane. English, for each grade, has three different levels to choose from. Picking the wrong level can mean the difference between an A and a B.

Math courses are too numerous to mention. There are at least two, sometimes three options for the students of each grade to choose from.

There are too many electives to mention them all. There is everything from Home Economics to Auto Mechanics in just the vocational classes alone.

With all of these courses to choose from, even the most organized person would be baffled. Course selection is UNLIMITED!

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he Final Chapter

so many books, so little time

Whan that Aprille withe it's shoures soota.

What? Please speak English. Seniors know that this is, in fact, English — Medieval English. Senior English consists of the literature of the United Kingdom from the Medieval period to the twentieth century. Their main menu ranges from The Canterbury Tales to The Mayor of Casterbridge to The Lord of the Flies.

Junior girls hit the dating scene with such great men as *The Great Gatsby* and *Billy Budd* while the guys stayed with ladies such as

Pocahontas in *The Journals of Captain John Smith* and *The Scarlet Letter's* Hester Prynne. The juniors also learned about the dreaded RESEARCH PAPER. The library soon became as recognizable as the backs of their hands. The midnight oils burned endlessly for weeks.

Sophomores met many interesting personages. Oedipus Rex, Julius Caesar, and Lord Byron are a few of these great men. *Rebecca* and *Jane Eyre* became a sophomore's best friend. Gerunds, participles, and infinitives kept their nights full.

Freshmen entered the high school with many *Great Expectations* of the year to come. Mrs. Havasham and Pip taught them many morals and theories. Grammar was the biggest part of their curriculum.

English classes are a required part of students' high school careers. One English credit is needed each year. This is a course that provides information and acquaintances that will last a lifetime.



We Did It! Junior year can be stressful with research papers due. Junior Monica Finch displayed the cake she made to congratulate her fellow classmates on a job well done on their papers.



From Student to Teacher. Exchanging a few words, senior Kevin Weis speaks with his English teacher Mrs. Debbe Goddin. Mrs. Goddin gave him a few pointers on his paper.



WHAT IS A FRESHMAN'S FAVORITE CLASS?

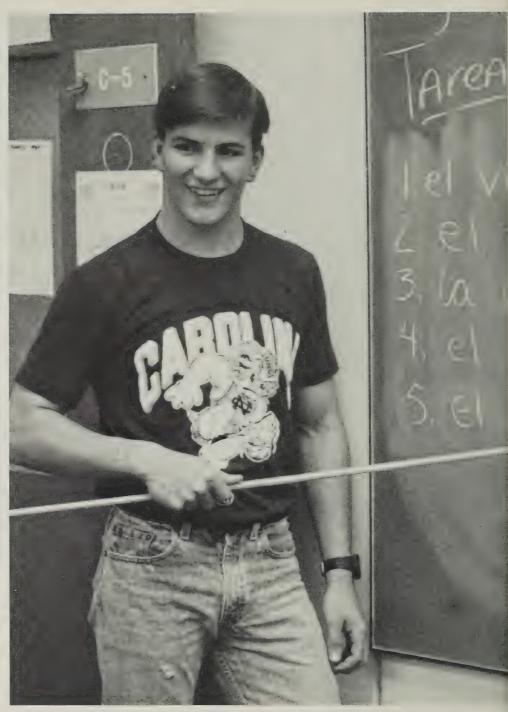
English 40%
Science 22%
Math 16%
Spanish 8%
Art 8%
Shop 6%

Check It Out. The library is a helpful place for a student in need. Freshman Mike Smith checked out a book for a report he was writing for his English teacher Mrs. Linda DuBose.

Teacher's Helper. Even teachers need a little help every once in a while. Junior Bubba Ferguson gave Miss Donna Ferguson a break while he went over the spanish vocabulary.



Quiet Please. Sometimes the commons is a place where students study. Freshman Maureen Sack used her time wisely to review for a French quiz.



Can You Speak English To Me? Sometimes additional instruction is necessary after the lesson has been taught. Mr. Tom Fay discussed the homework assignment with seniors Shawn Fertitta and Tracy Butts.





oreign Tongues

after all, it's a small world

As he stepped in the doorway, the naze cleared. It was like stepping nto a different dimension in time. His thoughts were confused as he scanned the four white walls covered in shiny, bright, colorful posters. He walked to the back of the room and sat down at one of the lesks. He began to stare at the strange words printed on the blackboard. He waited nervously, Senor Guacamole strolled into the room, 'Hola!"

"I was kind of scared at first because I didn't know what to expect, out I wanted to learn the language and it turned out that it wasn't really that hard," stated junior Amy Forrest, who completed her first

year of Spanish in her sophomore year.

Junior Lynn Sykes remembers her first years of French by stating, "I took French I because it was required, but now it's neat because I can talk to the students in their language."

Some foreign language teachers don't allow their students to speak English in the classroom, from the time the students walk in to the time they walk out. Foreign language chairman, Mr. Tom Fay, remarks, "I get excited when my students communicate in Spanish. At one point when my Spanish IV class actually asked for an oral quiz instead of a written one, I knew that they were

as excited as I was."

Some students prefer to take all the required years in one language and others prefer a variety. Those students preferring more of a variety, take two years in one language and an additional two in another language. Senior Kari Townsend took three years of French and is now taking a year of Spanish. The college she wanted to attend suggested the variety.

Foreign languages open up a whole new world for students. This new experience can be both frightening and challenging but can also offer a lesson in culture.





Please Help Me. Projects are a requirement in foreign language. Sophomore Theresa Sivertson asked for help on a project from her Spanish teacher, Mrs. Nancy Rowley.

Pin It Up! Vocabulary words play a role in the learning of foreign languages. Sophomores John Goldy and Robby Akers tack up a vocabulary poster to help the class learn the words.



rawing today . . .

designing tomorrow

Chisels clanking, paper cutting, and the aroma of rubber cement permeates throughout the art room. Students frantically working away on personal creations expressing their thoughts and feelings through each project.

Painting, sculpting, and drawing all find their homes in the art room. Many students, talented to say the least, have the opportunity to participate in these art activities.

What is the most popular technique among the students? Many opinions are revealed when art students answer this question.

The drawing category encom-

passes many different artistic styles. Pencils and colored pencils are the most often used. Junior Paul Goddin explains, "Pencil drawing is my favorite. I don't have to learn how to do it, just practice." Paul won a first, a second, and a merit award at the Seafood Festival. The overall winner at the festival was senior Julie Laske with her linoleum print of "Grief."

Another popular art form is painting. Oils, temperas, and acrylics are the art materials used in this category. Sophomore Molly Pretlow tells of her favorite technique, "I like acrylic painting because it is very

challenging and the results are pretty."

Although art is a popular course, some students get discouraged in their search for perfection. Senior Christy Cissa explained, "I love art, and I draw a lot at home and in my spare time, but I don't like the idea of someone grading and critiquing me. I want to do what I want when I want."

Art can be difficult. Learning different techniques can get frustrating. But when that one special project, worked on for so long is finally complete, the overwhelming feeling of accomplishment can be great!



What A Shine. Along with painting, sculpting and drawing take place in Art. Senior Eric Umstead buffed his stone sculpture to give it that finished touch.

Red, Orange, Yellow, Green, Blue, Indigo, and Violet. Every color of the rainbow is contained in one box. Second year art student Crystal Lemmons created a new work using pastels.





Starting At The Beginning. Mixing paint is not the first step in this assignment. Senior Julie Laske assembled the frame over which she stretched her canvas.



The Final Step In Sculpting. After shaping clay pots, certain steps have to be taken before the final product is revealed. Senior Amy Alexander used a sponge to smooth out the "rough spots."

Running Out Of Time. The sophomore gym class is required to run a mile around the track. Kellee Campbell, Brenda Land, and Travis Elliot competed against one another to beat the clock.

Smack That Stick. Indoor hockey can be a rough sport. Sophomore Kristen Johnson showed that she can battle any opponent who comes her way.





WHAT DO SOPHOMORES SEE AS THE WORST PART OF P.E.?

Dressing out	C	40%
Gym clothes		24%
Sweating		12%
Exercise	6	8%
Running		8%
Teachers		8%

ake it . . . the physical challenge

The freshman, the sophomores, and the Physical Education!

P.E. offers many specialized areas of fitness for freshmen and sophomores required to take the course. For both classes, three-quarters of the year is devoted to fitness training and preparation for the final Physical Fitness Test.

There are activities such as softball, soccer, volleyball and basketball. But according to freshman Sam Davis, "The most deadly game of all is murderball."

This is a game where a class divides up into armies. Their orders are to fire the ball as hard as possible at the enemy in the hope of making a "direct hit." When you get hit, or murdered in this case, you are out.

The remaining quarter is replaced with driver's education or health. Freshmen are taught about raising families and being responsible for maturity, while sophomores are taught driving skills and consequences of mistakes on the road. Both classes serve as prevention classes. Drivers learn to prevent accidents and freshmen learn prevention of unplanned pregnancy. Driver's education instructor Sharon Pauls commented, "Driver's education teaches students to be safe and careful drivers."

The exposure to physical fitness, driver's education, and health creates a strong foundation for planning a successful life.



Pacing The Way. The daily run in gym class can be strenuous. Freshman Julie Brown retained her composure to finish first.



Tighten That Stomach! One of the regular exercises that is required is situps. Sophomore Greg Kruger showed his stamina throughout this workout.

ake a Byte

computer students are famished

8:34 a.m.; sounds of the tardy bell echo through the empty hallway as Joe Bloggs dashes into room E-7. Challenged by his first computer programming task, Joe steadies himself in front of his terminal, ready to tackle the problem. Fingers fly across the keys, posing a possible solution. With a weary sigh the "enter" key is cautiously hit. Horrible screeches radiate from the computer as pitch-black smoke fills the room. Under the watchful eye of an understanding teacher, Joe Bloggs quietly erases his disk and prepares to begin again.

Trial and error have been a part of American life ever since the discovery of fire. It is also evident in Mrs. Gail LaRue's computer classes. They have encountered the importance of the adage: If at first you

What a "BASIC" Program! Fifth hour computer students prepare programs using the language "BASIC." Junior Travis Rice pointed out the "BUG" in classmate Amy Miller's program.

don't succeed, try, try again.

Computers I student, J.J. Jones comments, "It can be a tough class. You've got to think logically and be able to try more than once to find the answer."

In order to succeed in computer programming, students must master a "foreign" language. In the Computers I class BASIC is studied and applied to programming. The more advanced second year class adds both PASCAL and C to their range of languages.

After conquering all three languages, Computers II student, Shawn Nadeau admits, "It's a fun class, we have a lot more freedom than other classes. The relaxed atmosphere makes it easier to learn."

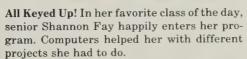
Flow charts are a large part of the

curriculum of Computers I. To learn the basics of programming each student must be able to construct a flow chart on every program. This helps demonstrate the reasons behind the programs. Junior Bobby Carter adds, "I think the unit on flow charts was the hardest thing of the entire class. After we understood them though, the classwork became easier."

The Computers classes offer lessons in logic and languages. Students have the opportunity to use new technology the computers have brought into today's world. Flow charts help reveal the reasons behind the programs. Programming knowledge gained in school often spills over into the students' futures.

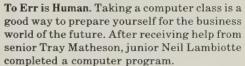








Read Between the Lines. After printing out a week's worth of typing, computer II student junior Shawn Nadeau checks for typos. Satisfied with his work, he turned in the final product.





I Like Your Style. One of the classes offered at New Horizons Technical Center is Cosmetology. Junior Carrie Thomas practiced the art of hair rolling.

Mixing It Up! The curriculum of a typical Magnet School class contains experimenting in labs. Juniors Jim Hawkins, Janice Lee, and Mary Ann Forrest discussed the number of milligrams of hydrochloric acid used to make this compound.



Work, Work, Work... In the few spare minutes between Magnet School and fourth hour, Amy Stoakley and Randy Davis catch up on even more homework. After the regular school day, these student attended their individual mentorships.







New Experience

preparing for the future

A new atmosphere with new faces ... a new learning experience.

Some students have chosen to expand their educational backgrounds by obtaining more knowledge in the areas of mechanics, nursing/health care, and science. These students sometimes have to look past the walls of their own high school to gain specialized training for future careers.

The practical nursing course, offered at New Horizons Technical Center, allows students to obtain their certification of Licensed Practical Nursing over a two year period. According to Anne Forrest, "The first year is spent in a classroom setting learning the procedures of

health care. The second year is spent in an internship program that provides on-the-job training plus classroom credit."

New Horizons Technical Center offers a wide variety of courses ranging from air conditioning to horticulture to masonry.

Senior Jeff Davis chose to attend New Horizons to learn more about carpentry. The course consists of designing and building.

High School students enter the college scene in an endeavor to get ahead. Magnet School offers collegelevel courses in physics, biology, and chemistry. Senior Amy Stokely stated, "The physics course is based on calculus principles. The first half

of the course is on a freshman level of college physics and the second half introduces material from sophomore level physics." In essence, those students who attend Magnet school are on an accelerated schedule and put in hours of extra work to get additional credit.

Randy Davis added that the course is about two hours long and contains twenty people. The smaller class size allows for students to obtain individual attention.

Changing the everyday routine of high school — Magnet School and New Horizons offer classes that will further educate and prepare students for their college careers as well as the "real" world.

Steady! Carpentry is just one of the courses offered for students at New Horizons. Seniors Greg Walker and Jeff Davis tried their hands at woodworking.



he Melody Makers competing for success

School is in session, but the sounds are different! Behind one door drums thunder, trumpets blare, and cymbals clash under the direction of Mr. Doug Spruill. Just next door, well-rehearsed sounds of alto, soprano, tenor, and bass drift into the hallways, as Mrs. Dot Little snaps her fingers to keep time.

Being part of the band is more then just performing during half-time of a football game. Hours of exhausting practice come along with the band uniform. Regardless of the long hours and hard work, new band coordinator Mr. Spruill says, "It's nice to be somewhere where people take pride in what they do." Giving his students credit, he adds, "The excellent students here are really easy to work with."

With numerous trophies in the show case, the award-winning

Sing It Again Sam... On March 3, Jenny Forrest and Chris Fuller perform in the Bandsponsored talent show. Jenny and Chris tied for first, followed by Sheryl Sonnenberg and Tracey Spruill who won third place. marching band captures another first place. This time the victory came at the Gloucester Christmas Parade. Senior band member Bernadette Wilson explains, "I like being with all my friends in class and on trips. But most of all I like the feeling when the band wins a first." The band has participated in fewer competitions than normal while the new director adjusts to the new environment.

Not all the musical expertise is found in the band room. Many talented students take chorus and perform with one or more of the choral groups formed by Mrs. Dot Little. The average class begins with warm-up exercises, usually scales, then they turn to their sheet music and practice and practice. Junior Susan Heard tells of the most exciting day of the week for the jazz choir,

Thursday! Mrs. Petie Hussen volunteers her time to work with the group on choreography.

Chorus students dream of attending and being a part of regional and state competitions. Early in the year, well-tuned voices set out to qualify for regionals. An astounding 13 Poquoson students attended the competition, placing in one of the eight different voice parts.

Senior Angie Clausen made it to the state level. She remembers, "The main reason I stayed in Chorus was to go to state. Ever since the eighth grade I've wanted to go."

Whether you prefer singing, dancing, or playing an instrument, there is a class for you. As electives, band and chorus are open to freshmen through seniors, providing students with various credits on a yearly basis.





Blow Your Horn. Being a part of the band is a great honor. Senior Robert Kimbrel played his trumpet with pride during halftime of the homecoming football game.

In the Holiday Spirit. With the Christmas season comes the annual Christmas concert. Junior Kelly Barrett got into the spirit by singing a few carols with the rest of the chorus.

WHAT KEEPS JUNIORS FROM STUDYING?

 Lazy
 30%

 Sports
 22%

 Phone
 22%

 TV
 10%

 Work
 8%

 Sleep
 8%





Can We Talk? Mr. Bernie Wright's history class was temporarily taught by student teacher, Mr. Joe Emerson. Junior Brian Dexter listened attentively and took notes.



A Better Look At Learning. Some students have a shady view of government class. Mark Jenkins in all his attire received help from his teacher Mr. Craige Stallings.

Every Vote Counts. The polls were kept open by seniors Vinnie Gallerani, Michelle Finch, Chuck Sack, and Andrea Forrest. These dedicated students urged others to take advantage of their voting privilege.





ast and Present

conquering the world

It's sixth hour on Friday afternoon in May. The sun is shining and you can't wait to catch some rays. All of a sudden your teacher asks, "What is the capital of Upper Volta?" Panic enters your brain as you flip through the social studies notebook in front of you, praying that on the next page the answer will pop out.

Entering the ninth grade, students get the feeling they are going around the world. Studying World History, Caesar, Mao Tse Tung and other foreign leaders from way back when, teaches the freshmen about different cultures and events from the past. Students who opt for world geography discover things such as where Ouagadougou is. This, by the way, is the capital of Upper Volta in Africa.

Sophomores are the lucky ones in the bunch. Those who took history their freshman year get a year off. But those who didn't, have to do the time traveling then.

With the junior year comes U.S. and Va. History. Juniors are presented with the opportunity to learn all about their home state. From George Washington to Richard Nixon, all the important and even the not so important people are covered. People's imaginations explode with images of the Civil War and the Preamble to the Constitution is comitted to memory. At the end of the year, students are prepared for their final step — government!

Your senior year. Ahh, the sweet life — well, maybe not. Along with organizing your future, you have to

learn the organization of U.S. and Va. Government. Learning the intricate system of politics in this great nation of ours, how bills go through Congress, and even the salary of the president all are discovered during the senior year. While most seniors minds aren't exactly on the Speaker of the House, they know that to graduate they must pass this course.

Geography, history, and government are all part of a student's high school career. As the years go by, students have a tendency to criticize these courses. But just think, the next time someone asks what the Capitol of Upper Volta is, you will know, all because you discovered new worlds and places through social studies.

The Right to Make a Choice. All eligible voters should exercise their right to vote. DECA sponsor Mrs. Sidney Jordan received her ballot from senior Laura Milton on Mock Election Day.



ign of the Times learning the trends of today

The music begins. The announcers call the audience to attention. Students stand to peer over their friends' heads.

Fashion shows are just one of the activities performed by the students in the Fashion Merchandising classes.

The students spent the first part of the year learning the latest trends, styles, and fashions. They learned the popular colors for all four seasons. Finally, they learned how to run a fashion show.

Junior Jen Thaler is glad she took the class. "It's a great experience for me and the fashion shows are exciting," she said.

Students in the class participated, as well as other selected students. Even teachers in the school helped out. In fact, Principal Olen Evans was even seen strutting the latest sportswear styles.

Junior Sandra Holloway said, "I think the class is very interesting and the best fashion show we had was the one Mr. Evans and Mrs. Goddin participated in."

The music ended and the cheering stopped. Students sat back down to finish their lunches. Another fashion show was complete.



A Sight to See. Fashions are the same all over the world. Seniors Linda Svenson and Jenny Forrest modeled their outfits from The Gap.



Stir It Up! Preparing food is a common occur ence in Life Management. Sophomores Jo Lemmons and Reva Edmondson had lots o practice cooking and learning different tech niques in the kitchen.



Dishpan Hands. One of the most important things to remember when cooking is to always clean up afterwards. Senior Jennifer Adams finished washing her messy dishes after preparing a meal for her class.

A Perfect Match. Color coordination is a must in styles of today. Senior Tom Kostoff escorted matching partner junior Angela Ward in the Valentine's Day fashion show.



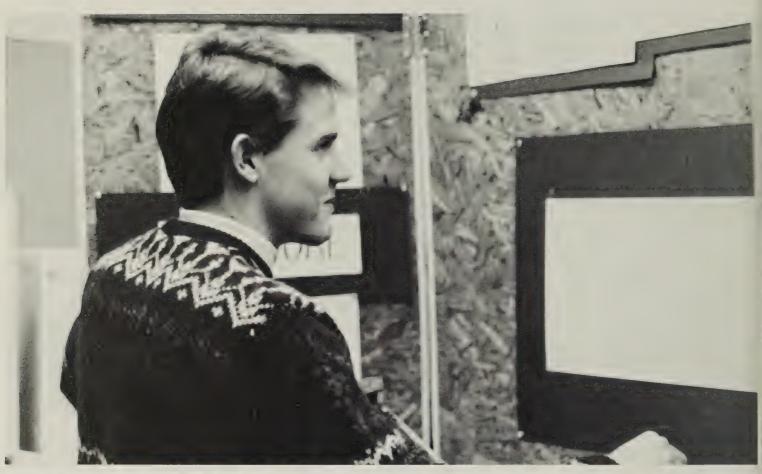
Looking Sharp. Fashion shows encourage students to model the latest fads. Senior Carlos Torres displayed a popular spring outfit.





Dressed to Kill. Strolling down the runway during the fashion show, Mr. Fred Kimsey laughs from embarrassment. During lunch students were treated to two of these shows with both faculty and students modeling.

The Finishing Touch. Science fair participant senior Tray Matheson makes a few adjustments on his backboard. Months of hard work and effort went into his project on the efficiences of gasoline on an engine.





Cutting Up In Class. In order to investigate the internal systems of a fetal pig, Christie Harris makes an incision. After the day's lab work was finished, Christie preserved her pig in formaldehyde and carefully placed it in Mr. Bob Gemmill's cabinet.

WHICH COURSES DO SENIORS THINK HAVE THE HARDEST TESTS?

	•	
Physics		30%
Trig/Analit. Geom.	7	24%
English		18%
Calculus		10%
Spanish		10%
Government		4%



Science can be a world of exploration, a world of challenge, wonder and knowledge. You too can be a part of this excitement!

For many, the thought of registering for a science class brings back the memories of formulas, fathoms, genetics, compounds, chemicals, and equations. This can be not only nerve-wracking but also boggling to the mind.

Whether it is general, academic, or advanced, each level has work to be completed, tests and quizzes to be studied for, and lab reports to be written.

The science department not only provides opportunities in classes but also in teaching. By becoming a lab

aide a student can experience a future job. The duties of a lab aide include running errands and helping grade papers. According to senior lab aide Michelle Finch, "You can learn more on a teaching basis than on a student basis."

Mrs. Joyce Gaines describes her duty as chairperson of the science department as, "a challenge."

This department also sponsors the annual science fair. The science fair enables students to compete against their peers. It rewards the students for their academic excellence and helps them gain well-deserved recognition.

The students who placed in the science fair included senior Ami Van-

Deventer, who won best in show. First place winners were junior Amy Miller in microbiology; junior Michael Ayer in chemistry; senior Lori Cutler in engineering; senior Andrea Powell in physics; senior Scott Sonnenberg in math; senior Sean Murray in computers and the categories of health and medicine and behavorial were won respectively by seniors Tracey Butts and Tom Kostoff.

The science department offers many challenging courses, along with the opportunity to excel in science-related activities. It is because of these opportunities that science can be a world of challenge, wonder, and knowledge.

Fired Up! Goggles in place, junior Brian Sander ignites his bunsen burner and waits for a white precipitant to form. After finishing his advanced chemistry lab, Brian began dismantling the ring stand before lunch.





Unlimited Designs. One activity during Vocational Education Week was the cake decorating contest. Mr. Ed Spain won with a beach scene while Mr. Elmer Seward did a PHS scene.

Uniimitea Groups

Key Club, Student Council Association, newspaper, band auxiliaries, the list goes on and on. Clubs and Organizations are unlimited!

Each club or organization has one basic purpose. For instance, people who enjoy writing and publications can join the yearbook, newspaper, or literary magazine.

For the leaders of the school, Student Council and class officers are two options.

There are vocational groups to choose from, such as ICT, DECA, and FHA.

For students who enjoy the arts, there are the Thespians, jazz band, swing choir, jazz choir and many more.

With all of these different clubs and organizations to belong to, everyone is eligible to join at least one. Clubs and Organizations are UNLIMITED!

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iving

clubs provide services to community

Raising money for charities. Collecting canned food for the needy. Christmas caroling around the town.

These are some of the community services performed by clubs in the school. Three of the clubs that participate in these services are the Key Club, NHS, and SADD.

The Key Club is a community organization sponsored by the Kiwanis Club, and its major goals are to provide services to the community. Senior Danielle Trombetta, president of the club, commented,

"We had a group of good workers this year. We were able to do a lot of school and community activities including the blood drive, canned-food drive, face painting, and a fundraiser for juvenile diabetes."

The National Honor Society, or NHS, is a club for students with a grade point average of 3.4 or higher. It also participates in community activities.

Senior Amy Stoakley, president of NHS, said, "Our two main activities this year were organizing the Homecoming parade and dance and tutoring

Food, Food and More Food. The annual canned food drive is one way to help the needy. Juniors Stacey Philbeck and Lisa Jordan patiently waited for their bundles of food to be collected.

middle school students."

SADD, Students Against Driving Drunk, is a student organization that tries to prevent vehicle accidents that may occur from the abuse of alcohol by high school students.

Senior Denise Chapman, president of SADD, stated, "This year we had the Rent-a-Bod fundraiser, the Prom and Homecoming dance awareness programs, and a seatbelt check. We also donated carnations and keychains for the Junior/Senior Prom."

Associate Principal Mr.

Dave Hinds summarized his opinion of these helpful clubs by saying, "I think SADD did an outstanding job giving the students information on drugs and alcohol. Key Club's work in school was outstanding this year. And NHS got the year started very well with the fine job they did organizing Homecoming. Denise Chapman, Danielle Trombetta, and Amy Stoakley deserve our gratitude and appreciation for the fine job they did leading these service organizations."





SENIOR NHS (F-B). Paula Yourey, Danielle Trombetta, Michelle Finch, Amy Stoakley, Ami VanDeventer, Melissa Willis, Andrea Powell, Nancy McCuiston, Heidi Carter, Laurie Thomas, Deb Katz, Lori Cutler, Viki Mendez, Janine Dade, David Willcox, Erik Davis, Brad Sneed, Shane Murray, Randy Davis, Shannon Fay.



UNDERCLASSMEN NHS (F-B). Janice Lee, Shantil Putzulu, Monica Finch, Ken Thomann, Jill Alexander, Marina Richter, Tina Meyers, Lynn Sykes, Tara Whitney, Mary Ann Forrest, Alystra Little, Michelle Kolet, Hene Forrest, Melissa Robertson, Dori Kreiger, Paul Goddin, Barbara Holland, Betsy Skora, J. J. Jones, Jim Hawkins, Brad Gillespie, Doug Brown, Neil Lambiotte, Travis Rice, Brian Sander, Brian Dexter.



KEY CLUB SENIORS (F-B). Paula Yourey, Stephanie Szupel, Dani Bellis, Danielle Trombetta, Michelle Finch, Beth Forbes, Amy Stoakley, Lee Ann Jenkins, Laura Milton, Julie Laske, Andrea Forrest, Angie Clausen, Heidi Carter, Andrea Powell, Deb Katz, Nancy McCuistion, Becky Bradshaw, Shannon Fay, Jenny Forrest, Mike Solga, Scott Sonnenberg, Randy Davis, Chuck Sack, Mark Boucher, Matt Mendez.



KEY CLUB JR. (F-B). Lisa Ogiba, Christy Byard, Monica Finch, Shantil Putzulu, Christie Harris, Sam Compton, Tammy Whitley, Andi Meredith, Lynn Sykes, Susan Heard, Betsy Skora, Dori Kreiger, Sherry Baugh, Alystra Little, Danielle Orrock, Bridgitte Catlett, Jill Higgins, Melissa Robertson, Nicole Bruney, Barbara Holland, Betsy Borders, Lori Clark, Dawn Watkins, Paul Goddin, JJ Jones, Travis Rice, Michael Ayer, Shawn Nadeau, Neil Lambiotte, Kim Abell, Tara Whitney, Tyler Howard.



Unloading Zone. Fruit sales to the community help raise money for the band. Phillip Ambrose and Darren Kirsch unloaded boxes of oranges.



KEY CLUB UNDERCLASSMEN (F-B). Beth Jones, Jennifer Slaton, Debra Rice, Molly Pretlow, Tracy Spruill, Brian Frahm, Kim Morrell, Alison Moore, Reva Edmondson, Suzanne Gurtis, Emily Hassett, Bobby Booth.



SADD (F-B), Amy Alexander, Reva Edmondson, Heather Smith, Alystra Little, Crystal Griffith, Julie Buckingham, Geraldine Flynn, Shannon Dunn, Becky Bradshaw, Jennifer Thaler, Andi Meredith, Amy Long, Joy Lemmons, Michael Solga, Mark Kain, Shawn Nadeau, Eric Hill, Paul Goddin, Rick Walker.



DEBATE (F-B). Julie Brown, Michelle Ogiba, Jaimie Moore, Mark Spitler, Angela Singleton, Michelle Dade, Andrea Smith, Scott Arrowood, Crystal Griffith, Ms. Helen Small, Robin Frazier, Daniel Phillips, Brian Sander, David Wilcox, Matt Morris.

Trim the Tree. A Christmas tree is a necessity for everyone's Christmas. Senior Tom Kostoff helped pick out the tree for the school foyer.

A Rewarding Feeling. The students hold a fund drive each holiday season to raise money for charities. Junior Shawn Nadeau presented this year's check to representative Karen Gershman of the Children's Hospital of the Kings Daughters.







SCA OFFICERS (L-R). Laura Milton, David Britt, Shawn Nadeau, Chuck Sack, Betsy Borders.



SCA (JUNIORS) (F-B). Sherry Baugh, Kristi Hamrick, Christie Harris, Hene Forrest, Dawn Watkins, Amy Forrest, Betsy Borders, Barbara Holland, Paul Goddin, Travis Rice, Shawn Nadeau, Neil Lambiotte, Amy Miller.



SCA (SOPHOMORES) (F-B). Julie Steele, Jenny Jones, Kim Morrell, Dana Adkins, Molly Pretlow, Vicki Sills, Shannon Chapman, Karen Shields, Evan Bryant, Emily Hassett, Vanessa Patterson.



SCA (FRESHMEN) (F-B). Robin Bennett, Debra Rice, Margaret Gilbert, Diana Pope, Tracy Murray, Robbie Townsend, Jay Breddove, Rynn Pressick, Maureen Sack.

S

tudents

governing the school

Leadership is the name of the game.

Fund drives, dances, and community and school events are all organized by a group of dedicated and hardworking individuals. The class officers and the Student Council Association are among these individuals. They are elected by their peers to be in charge of many valuable

activities.

Each class is responsible for earning money to pay for activities such as ring dance and prom. The officers try to get as many members of their class as possible involved in fund raisers. The freshmen and sophomore classes must begin their work early to make sure that they have plenty of money. "We had a

really successful car wash this year and got a lot of people involved," said freshman class president Debra Rice.

SCA representatives and officers alike participate in community events such as the Seafood Festival, organize school activities, and encourage involvement from all students.

"This year we tried to get more involved with the community so we could strengthen our relationship and they could see the results of our work," said SCA vice-president Chuck Sack.

All this participation adds up to spell leadership. It is what keeps the activities coming and the student body moving.





Create. Coloring pictures entertains Aaron VanDervort at the annual Christmas party for faculty children.

Votes Count. Freshman vicepresident Diana Pope casts her vote in the mock elections.



ENIOR CLASS OFFICERS (L-R). Andrea orrest, Vinnie Gallerani, Becky Bradshaw, lichelle Finch.



JUNIOR CLASS OFFICERS (L-R). Stacey Philbeck, Neil Lambiotte, Barbara Holland, Tina Meyers.



SOPHOMORE CLASS OFFICERS (L-R). Julie Steele, Dori Holt, Dana Adkina, Karen Shields.



FRESHMEN CLASS OFFICERS (L-R). Daniel Phillips, Diana Pope, Debra Rice, Chastity Ruehl.

E

valuations

competing to win

Your palms are sweating. Your stomach is turning flips. The nervous twitch in your legs is driving you insane. Fear of failure combined with the thrill of victory is what makes competition worthwhile.

The band traveled to Myrtle Beach, South Carolina, for intense competition between schools from all over the nation. As well

Joining Hands. The Pom Pom squad traditionally performs a dance routine. Junior captain Tina Meyers showed her stuff in the Homecoming pep rally.

as the band, the auxiliaries competed and placed in the competition.

Senior pom pom captain Tracy Butts commented, "I was really happy because we won first place in the dance competition, the first time we competed."

Along with the excitement came the disappointment. Senior Larry Grigg said, "I felt the judges favored another school and

we were at a disadvantage." The band won second place in parade competition and first place in concert competition.

The newspaper and yearbook staffs went to the University of Virginia for competition with many other schools and their publications. Both the yearbook and the newspaper publications won trophy class placements. Se-

nior Cameron Abbott explained, "I had been looking forward to VHSL since last year to find out how the newspaper placed. I was really proud to find out we won trophy."

Hard work pays off, as students have discovered. Dedication, devotion and good sportsmanship are all part of competition.



Strike The Keys. Qualifying for a spot in the annual talent show requires practice. Senior Chris Fuller dedicated his time rehearsing after school.





MIXED CHORUS (F-B). Zoe Cunningham, Caroline Soova, Chantil Kuchinsky, Nicole Paul, Tonya Parker, Susan Lang, Chastity Ruehl, Christy Samos, Jennifer Stump, Nicole Rezek, Nanci Huggett, Michelle Ketterman, Kelley Rozier, Stephanie Forloines, Robin Bennett, Shelby Hunt, Angie Clausen, Stephanie Angstram, Wendy Apelt, Chris Fuller, Gilbert Page, Mike Lewis, Keith Mungo, Laurie Cutler, Anne Yates.



POM POM/JAZZ SQUAD (F-B). Angela Kaufman, Andrea Forrest, Tina Meyers, Marina Richter, Christy Quillan, Courtney Delk, Kathy Vernall, Becky Crawford, Emily Hassett, Tracy Butts, Carey Lyon, Sheryl Sonnenberg.



POM POM FALL/SPRING (F-B). Amy Alexander, Julie Buckingham, Andrea Forrest, Tina Meyers, Marina Richter, Christy Quillan, Angela Kaufman, Amy Forrest, Kathy Vernall, Becky Crawford, Emily Hassett, Tracy Butts, Carey Lyon, Courtney Delk, Sheryl Sonnenberg.



DRUM MAJORS (L-R). Viki Mendez, Robert Kimbrel, Daniel Watson.



Deadline. This is the time all yearbook members dread. Sports editor Chuck Sack typed his copy on basketball into the computer.

Taking A Dip. Competition in Myrtle Beach can be stressful for the band. Junior Bryan Overman relieved some of his tension by jumping into a pool.





SOUNDSATION (F-B). Greg Rudy, Theresa Sivertson, Jennifer Lewis, Keith Brandail, Susan Heard, Jenny Forrest, Lori Barrett, Michelle Dade, Keith Mungo, Scott Rudy, Bo Webb, Kelly Barrett, Shawn Fertitta, Alystra Little.



SWING CHOIR (F-B). Angie Gulledge, Lori Topping, Nicole Insley, Jennifer Slaton, Elizabeth Thomann, Kelley Rozier, Angela Kaufman, Kristen Shaw, Lisa Brandt, Nancy McCuistion.



MAJORETTES (L-R), Shana Stone, Samantha Compton.



BAND (F-B). V. Mendez, R. Kimbrel, D. Watson, J. Van-Dervort, C. Carter, J. Moore, K. Kolet, J. Kreiger, R. Pressick, R. Thrift, N. North, T. Louk, A. West, A. Smith, C. Griffith, B. Wilson, L. Topping, A. Insley, B. Bradley, B. Sander, D. Kirsch, A. Insley, J. Sayre, M. Cone, C. Norris, B. Prostko, J. Scott, C. Carter, P. Everett, K. Thomann, D. Weatherly, D. Forrest, T. Jordan, A. Long, C. Larson, C. Binkley, J. Van Deventer, B. Sampe, P. Ambrose, J. Barnes, D. Westerfield, A. Hamrick, M. Valerian, B. Overman, R. Evans, K. Robinson, D. Wallace, L. Sluschewski, L. Grigg, S. Fertitta, C. Hargrave, D. Little, R. Sharp, G. Healy, S. Holloway, E. Holloway, T. Simpson, C. Conway.

Clap Your Hands Everybody. Participation in pep rallies is crucial. Senior band member Lori Cutler clapped along to support the team.

A Star Is Born. The play Passionella gives Thespian and Thespian apprentices a chance to gain experience. Senior Chuck Sack and sophomore Michelle Dade worked together for their goal.







RIFLES (L-R). Charlene Adams, Shannon Merrell, Lisa Anderson.



COLORGUARD (F-B). Lori Topping, Tonya Parker, Maria Firth, Lori Cutler, Ginny Firth.



JAZZ BAND (F-B). Lisa Anderson, Amy Instey, Bernadette Wilson, Ken Thomann, Donald Forrest, Andrew Chambers, David Weatherly, Thomas Jordan, Jeff Barnes, Jenny Sayre, Brian Sander, Eric Rohlfs, Phillip Ambrose, Robert Kimbrel, Daniel Watson.



FLAGS (F-B). Mary Ann Forrest, Jil Alexander, Gail Hess, Shelby Hunt, An' drea Smith, Corrie Wilson, Crysta Griffith.

Talent

is it more than just an act?

Lights, Camera, Action! On stage, out on the field, or for competition, band auxiliaries, the various choral groups, and the Thespians stage performances for the enjoyment of those who watch. However, performing can be a grueling task when a person is nervous. Senior thespian Wendy Apelt said, "I'm usually rushing around trying to get props together. When the curtain opens, I cross my fingers."

For Thespians, the crew is on stage as well as the cast. All must come together for the final show, and the opening can create the symptoms of stage fright. Senior Jenny Forrest admitted, "I get nervous when I am acting. I get red blotches on my chest, and I get really hot."

In competition, the Swing, Jazz, and mixed choirs went to South Carolina. At the *Fiesta-val* in Myrtle Beach they were divided into categories along with five other AA schools from the Eastern Seaboard.

Chorus teacher, Mrs. Dot Little, drilled the classes. "I didn't have to worry about the whole concept, but it's little things that I am responsible for. I was mainly just anticipating," she explained.

Pom Poms, flags, rifles, and majorettes are constantly rehearsing and preparing for sport halftimes, parades, and pep rallies. The amount of time practicing does not seem to take away the fear of messing up a routine. Sophomore Cheryl Sonnenberg remembered, "When I began, I was so nervous. I kept thinking I was going to ruin the routine by messing up."

Performing in front of many people is enough to make you sweat. Yet the excitement of the show keeps band, chorus, and Thespians involved; neryous or not.

Step To It. Performing in the Homecoming parade while twirling a flag took hours of preparation. Junior Crystal Griffith showed precision in her routine.





Buried Alive. Between competition the chorus found time to relax on the beach. Sophomore Scott Rudy got buried in the sand.



LITERARY MAGAZINE (F-B). Laura Shafferman, Monica Krakowski, Tara O'Brien, Deb Katz, Janice Lee, Anthony Torres, Kristen Keddell, Sherry Price, Denise Chapman, Casey Irwin, Sammy Ammons, David Hogge, Melissa Robertson, Kevin Colangelo.



NEWSPAPER (F-B). Andrea Pewell, Jenny Ross, Leri Clark, Paula Yourey, Jenny Smith, Heather Firman, Deb Katz, Andrea Forrest, Melissa Bohrer, LeeAnn Jenkins, Crystal Lemmons, Dori Tasilio, Becky Bradshaw, David Britt, Todd Lawson, Mr. Mark VanDervort.



YEARBOOK (F-B). Dani Bellis, Danielle Trombetta, Michelle Finch, Stephanie Szupel, Karen Parr, Shantil Putzulu, Nicole Bruney, Laurie Thomas, Laura Milton, Julie Laske, Angie Clausen, Cameron Abbott, Mrs. Dott VanDervort, Betsy Skora, Julie Buckingham, Nancy McCuistion, Barbara Holland, Heidi Beach, Kristy Hamrick, Amy Forrest, Paul Goddin, Chuck Sack, Craig Merrell, David Willcox, Mark Boucher.

V

ocations

preparing for the future

Preparing for the future ... Still in high school but ready for the real world? Want to enter the work force? It sounds like you belong in a vocational club or organization.

During Thanksgiving, the vocational clubs joined forces and sponsored the annual canned food drive. All proceeds went to needy families in the Poquoson area in order to make their holiday season a little brighter. FHA member, Julie Stratton, commented, "It was a huge success. All the work seemed worth it when we passed out the cans."

National Vocational Education week ran from February 12 to February 18. Several assemblies were planned for the students as well as treats and contests for the teachers and administration. Teachers received heart shaped cookies and the FHA sponsored a faculty cake decorating contest in the commons during first and second lunches. The week's festivities ended with an assembly on "The Well-rounded Person" given by Martha Wiggs.

Both DECA and VICA showed their school spirit by participating in the

What's Cookin'? An FHA sponsored activity persuades faculty members Mr. Ed Spain, Mr. Elmer Seward and Mr. Dave Hinds to dabble in cake decorating. The cakes were judged by students' applause during first and second lunches.

Homecoming parade. Active in the school, the VICA club, sponsored by Mr. Fred Kimsey, also manned the school store every morning and during lunch. Mrs. Sydney Jordan helped DECA coordinate the Santa Shop and design the school store display. Each club attended leadership contests, and planned employee/employer banquets.

To kick off the year, the vocational clubs took a trip to the State Fair in Richmond, on September 22. More recently, in Richmond, two FBLA students participated in state com-

petition. Stacey Jensen placed second in machine transcription and Jeff Kuhn competed in business computers.

Fund raising is a large part of belonging to a club/ organization. The vocational clubs sold candy bars and cookbooks. The Health Careers club used this money for a scholarship for a graduating senior.

Looking back on the school year as a whole, FHA sponsor Mrs. Joan Wynn stated, "The vocational clubs worked together as a group more than ever this year."





VICA SENIORS (F-B). Jenny Smith, Lowrey Lawrence, Craig West, Crystal Holloway, Mike Lewis, Kenny Riddle, Steve Moore, Jimmy Jessup, Max Goode, Michael Sulzgerg, Derek Moore, John Andrews, Kyle Briglia, Mark Jenkins, Jimmy Rabb, Tim Rohrer, Lance Martin, John Mercer, Tommy Trantham, Jason Healy, Ronald Roderick.



VICA UNDERCLASSMEN (F-B). John Ashberry, Gabe Hoback, Michelle Parr, Becca Lang, Keith Kirkpatrick, Chris Surber, Mike Trantham, Bill Bull, Tommy Holloway, Neil Firth, Kyle Hahn, Brandon Forrest.



FBLA (F-B). Kym Diggs, Susan Bowen, Mindy Oakes, Ginny Firth Kim Moore, Nicole North, Tracy Miller, Maria Firth, Shannon Dum Audra Diggs, Bobbie Howell, Wesley Bunting, Patrick Moore, Mik Snapp, Julie Stratton, Kristie Rowe, Stacey Jensen.



Pulling Together. Vocational clubs unite sponsoring the school-wide canned food drive. FHA members Mindy Oakes, Julie Bartram, and Tracy Butts sorted cans and delivered them to under-privileged Poquoson families.



Sneaking A Peak. To get a closer look, senior Eric Rohlfs bends over and examines the choices. Eric selected 7up over Sprite in the DECA-sponsored taste test.



FHA UPPERCLASSMEN (F-B). Heather Adamson, Michelle Finch, Amy Alexander, Angela Bonner, Cathy Migliore, Dana Broderson, LeeAnn Jenkins, Kristy Rosengrant, Tracy Butts, Natalie Gigho, Julie Buckingham, Audra Diggs, Amy Deans, Heather Firman, Daniel Watson, Bobbie Howell, Melanie Foster, Jennifer Adams, Becky Bradshaw, Julie Stratton, Chris Surber.



FHA UNDERCLASSMEN (F-B). Denise Clark, Cassandra Bonner, Kim Dorsey, Claudia Mann, Cheryl Stanley, Reva Edmondson, Brook Egan, Joy Lemmons, Shannon Dunn, Kelly Kennedy, Holly Guthrie, Hope Arrowood, Shannon Firth, Maria Firth, Kristen Shaw, Christina Snapp, Tracy Haugen, Nicole North.



HEALTH CAREERS (F-B). Michelle Finch, Sherry Perok, Jeannie Insley, Monica Finch, Shana Stone, Rachel Hanson, Nicole Bruney, Mrs. Ray Verser.



DECA SENIORS (F-B). Valerie Roberts, Kym Diggs, Jenny Forrest, Mary Rogers, Kim Jenkins, Linda Svensen, Kristi Rosengrant, Andrea Mercer, Tracy Butts, Julie Bartram, Amy Spahn, Lisa Rutowski, Susan Keever, Belinda Hornsby, Julie Buckingham, Bobby Watkins, Neil Gray, Carlos Torres, Bill Ford, Steve Cucura.

Decorum, Please. Many heated issues are debated and resolved at the Model United Nations held in Norfolk. Sisters Michelle and Monica Finch prepared for the next social and humanitarian issue debate.





SCA SENIOR REPRESENTATIVES (F-B). Danielle Trombetta, Angle Clausen, LeeAnn Jenkins, Laura Milton, Jon Check, Andrea Forrest, Becky Bradshaw, Mark Boucher, David Britt, Chuck Sack, Vinnie Gallerani, Tom Kostoff, Matt Mendez.



MODEL UN (F-B). Monica Finch, Michelle Finch, Melissa Willis, Robin Jordan, Paul Goddin, Andrea Forrest, Mike Valerien, Michelle Kolet, Danielle Trombetta, David Wilkox, Mark Vlaun, Shannon Fay, Crystal Griffith, Melissa Rohrer, Lisa Ogiba, Kristi Singleton, Troy Miller, Jim Hawkins, Carrie Carter, Shane Murray, Wayne Holloway.



FORENSICS (F-B). Ami VanDeventer, Denise Chapman, Kristl Singleton, Amy Stoakley, Robin Jordan, Amy Long, Bernadette Wilson, Crystal Griffith, Geraldine Flynn, Matt Morris, Robin Thrift, Bob Walter, Doug Brown, David Willcox, Brian Sander, Shannon Fay.



oll Call

students active in academic clubs

Preparation. Weeks and weeks of careful prepara-

This is common ground among students involved in Forensics, Debate, Model U.N., and Model

Each student is given a specific topic to research. This is one of the worst requirements of being a member. Hours are spent in the library reading and

writing and then doing U.N. represent a country jects. They must speak more reading and writing. Students must be very knowledgeable about their topics. They must be able to discuss and argue their topic to the most intimate detail.

Students in both Model United Nations and Model General Assembly have the task of writing and passing bills and resolutions. Students in Model

while students in Model G.A. represent one of Virginia's ten congressional districts.

Members of the Forensics and Debate teams deal mainly with speaking techniques. Forensics students are judged on how well they read poetry and literature and give speeches on impromptu and extemporaneous sub-

Senator? Presenting a bill before for the homeless

with enthusiasm and understanding. Debators are given a partner with whom they research an issue. In competition they argue one side of their issue before judges and opponents.

All four of these clubs are concerned with academic values that take weeks of practice and preparation.



a full-mock senate could make even a "real" senator nervous. Senior Shane Murray acted as Senator Bill Patron to pass a bill using lottery money for shelters



SCIENCE CLUB (L-R). Jamie Moore, Wendy Apelt, Christine Breed, Rick Walker.



TIDEWATER CHALLENGE (F-B). Lori Maggio, Kristen Kolet, Michelle Kolet, Janice Lee, Mike Valerien, Bill Morris, Shane Murray, Craig Freeman, Shannon Fay, Matt Morris.



VARSITY CLUB EXECUTIVE BOARD (F-B). Danielle Trombetta, Michelle Finch, Stacy Philbeck, Karen Shields, Robert Check, Tricia Wissinger, Sandra Holloway, Jim Alexander, Betsy Borders, Amy Forrest, Becky Bradshaw, Troy Miller, Rick Walker, Travis Rice, Todd Lawson, Vinnie Gailerani, David Westerfield, Shawn Nadeau, Mike Ayer, Jason Duty.

Deadline

giving lifetime memories

Is it worth it? Is it worth spending extra time after school instead of going out and doing something that requires no thought?

This is a question students sometimes ask themselves before joining a publication's staff.

Senior Karen Parr says, "Being in Yearbook is worth staying after school. At the end of the summer when the book comes back

Work, Work, Work. Pending deadlines cause many yearbook staff members to stay after school hours. Junior Kristi Hamrick spent many hours after school to meet the deadline set by the publishing company.

from the publishing company, and we see how good the book turned out, it's worth the little extra time after school.

Senior Dori Tasillo also agrees, "Staying after school for Newspaper can get a little tiring, but people read the paper and see my name by an article and seem to show a lot of interest the next day."

Creative Writing is an-

other class that requires hard work. Senior Deb Katz comments, "Staying after working on layouts and copy sometimes gets on your nerves, but when you're done and all the copy and layouts are turned in to be printed it feels great."

Quill and Scroll is one of the honorary organizations that publication members can be nominated for. In order to be selected into the Quill and Scroll, you must have a grade point average of 3.0, a teacher recommendation, and you must be an active member of Yearbook, Newspaper, or the Literary Magazine.

So if you're wondering if it's worth joining publications, just ask the people in it to see how much fun it is



Party Time. When a birthday rolls around it's partytime in Yearbook. Juniors Nicole Bruney and Shantil Putzulu open up the cake for the party.





VARSITY CLUB SENIOR BOYS (F-B). David Stowell, Robert Henesey, Steve White, Jon Check, Randy Davis, Jeff Smith, Joe Rollins, Collin Binkley, Troy Miller, Neil Gray, Jeremy West, Eric Umstead, Todd Lawson, Kevin Weis, Brad Sneed, Mark Boucher, David Britt, Chuck Sack, Hunter Wortham, David Westerfield, Jeff Steele, Vinnie Gallerani, Kerry Hodgkins.



VARSITY CLUB SENIOR GIRLS (F-B). Kim Diggs, Angela Bonner, Paula Yourey, Michelle Finch, Karen Parr, Danielle Trombetta, Jenny Watlington, Heidi Carter, Karei Townsend, Julie Laske, Sherry Campbell, Stephanie Szupel, Amy Alexander, Laura Mitton, Becky Bradshaw, Nancy McCuistion, Shannon Fay, Shawn Fertitta, Viki Mendez.



VARSITY CLUB UNDERCLASSMEN GIRLS (F-B). E. Hassett, E. Pritchard, J. Alexander, C. Delk, B. Catlett, J. Biggs, D. Clark, T. Wissinger, A. Little, C. Byard, M. Finch, S. Putzulu, S. Baugh, M. Iacobucci, B. Skora, V. Patterson, K. Shields, L. Sykes, S. Heard, S. Philbeck, A. Forrest, L. Cone, D. Krieger, A. Tyndall, I. Xinos, L. Clark, D. Smith, S. Holloway, T. Meyers, B. Crawford, H. Umstead, B. Borders, A. Miller, D. Busang, T. VanMeter, L. Jordan.

Critical Thinking. Mrs. Bonnie Fay's creative writing class adopted a second grade class from the elementary school. Senior Denise Chapman assisted Katie Powell in thinking of a creative story to write.





VARSITY CLUB UNDERCLASSMEN BOYS (F-B). Robert Check, Tyler Howard, Todd Lackey, Jason Duty, Casey Irwin, Brad Huddleston, Kevin Heyman, Rick Walker, Jamey Diggs, Bubba Fergusson, Paul Goddin, Brian Dexter, Jim Alexander, Mike Fay, Patrick Pierce, Greg Krueger, Bruce Krieger, Mike Ayer, Nick Franks, Tommy Diggs, Wayne Holloway, Steve Alexander, Troy Smith, Doug Brown, Travis Rice, Neil Lambiotte, Shawn Fertitta, Clifton Wilson, Aaron Martin, Brian Butler.



THESPIANS (F-B). Jenny Forrest, Andrea Powell, Amy Stoakley, Tonya Parker, Robin Jordan, Anne Yates, Bernadette Wilson, Robin Thrift, Nancy McCuistion, Shawn Fertitta, Viki Mendez, Wendy Apelt, Brian Sander, Chuck Sack, Angle Insley, Jenny Sayre, Shannon Fay, Jamie Moore.



FASHION MERCHANDISING (F-B). Sandra Holloway, Sherry Perok, Dawn Watkins, Monica Krakowski, Cynthia Rutowski, Tina Moore, Carrie Wilson, Tracy Miller, Yvette Emerson, Jennifer Thaler, Clint Nicholson, James Widener, Bruce Krieger.



UNLIMITED STYLE. With a smile on his face, Principal Olen Evans models during second lunch. The fashion merchandising class borrowed him for a fashion show to highlight Vocational Education Week.

Limitiess races

There are many different types of people. There are funny people and serious people. There are red heads, brunettes, blondes. The categories are unlimited!

But what types of people are there in a high school? Of course there are teachers. Strict teachers and easy teachers. Teachers who give a lot of homework and those who give barely any at all. Teachers who yell to get their point across and those who lull you to sleep with their soft, quiet voices.

There are also different types of students. Athletic ones and studious ones. Students who make straight A's and some who don't. There are students who are involved in every club and those who aren't involved in any.

There are principals, secretaries, and guidance counselors. And don't forget the ever inportant cafeteria people and janitors. The school wouldn't run without these people.

The types of people who make up a high school are UNLIMITED!

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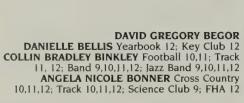


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JULIE MICHELLE BARTRAM DECA treas. 12;
Campus Life 10,11,12
HEIDI MARIE BEACH Pom Poms 11,12; Campus
Life 11,12; Yearbook 12; Key Club 12; SADD 12















Giving Brings a Special Feeling. The Thanksgiving canned food drive for the needy is a record breaker. Erik Davis and Laurie Thomas made their contribution to the cause.



Rally 'Round the Seniors. Carlos Torres and Matt Mendez proudly displayed the senior banner.













lass Act

Spirit — a senior effort

It began with a bang! Off and running — seniors loved it! Finally, the seniors were united . . . together in some way as a class . . . SPIRIT EVOLVED!

The first pep rally set the stage. Senior class president, Vinnie Gallerani, walked through the gym carrying the Senior Banner, and it seemed unreal that the flag belonged to another senior class. Cries of enthusiasm and disbelief echoed through the gym because this pep rally was for the seniors as well as the football team. Finally, seniors were allowed to let out enthusiasm and spirit for the school they'd grown to appreciate and love.

Senior spirit spread as quickly as it began. The trend caught on, and freshmen were close behind. Underclassmen took the initiative to give the senior class a run for their money. The upcoming Homecoming Week decided which class put the most effort into the spirit drive.

As tradition went on, the days were filled with students dressing up according to the dress code set by the cheerleaders. In secret, seniors had been planning to separate themselves from the underclassmen by dressing in boxer shorts, button down shirts, and ties. More and more of those who wanted to participate joined in the excitement ... the class was coming together. Senior Patrick Moore stated, "I think senior spirit and participation is the driving force for our senior year."

Seniors spent Thursday night decorating the Commons with the motto "Seniors Shine in '89" or putting the finishing touches on the senior float. It took first prize.

Finally, the long awaited "Toga Day" arrived, but this was not an ordinary "Toga Day." The entire senior class was invited to meet at Hardees before school and drive in together as a class. But the final test lay ahead....

Jogging through the gym, seniors modeled the traditions of years before. With togas on, they filed through cheering, banners held for all to see, and a "Spuds" look-alike led the way. "Seniors - Seniors!" they shouted, and it became evident that it was the seniors who would win the spirit contest. Winning the pep rally confirmed only the beginning because "Seniors did Shine in '89!"

MARK ROBERT BOUCHER Tennis 9,10,11,12; Football 12; Key Club 12; SCA 12; Yearbook 12 REBECCA LYNN BRADSHAW Class Sec. 11,12; SCA 10,11,12; Cheerleader 9,10,11,12; Softball 9,10,11,12; SADD 12 KYLE ANDREW BRIGLIA VICA Parliamentarian 12; Wrestling 12 DAVID LANE BRITT SCA 9,10,11, treas. 12; Journalism 10, Sports Editor 11,12; JV Football 9; Football 10, Captain 11,12; JV Basketball 9,10; Basketball 11; Varsity Club 10,11,12

JULIE ANN BUCKINGHAM Pom Poms 12; SADD 11,12; Yearbook 11,12; FHA 11,12; Soccer Mgr. 11,12
TRACEY LYNN BUTTS Pom Poms 11,12; Band 9,10,11,12; FHA Sec. 11, Pres. 12; DECA 12; Campus Life 11,12
SHERRY LEIGH CAMPBELL Field Hockey 11,12; Cheerleading 9,10,11; Tennis 11; Varsity Club 10,11,12; SCA 9,10
ANNETTE MARIE CARROLL

HEIDI LYNN CARTER NHS 10,11, Sec. 12; Key Club 11,12; Cross Country 11, Captain 12; Track 10,11; Varsity Club 11,12 DENISE ALANE CHAPMAN NHS 12; Forensics 12; SADD Pres. 12; Literary Magazine 12; Track Mgr. 9,10,11,12 JONATHAN JAY CHECK SCA 10,11,12; Wrestling 9,10,11,12 CHRISTINE NOEL CISSA Soccer mgr. 10,12; Practical Nursing 12

ANGELA DAWN CLAUSEN Key Club 10,11,12; SCA 9,10, recording sec. 11, 12; Yearbook 11, editor 12; Swing Choir 10, regionals 11,12 RICHARD DOUGLAS CRAIG New Horizons 12 STEPHEN JOHN CUCURA JR. DECA 12 LAUREL LYN CUTLER NHS 10,11,12; Band 9,12; Chorus 10,11,12; Softball 10,11,12

JANINE ELIZABETH DADE NHS 10,11,12; Band 9,10,11,12

JEFFREY MICHAEL DAVIS VICA 11,12

JON ERIK DAVIS

JOSEPH RANDY DAVIS NHS 10,11, treas. 12;
Forensics 10,11; Key Club 12; Soccer 10; Wrestling













o Foolin' Seniors

They knew it was coming

"Mommy, what is it like to be a senior? When will I be one?"

Ah, our senior year, the final step in that awesome ladder called high school. Throughout these four years we wait endlessly for this famous, final year and the experience of graduation.

We pondered the thought from grade school on up to our years in high school. Senior Jenny Watlington explains, "When I was a freshman, I would think about being a senior. I pictured it as being a fun year but also a year to wake up to reality."

Leadership and school spirit will also add to the dazzling excitement and joys this spectacular year will hold. As senior Eric Umstead predicts, "It is going to be a good year for us. We have a great class, full of leaders and very few followers. There is an abundance of spirit and I believe that will lead us to a successful year."

Senior David Britt sums it up saying, "I thought it would be easy, but it's been hard."

Well, there we have it, our awesome year has come and gone. It brought tears of sadness and joy, smiles of everlasting friendship, and a bond of togetherness our class will never forget. It was the best year of our teenage life, just as we were told it would be. Thank you Mommy for explaining it so clearly.





Kiddin' Around. Every senior is required to take a government course. Vinnie Gallerani took a few minutes out of class to joke around with his teacher, Ms. Barbara Keech.

Twice the Miller. Part of the senior English curriculum is reading *The Canterbury Tales*. Troy Miller portrayed the book's character, the Miller.

Punt It! The team enjoys practicing the week before the game. Dani Bellis waited for her turn as she watched Julie Laske practice

All For Fun. Practices aren't all hard work. Neil Gray and Michelle Finch were amused at the antics of the senior girls in train-





AMY MARIE DEANS FHA 11, hist. 12
AUDRA ALANE DIGGS FBLA treas. 11,12; FHA 12;
COE 12; Softball 9 KIMBERLY ANNE DIGGS SCA 11,12 KYMBERLY ANN DIGGS Field Hockey 11, captain 12; FBLA 11, pres. 12; DECA sec. 12 MARK JEFFREY DOSSETT Track 11,12; Football

SCOTT ANTHONY DRUMHELLER Football mgr. 11,12; Basketball mgr. 12 JEFFREY SCOTT DUNCAN JV Basketball 9,10; JV Football 9,10 KATY JEAN DUPUIS ICT 12

GREGORY WAYNE EDWARDS New Horizons 11,12
KELLY ELIZABETH EDWARDS



ERIC HEATH FERGUSON VICA 12



ouchdown

Powder puff team doesn't quit

Down. Set. Hut One. Hut Two. Hike.

December 1 finally arrived. At last the Powder Puff game was here. The senior girls were psyched up for the victory they knew would come. They rehearsed many plays throughout sweaty, rough practices lead by their dedicated coaches, Robert

Henesey, Neil Gray, and Nathan Hogan. As senior Danielle Trombetta explains, "Practices were tough, but a lot of fun.

When nightfall came and both teams arrived on the field, the action exploded.

The ball was snapped and the juniors tried to move for yardage as the seniors held them back. Senior coach, Neil Gray, commented, "I think the game was practically a defensive one. They played really tough."

The clock ticked away ... three minutes 14 seconds, three minutes 13 seconds.

Senior Angela Bonner raced across the goal line to clinch a sure victory for the seniors by scoring the first and final touchdown of the game.

After Kari Townsend's extra-point the senior girls won the game.

Pizza, Coke, and verbal replays of the game ended a night enjoyed by these girls who, just once a year, feel the glory of the football field.







Get it Straight. Many confusing plays are learned at the last minute. Anne Yates received final instructions from her coach Robert Henesey.

Victory! The senior girls celebrate their 7-0 win over the juniors. Their trophy was made and presented to them by the senior male cheerleaders.

or Our Own Good

Privileges — friend or foe

Mixed reactions and disbelief cause confusion among seniors. Some say seniors have them, some say they don't, and some just get angry when they are mentioned. Cheyenne Hoadley frankly questions, "What privileges?"

Ms. Barbara Keech, a senior government teacher, commented, "Privileges should be based on each year's seniors. Those privileges should be given to a deserving class. . .the seniors I work with would be good candidates for nice senior privileges."

Senior Kelly Edwards suggested, "There should be an area designated just for seniors — possibly a senior lounge." Mr. Bernard Wright, personal law teacher, heartily agreed, "I don't think teachers would be opposed, but the question would be in regard to space."

Parking seems to be the number one complaint of all classes. There are seniors trying to cope with the reality that they didn't receive a parking sticker. Underclassmen are looking to a future solution and hope that they, as seniors, will not be faced with the "parking dilemma." Junior Angela Morris said, "When I become a senior next year, I hope parking won't be a problem."

Senior privileges are

present, however. There is the fact that a select few do get parking stickers. The most important privilege, according to senior Karen Parr, is leaving class two minutes before the lunch bell rings.

Law plays a part in determining privileges. Things such as concession stands and coke machines would detract customers from the school lunch line and under Virginia law, nothing during school hours may be in competition with the school provided food services.

Senior privileges — should we do more? Can we?



Two Till the Bell. Leaving early for lunch is a lasting senior privilege. Jenny Smith, Kelly Edwards, and Heidi Carter took a few minutes to relax before the crowd set in.













SHAWN MARIE FERTITTA Thespians 10,11,12; Show Choir 11,12; Band 9,10,11,12; Field Hockey 10,11,12
LINDA MICHELLE FINCH Class Treas. 10,11,12; Key Club 10,11, treas. 12; NHS 11,12; Softball 9,10,11,12; Gymnastics 9,10,11,12
HEATHER RENE FIRMAN Band 9, Basketball mgr. 11; Campus Life 11; FHA 12; Newspaper 12
STACEY HOLLOWAY FIRMAN

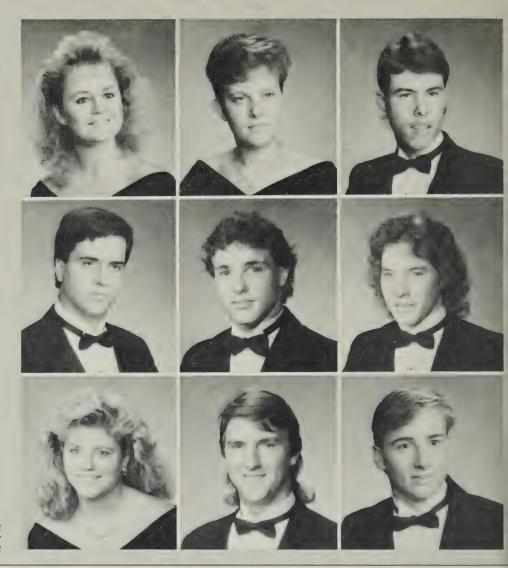
ROBERTA PAGE FIXX Class Secretary 9; SCA 10; Homecoming Court 9
GERALDINE ELIZABETH FLYNN SADD vice pres. 12; Debate 11,12; NHS 12; Forensics 12
ELIZABETH ANNE FORBES Key Club 12; DECA 12; Field Hockey 12
WILLIAM LEON FORD DECA 12

ANDREA LEE FORREST Pom Poms 10,11, captain 12; Senior vice pres; Key Club 11,12; Newspaper truck editor 12; Homecoming Queen JENNIFER LYNNE FORREST Show Choir 10,11, libr. 12; Reg. Chorus 10,11,12; Key Club 11,12; DECA 12; Thespian Appr. 12 CATHERINE LYNN FOSTER MELANIE KAY FOSTER

VINCENT CHARLES GALLERANI Class pres. 10,11,12; SCA 9,10,11,12; Cross Country 10,11, captain 12; Track 10,11,12; Varsity Club 11,12 AMY MICHELLE GATEWOOD NATALIE JOYCE GIGLIO FHA 12; FBLA 11; Campus Life 9,10 MATTHEW GREGORY GOODALL Wrestling 10,11; Golf 12

MAXWELL WALKER GOODE VICA 11,12 NEIL FLETCHER GRAY Football 9,10,11,12; SCA 9; DECA vice pres. 12; Baseball 11; Wrestling 10,12 LAWRENCE BRANDT GRIGG Band 10,11,12; Jazz Choir 11,12; Chess Club 11,12; FBLA 11,12; Gymnastics mgr. 12 KELLI ANN GUTHRIE DECA 11 RACHEL LYNNE HANSON VICA 11,12; Health
Careers treas. 12; New Horizons 11,12
CHRISTINE MICHELLE HARGRAVE Band
9,10,11,12; SADD 12
WILLIAM JASON HEALY JR. ICT 12; VICA 12

ARTHUR FRANKLIN HEEZEN III CNC scholarship 12; Odyssey of the Mind 9,10,11; Science Club 9,10; Science Fair, Best in Show 11; Regional Science Fair, Best in Category 9 ROBERT GEORGE HENESEY Wrestling 9,10,11,12; Soccer 9,10,12; Football 11,12; Class pres. 9; SCA 9,10 WESLEY KEITH HILL



CHEYENNE MILES HOADLEY Chorus 11 WILLIAM KERRY HODGKINS Football 12 NATHAN LUKE HOGAN Football 10,11,12; Soccer 10,11,12; VICA 12



Please Don't Make Me Do This. Teachers can also be subject to the embarrassment of slave day. Dori Tasillo helped Mr. Mike Carges put on his attire for the day.

Anything For You. Slave day is embarrassing for some students. Geraldine Flynn knelt down while receiving commands from Sean Riley and David Willcox.





CRYSTAL DIANE HOLLOWAY ICT 12; FHA 9
BELINDA MARGARET HORNSBY
BOBBIE ANN TOMARA HOWELL FHA 12; FBLA
12

DANI HUGGETT Basketball 9,10; Softball 10,11 RICHARD JASON HUMPHREY ALICE MAE INSLEY FHA 9,10,11

ANGELA MARIE INSLEY Band 9,10,11,12; Jazz Band 12; Thespians 12 JEANNIE VIRGINIA INSLEY FHA 12; Health Careers Pres. 12; HOSA Sec. 12; New Horizons 12 KIMBERLY ANN JENKINS DECA 12

e'll Never Tell

Embarrassing moments unleashed

Oh no, I can't believe this is happening! Why me?

Senior Paula Yourey still remembers boarding the Spider ride at Busch Gardens in the 8th grade. "The car started spinning and I felt myself getting sick," she explains. Paula eventually found herself in the restroom, cleaning

up where she had thrown up on herself. "This is my most embarrassing moment," claims Paula. "Everyone in the 8th grade knew about it and almost everyone still remembers now that we are seniors."

People endlessly watch for times like this, but they'll never spot them in advance. Senior Jenny Watlington was shopping with her mom when one grabbed her.

"We were in Farm Fresh," she explains, "My mom would not stop walking around the store. I went outside to wait in our car. While I was waiting, two men walked up and complimented the car. I

said thank you and remained sitting in the car. They stood there a minute and finally one said to me 'You're sitting in my car." Jenny's mom had parked next to a car identical to their family's.

It doesn't matter where you are or how prepared you are, embarrassing moments will catch up to you.

o Pain, No Gain

College applications

You don't want to think about them. You try to avoid them, but they just keep creeping up on you. Before you know it, they're here! They are the dreaded and fearful college applications.

When the fall months roll around, seniors are faced with certain important and often scary details.

Those students who hope to attend college must tackle the problem of deciding which colleges to apply to. Then comes the

Congratulations! Receiving acceptances from colleges is a joyous occasion. Bernadette Wilson told Reagan Pressick about her latest news.

frustrating, tedious task of completing the applications. Senior Andrea Powell said, "It's a pain to have to fill them out so early and then wait so long for the results. It's scary!"

Although time-consuming, the students realize the importance of the applications. Senior Hunter Wortham said, "Because they're so long, I keep putting them off, but I know I'll have to do them because they're important to my future."

"When I filled out my

applications, I was more concerned with the essays because they were the only things that helped the Admissions Office understand more about my personality," said senior Tom Kostoff.

After mailing the applications comes the long wait, except for those who applied early decision.

Senior Chuck Sack summed up the experience by saying, "It is a lot of work, but I hope it's all worth it." For many seniors, it will be.



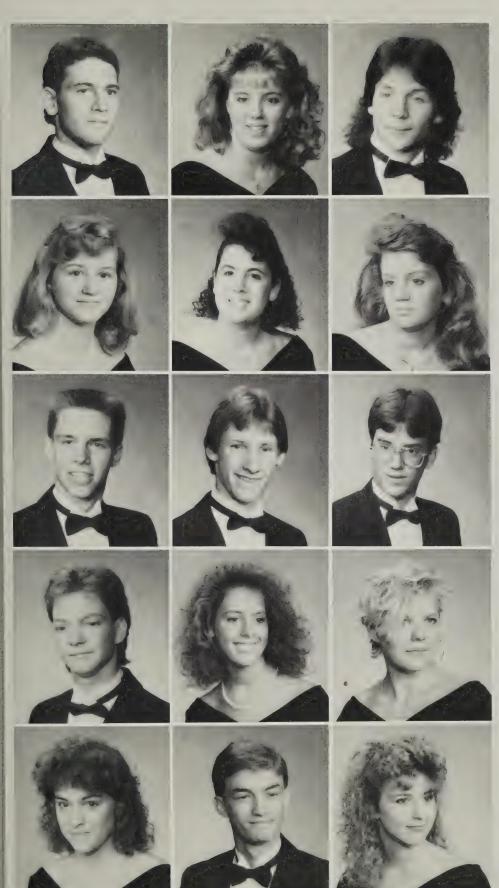












LEE-ANN JENKINS SCA 11,12; Key Club 11, Sec. 12; Homecoming Rep. 11,12; Newspaper 11, Truck Editor 12
MARK WREN JENKINS Football 9,10,11,12; VICA 12
STACEY DAWN JENSEN DECA 12; FBLA 12; FHA 12
JAMES WILLIAM JESSUP

DARLENE YVETTE JOHNSON ROBERTA ANN JORDAN Forensics 9,10,11,12; Thespians 9,10,11,12; Flags 10,11; Campus Life 9,10,11,12 DEBORAH MICHELLE KATZ Pom Poms 10, Captain 11; Newspaper Editor-In-Chief 12; NHS 10,11,12; Key Club 12; Forensics 9,10,11 SUSAN LEIGH KEEVER FBLA 11; DECA 12

ROBERT GLEN KIMBREL Band 9, 10, Drum Major 11 & 12; Jazz Band 9,10,11,12 THOMAS ANGELO KOSTOFF Soccer 10,11; SCA 11,12; Track 9; Wrestling 9 JEFFREY KARL KUHN DANIEL CHRISTOPHER KUNKLE

JAMES DANIEL LANG
CHARLES ANDREW LARSON Soccer 11; Band
11,12
JULIE ELIZABETH LASKE Class Treas. 9;
Cheerleader 10,12; SCA 11; Yearbook 12; Key
Club 12
LOWREY LORRAINE LAWRENCE VICA 12; ICT 12;
Drama 9,10; Thespians 9,10

TODD FORREST LAWSON Basketball 9,10, Captain 11 & 12; Golf 10,11,12; Baseball 11,12; Varsity Club 10,11,12; Newspaper 12 JENNIFER WYNNE LEWIS All-State Choir 11; Regional Chorus 11; Soundsation 10,11,12; Girls Ensemble 9; Campus Life 11,12 MICHAEL WHITING LEWIS DECA Treas. 11; Regional Chorus 11,12; VICA 12 JENNIFER MARIE LITTLE HOSA 11,12

he Future Unfolds

What happens next

Decisions! Decisions! What are you going to do with your life? As a senior, many decisions must be made as to what you will do after you get out of high school.

Senior Jeff Steele explained his plans, "I intend to go to college and possibly become a basketball coach."

Senior Matt Mendez stated his prophecy of his future, "I hope to be an anesthesiologist, radiologist or maybe an emergency room doctor like my father."

Senior Stephen Moore intends to follow in the footsteps of his father by being a waterman.

Senior Kari Townsend hopes to have an occupation in the medical field, "I want to be a doctor. Probably a family physician."

"I plan to attend Florida Institute of Technology and major in computer engineering. Hopefully I'll have a job in Aerospace Engineering," stated senior Bob Walter when he was asked about his future plans.

Senior Cheyenne Hoadley intends to be a nurse and will be attending nursing school after she graduates.

Everyone has expectations of the future and what it will bring. You may not know exactly where you'll end up, but you have some ideas of where you would like to be and what you would like to be doing.

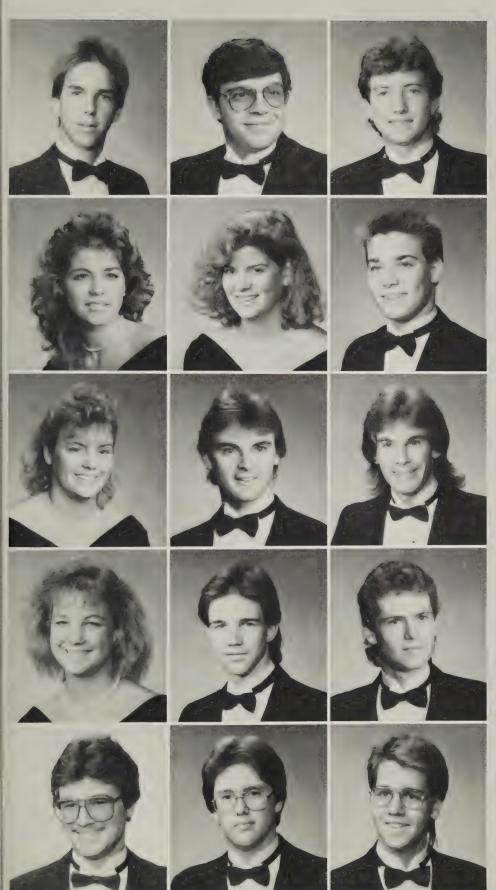


It's a Matter of Math. Difficult classes are often necessary for a student's educational future. Bob Walter studied trig. to help with his future engineering classes.

Make a Melody. Every year the chorus presents a Christmas concert for the school. Keith Mungo entertained the audience with a carol.







JERRY WAYNE LONG, JR. VICA New Horizons School Chaplain 12 MARK BENEDICT MADDEN FBLA 11,12 WILLIAM SHANNON MADDOW VICA 12 JON DANIEL MARSHALL Band 9,10,11

TRAYNHAM GOODWIN MATHESON Tennis 11,12; Football 9,12
STEPHANIE MICHELLE MATZGANNIS VICA Vice Pres. 11, Pres. 12; Health Careers 12
NANCY GAYLE McCUISTION Soccer Mgr. 10,11,12; NHS 10,11 Sec. 12; Key Club 12; Yearbook 11,12; Swing Choir 11,12
MATTHEW FARRELL MENDEZ Soccer 10,11; SCA 11,12; Key Club 12

VIKI LILLIAN MENDEZ Field Hockey 10,11,12; NHS 11,12; Band 10,11, Drum Major 12 ANDREA LEE MERCER DECA 10, Sec. 11, Pres. 12; FBLA 10 JOHNNY ROWLAND MERCER, JR. Football 10,11; Baseball 10; VICA 11,12 MARK LEROY MILLER New Horizons 11,12

RAYMOND TROY MILLER Football 9,10,11,12; Baseball 9,10,11,12; Boys State 11; Model UN 11,12; Varsity Club 9,10,11,12 LAURA PAGE MILTON SCA 9,10, Sec. 12; Key Club 10,11,12; Field Hockey 11,12; Yearbook 12; Varsity Club 12 DEREK ELLIOT MOORE VICA 11, Pres. 12 GREGORY JOEL MOORE VICA 12; DECA 10

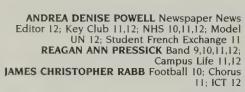
PATRICK BYRON MOORE STEPHEN WINSTON MOORE ICT 11,12 STEVEN KEITH MUNGO Most Valuable Chorus Member 11; Regional Chorus 11,12; Soundsation 12 SHANE ALAN MURRAY Tennis 11,12; Debate 9,10, Captain 11,12; NHS 10,11,12; Model UN

11,12; Tidewater Challenge 10,11,12

LANCE ROBERT MUSSER
JENNIFER LYNN O'DONNELL Varsity Field
Hockey 10,11; Junior Achievement 11
JEFFREY CHARLES OHLINGER JV Football 10;
Varsity Football 11,12



KEVIN WAYNE PANKOKE New Horizons 11,12; VICA 12 TRACEY ANN PARKER DECA 12; FBLA 12 KAREN ELIZABETH PARR Cheerleader 9,10,11; Gymnastics 10; Yearbook 12; Jazz/Show Choir 10; Varsity Club 10,11,12

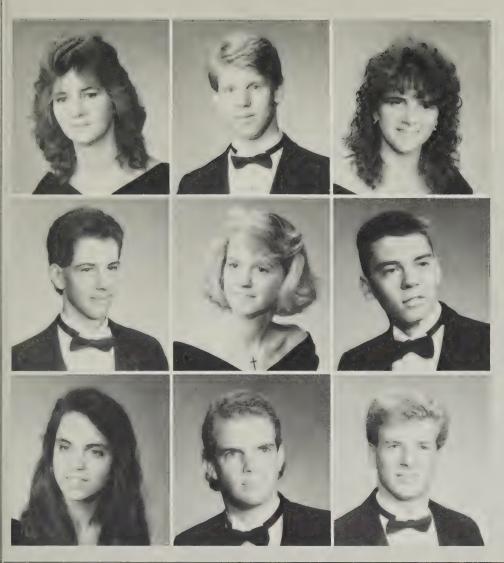




A Moment Together. Senior couples often face separation when they go to college. David Britt and Sherry Campbell shared a few moments together.

Spread the News. Lunchtime chats often center around college. David Willcox and Tom Kostoff discussed their plans for next year.





JO ANNE RATHBONE DECA Sec. 10, Program Chairman 11, Advanced Marketing 12 SEAN EDWARD RILEY VALERIE ANN ROBERTS DECA 12

RONALD ROBERT RODERICK, JR. DECA 11; VICA 12
MARY AUGUSTA ROGERS Thespian 11,12; Forensics 11,12; Drama 11,12; DECA 12
ERIC THEODORE ROHLES

LARA MELISSA ROHRER Newspaper Editorial/Opinion Editor 12; Model UN 12; Key Club 12; Senior Homecoming Representative TIMOTHY MARK ROHRER JOSEPH LEE ROLLINS Football 10,11,12; Varsity Club 11,12

on Voyage

Seniors make their departure

Clothes and other necessities of life recklessly scattered around your room. Numerous empty suitcases spread out on the floor just waiting to be filled. Sweat forms on the palms of your shaking hands as you begin to pack.

This scene is familiar to many seniors as they pre-

pare to begin a new life—college. Throughout the entire senior year, two of the most important events thought about are graduation and leaving for college.

A majority of seniors have mixed emotions about leaving for college.

Senior Heidi Carter commented, "I'm going to be

sad leaving my friends and the security of home. I'm excited about leaving to make new friends and to have more freedom."

College life portrays a fresh beginning and a whole new era in one's lifetime. The living environment changes along with the school work. New friends appear and tend to

remain for eternity.

"It will be exciting meeting new people, but I'm still nervous. The thing I'm most nervous or scared about is wanting to come home rather than leaving."

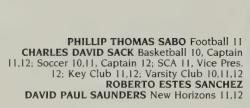
Finally, everything is packed and ready to go. Now it's time to say goodbye.

KRISTI JEAN ROSENGRANT FHA 10,11, Vice Pres.
12; DECA 12
JENNIFER SUE ROSS Newspaper 12
JOHN GRAHAM ROWE Football 12
LISA LYNNE RUTKOWSKI DECA 12; Softball 11;
FHA 9















JENNIFER JANE SAYRE Band 9,10,11,12; Jazz Band 10,11,12; Thespian Apprentice 9,10,11,12; Academic Challenger 10,11 SHERRI ELAINE SCOTT FBLA 12; FHA 12 DONNA LYNNE SHACKELFORD VICA/New Horizons 12 JEFF ARTHUR SHAFFER Cross Country 11, Captain 12, MVP 12; Track 10,11, Captain 12; Wrestling 10,11































i Ho! Hi Ho!

It's off to work seniors go

"Hey Michelle, do you want to go shopping after school today?"

"I can't, I have to work at three. How about Friday?

"Ok, that sounds better. I'll have my paycheck to spend."

"Yeah, me too."

For many seniors, afterschool activities and plans for the weekend have to be worked around employment. But for some, having these jobs enables them to have some extra spending money to do with as they please.

"I work at McDonald's for the extra money and I'm also too lazy to go out and look for a real job," said Eric Davis.

Jennifer O'Donnell works weekdays for the afterschool program at the Middle School. "I definitely work for the money. It is an awesome job because I don't have to work on the weekends or on week nights."

Jenny Ross works for Bi-

onetics in the afternoons.
"I have to work to pay for
my car and car insurance.
I also have to save some
money for college."

Some seniors work just to have the extra money, but others put their money towards car payments, clothes, and college.

"Michelle...Michelle... earth to Michelle?! There's a customer at the drivethru."

"Hi! Welcome to Wendy's. May I take your order please?"





Keep a Smile On. Waiting on tables can often be an exhausting task. David Stowell managed to keep a friendly smile on his face as he helped the diners at Apple-

Working for a Living. After school jobs are common among seniors who want some extra money. Cheyenne Hoadley devoted some of her extra time to her job at Farm Fresh.

n Our Own

Parents finally let go

"No drinking! No drugs! No loud music! No fast driving! And don't be out past 10:30!"

Those unforgettable words ring clearly in the ears of seniors as they heed their parents warning.

How many times have you heard this lecture before a Friday or Saturday night out? Did it shock you when, one eerie night, you escaped the weekly ritual with "Have fun?"

Independence! That is what they call it. Many parents are finally loosening the noose. Parents no longer need to hold their child's hand when going to an unchaperoned party. Senior Heidi Carter con-

firms, "I could never tell my parents about going to a party without getting the 'Third Degree.' I always got 'Where does he live? Are the parents home? Will there be drinking?' Now they just tell me to be careful and have fun."

Many seniors find their curfews are extended or

they don't have a curfew at all. Senior Matt Mendez comments, "In my freshmen year, I wouldn't have asked to go to a basketball game or even the mall, but now I can do what I want to do and go where I want to go. I have no curfew at all."

"Well, have fun, dear, and be careful."



Make the Choice. Independence usually goes along with being a senior. Doug Craig made his decision for his graduation orders.

What Time IS It? Later curfews are a special privilege granted to many seniors. Troy Miller and Matt Mendez checked to make sure they would be home on time.







On the Loose. The state wrestling tournament provides independence for many seniors. Kim Diggs and Julie Bartram enjoyed decorating their hotel room.



JEFFREY SCOTT STEELE Basketball 11,12; Football 11; Varsity Club 11,12; Campus Life 11,12; School play 12 AMY ELIZABETH STOAKLEY Pom Poms 11,12; NHS 10,11, Pres. 12; Forensics 9,10,11,12; Key Club 10,11,12; Model UN 10,11,12 PHILIP DAVID STOWELL Soccer 10,11,12; Wrestling 10 TRACEY MICHELE STROINSKI COE 12; FHA 9,10 JULIE ORCHARD STRUCK Newspaper News Editor 11, 12; Literary Magazine 12

LINDA MARIE JARVIK SVENSEN STEFANIE MARTINE SZUPEL Tennis 9,10,11,12; Yearbook 12; Key Club 12; Varsity Club 9,10,11,12 DOROTHY MARIE TASILLO Newspaper 9, News Editor 10, Editor-in-Chief 11, Managing Editor 12; Quill and Scroll 11,12 LAUREN AILEEN THOMAS Yearbook 12; NHS 12 ROBIN ANNE THRIFT Band 11,12; Forensics 12;

Thespian Troupe 11,12

CHRISTOPHER HOLMES TOPPING New Horizons 11,12
LORI RHEA TOPPING Band 9,10,11,12; Colorguard 11, Captain 12; Chorus 11; Swing Choir 12
CARLOS EGARDO TORRES JV Wrestling 9; JV Football 10; SADD 12; DECA 10,12
KARI ANNE TOWNSEND Basketball 10, Captain 11,12; SCA 9,10,11,12; JV Soccer 10; Varsity Club 10,11,12
JOHN TOMMY TRANTHAM, JR.

o Be Young Again

Recapturing past moments

3...2...1...Contact! This television show, along with such things as steal the bacon, square dancing and The Letter People are just a few memories shared by many seniors from their younger carefree years. Though the members of the class have come and gone, enough have remained through the years to recall many of the same things.

Some memories started in the good 'ole days of elementary school. Senior Andrea Powell clearly recalls playing tag at recess. "Either the boys would chase the girls or the girls would chase the boys. Then when you caught someone you could kiss him."

Senior Andrea Forrest fondly remembers the use of cootie spray. "I remember in the first and second grade that whenever a boy walked by, we'd

Strut Your Stuff. By participating in activities throughout the year, seniors gather many memories. Neil Gray enjoyed participating in the fashion show during Vocational Education Week.

shoot them with our imaginary cootie spray and yell, 'Oooo, gross!'"

Time will take the class from the carefree days of elementary school to the maturing years of middle school. Some students recall these years as some of their most special and memorable. It is this period of time when friendships change, more responsibility is demanded, and an interest in the opposite sex begins.

Senior Robert Henesey recalls his memories of the atmosphere of the Middle School socials. "Everyone else was afraid to dance so they would all get in a big circle around me and watch me do it."

Things change drastically for the class when they enter the new world of high school. It is here where perhaps the biggest and most vivid memories are created. This is the

time to enjoy lasting friendships, exciting activities and the preparation for college. These are cherished memories which the class will carry with them always. Senior cheerleader Becky Bradshaw recalls her first pep rally when the seniors were freshmen. "When we yelled, 'freshmen are you with us?' no one said a word. I could have died. Now things have definitely changed for us."

Yes, the seniors can often clearly recall those who touched their lives in a time that seems so long ago — including those who have moved on and those who still remain. Whatever the case may be, whether a student has lived here for a long time or is new to the school, each senior will leave with his or her own unique set of memories — memories that will last forever.



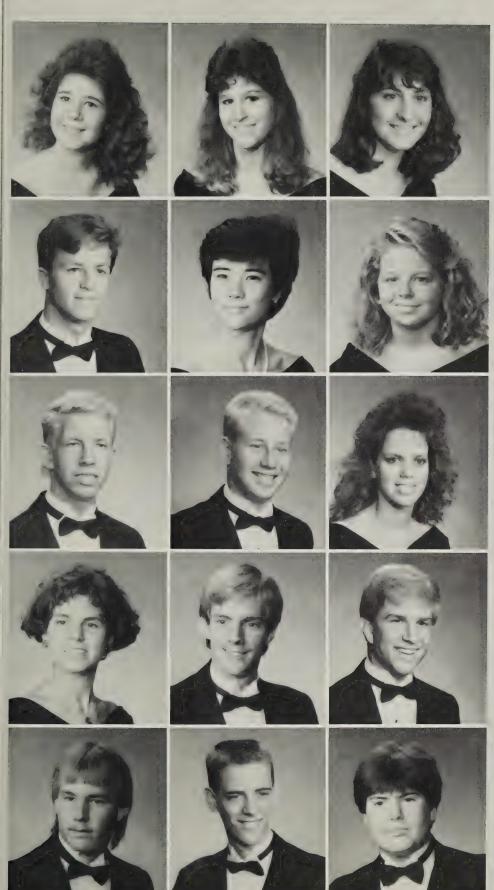












MICHAEL JOHN TRAVIS
DANIELLE LAURA TROMBETTA Field Hockey 10,
Captain 11,12; Key Club 10,11, Pres. 12; Softball
9,10,11,12; NHS 10,11,12; Who's Who 11
ELIZABETH KATE TUCKER DECA 11; New
Horizons 12
ANGELA BUCCI ULISSE Tennis 10,11; Junior
Achievement 10

ERIC HUNTER UMSTEAD JV Soccer 10; Varsity Soccer 9,11,12; Varsity Club 11,12
BRIAN ALLEN VANDEVENDER
AMI JEAN VANDEVENTER Band 9,10,11,12; NHS 10,11, Vice Pres. 12; Forensics 10,11,12; Key Club 10,11,12; Odyssey of the Mind 9,10
VICKI SUE VAUGHAN Majorettes 10,11; Campus Life 9,10

PAUL DAVID VERMILLION Football 11; ICT 12 MICHAEL KEVIN VERNALL Band 9,10 GREGORY DOUGLAS WALKER JV Football 10; Varsity Football 11; Gymnastics Mgr. 10,11,12; Track Mgr. 10 KARLA SHEREE WATKINS DECA Treas. 11, 12

ROBERT THOMAS WATKINS
JENNY ANN WATLINGTON Track 9,10; Cross
Country Mgr. 10; Cross Country 11; Varsity Club
9,10,11,12

DANIEL VICTOR WATSON Football 10; Band
9,10,11, Drum Major 12; Jazz Band 9,10,11,12
JAMES KEVIN WEIS Soccer 9,10,11,12; Campus
Life 12

JEREMY BRANDON WEST Football 12 ROBERT CRAIG WEST ICT 12 DAVID WILLIAM WESTERFIELD Basketball 10,11,12; Track 10,11,12; Cross Country 11,12; Band 9,10,11,12; Jazz Band 10,11 TAD ANDREW WESTON Band 9,10,11



Shine On. Face paint is a popular Homecoming tradition, along with togas. Angela Bonner and Heather Firman watched the activities as they enjoyed their last Homecoming pep rally.

JEREMY MILTON WHITE New Horizons 11,12; VICA 11,12 STEVE ALPHONSO WHITE Wrestling 9,10,11,12; Track 9,10,11,12; Football 9,10; Band 9,10,11,12 MICHAEL LOUIS WIKA VICA 12 DAVID MICHAEL WILLCOX Tennis 11,12; Debate 11,12; Forensics 11,12; Model UN 11,12; NHS 10,11,12 ALLEN DALE WILLIAMS, JR. ICT 11,12

DALE RAEFORD WILLIAMS Baseball, Most Valuable Hitter 10, Charlie Hustler Award 11, Captain 12 DANA ELIZABETH WILLIAMS New Horizons 12 MELISSA DAWN WILLIS NHS 12; Academic Bowl 11; Model UN 10,12; Yearbook 11; Governor's School 11 BERNADETTE CORAL WILSON Band 9,10,11,12; Thespian Troupe 9,10,11,12; Forensics 10,12; Jazz Band 11,12; SADD 10,11 JOSEPH GIBBS WORNOM Model UN 12

HUNTER WAYNE WORTHAM Football 10,11,12; Basketball 10,11,12; Track 10; Varsity Club 11,12 JASON YINES XINOS FLORENCE ANNE YATES FHA 11; Chorus 11, Treas. 12 PAULA JEAN YOUREY Cross Country 10,11,12; Track 10,11,12; NHS 10,11,12; Key Club 11,12; Newspaper Feature Editor 12



one Are The Days

Missing special times

Farewell to the familiar hallways, faces and lunchfood. The year is slowly coming to an end, and you can't help but think back and say, "I'll really miss..."

Graduation is an event that is greatly anticipated by seniors, but at the same time they realize that there are many aspects of their high school lives that will never be the same.

Paula Yourey said, "I'll miss knowing everybody around me. I won't know anyone when I'm at college."

Those simple things we enjoy now will be different in the days to come, such as who we eat lunch with, ride to school with, and attend classes with.

Randy Davis will miss the familiar feeling of being able to sit at lunch everyday with all of his friends from his years in high school.

"I'll miss going out to breakfast at Hardees with my friends every Friday morning before school," commented Deb Katz.

In spite of all the fa-

miliar things the seniors will miss, many new and exciting experiences lie ahead. However, the memories of carefree high school days will live in their hearts and minds forever. Scott Arrowood summed his and many other seniors feelings up by commenting, "I'll miss the whole senior class!"











Not pictured
Brian Campbell
Ian Frazier
Anne Frost
Chris Fuller
Heather Insley
Kyle Kuchinsky
Chris Meadows
Kenny Riddle
Mike Sulzberger
Brandon Wade
Bob Walter
Beverly Weaver





Mmm Mmm, Good. Although school lunches are unpleasant for some, many find them enjoyable. Daniel Kunkle cleaned his plate while Joseph Wornom settled for a Pepsi.

Put on a Happy Face. Students never complain about having extra time during class. Scott Arrowood enjoyed his time to unwind in Mr. Dave Nelson's government class.

Kimberly Abell, 11 Steven Adams, 11 Dana Adkins, 10 Larry Adkins, 9 Jennifer Aiken, 10 Robby Akers, 10 James Alexander, 10 Jill Alexander, 11 Steven Alexander, 10 Steven Alexander, 10 Jason Allison, 11 Phillip Ambrose, 10 Samuel Ammons, 11 Lisa Anderson, 10 Timothy Andres, 10 David Andrews, 9 Amy Ankeney, 9 John Apelt, 9 Hope Arrowood, 9 Michael Ayer, 11 Patricia Bailey, 11 Nicole Barber, 11 Jenny Barden, 10 Kelly Barrett, 11 Lori Barrett, 10 Sherry Baugh, 11 Trisha Begor, 10 Scott Bender, 9 Clayton Bennett, 10 Kerry Bennett, 10 Robin Bennett, 9 Nathan Bernache, 10 Scott Bias, 9 Jennifer Biggs, 11 John Blake, 9 Paula Bolden, 10

Capture the Moment. During a quick change of classes, juniors Andi Meredith and Shawn Nadeau find time to chat with each other.



Dlaying The Field...

Or one on one — you decide

"Hey, did you hear about Brian and Christy?"

"Yeah, I can't believe they're going out now!"

Everyone has heard a conversation like this, and many have been the subjects of these conversations. It's one of the school's hottest topics: who's dating whom.

Some people enjoy the variety of dating a lot of different people, while others prefer going out with only one special person. Both groups of people have their reasons.

Junior Amy Forrest stated why she likes to

date different people. "You don't get into a routine when you date different people, so you don't get bored with one guy. It helps you enjoy high school more."

Freshman Janine Wilson said, "It's more exciting getting asked to a dance by someone you weren't expecting to ask you."

Other people like the intimacy of a closer relationship. Sophomore Tara Williamson stated, "When you go out on a regular date it's more as friends, but with a boyfriend it's special."

Sophomore Dawn Wilson agrees. She remarked, "I like to be close to someone I can really talk to."

Betsy Borders, junior, gave her opinion of why she enjoys having a boyfriend. She said, "You don't have to always impress your boyfriend. He likes you as you are, so you don't have to look spectacular every time you go out."

Sophomore Kirstie Keddell also commented about the lack of worrying over getting a date for dances when you are going out with someone. Kirstie said, "You don't have to worry about what you're going to do on weekends, either."

Whether you have a boyfriend or girlfriend or you just date different people, there are pros and cons to each. It's up to the individual, whatever their choice may be.

"Did you hear about Brian and Christy?"

"No, what now?"

"They've broken up and decided that they'd date other people."

What is the most original date you have ever been on?



Junior Terri Van Meter — "After a dance my boyfriend and I went to the baseball field and talked. We froze to death, but it was fun."



Junior Brooks Holder — "Instead of taking my Ring Dance date to a nice restaurant to eat I took her to McDonald's."



Junior Betsy Skora — "For Valentine's Day I made dinner for my boyfriend. We had heart shaped pizza, on china, by candlelight."



Keep On Smiling! Even during a studious schoolday, juniors Tina Meyers and Tyler Howard maintain happy faces. They helped each other to ace an English quiz with ease.

an You Hear It?

The spirit is loud and clear

Class Pride...It Shows! On Homecoming pep rally day, junior Kristi Hamrick supports her class by painting her face in the school's colors. Kristi's spirit showed throughout the entire week by dressing to the designated day.



Spirit rages through the school. People filled with excitement race through the halls. Chants echo inside the gym. Can this scene really exist? Can the school we grew up in really have spirit? What could be the cause of it?

Sophomore Michelle Guthrie suggested, "The seniors lead the rest of the school. Everyone wants to be like them."

Another sophomore, Evan Bryant, added, "The students are a lot more enthused with the sporting events because we are more competitive and are winning more." Whatever the reason, spirit is definitely on the rise.

The excitement in the stands with the fans screaming, yelling, and cheering the players on, also seems to have grown this year. Wherever the teams travel the fans seem to follow. One such fan, junior Craig Merrell, said, "People want to have fun and they are not worried what other people think about them. They just want to see another victory."

Another change is the sudden interest of the

freshman class. People are in awe over the enthusiasm expressed by this new class. One freshman, Diana Pope, explained some of this spirit, "It was something to be proud of, so we weren't ashamed to be freshmen."

Freshman John Apelt said, "We really didn't know how to act, so we followed everyone else, had fun, and kept on doing it."

The excitement carries throughout the classes and almost everyone seems to be catching it. Watch out, you might catch it too!

Cassandra Bonner, 10 George Booth, 10 Betsy Borders, 11 Christopher Bowden, 10 Jennifer Bowden, 11 Susan Bowen, 9 Chad Boyer, 10 Lisa Brackett, 11 Elizabeth Bradley, 10 Gary Bradway, 11 Keith Brandal, 10 Lisa Brandt, 10 Thomas Brauer, 9 Christine Breed, 11 Jay Breedlove, 9 Brandon Bridgman, 9 Catherine Brigham, 10 Dana Brodersen, 11 Douglas Brown, 11 Juliette Brown, 9 Robert Brown, 10 Todd Bruce, 11 Nicole Bruney, 11 John Bryant, 10



What a Show! Junior Crystal Griffith watches as the pom poms perform their routine in the Homecoming pep rally.

On the Warpath! Varsity football player Bubba Ferguson paints his face with pride before the Homecoming football game. Bubba helped his team defeat Arcadia 15-8.





Brad Buckingham, 11 William Bull, 11 John Bunting, 10 Bobbie Burns, 11 Denise Busang, 11 Charles Butler, 11

Christopher Butler, 9 Timothy Butler, 10 David Butts, 9 Christina Byard, 11 John Byars, 9 Kellee Campbell, 10

John Cannella, 9 Theresa Cannella, 11 Christy Carmine, 11 Edmund Carson, 9 Carol Carter, 9 Craig Carter, 11

Nicole Carter, 9 Robert Carter, 11 Julie Casey, 10 Bridgette Catlett, 11 Andrew Chambers, 9 Rebecca Chambers, 9

Shannon Chapman, 10 Robert Check, 10 Dawn Chestnut, 9 Marny Chik, 10 Denice Clark, 10 Lori Clark, 11					2	0
Megan Clark, 9 Brian Claussen, 10 Glenn Claussen, 10 Kristina Clifford, 9 Adrienne Coates, 9 Kristen Cockrell, 10				A		
Kevin Colangelo, 11 Samantha Compton, 11 Michael Cone, 9 Lori Cone, 11 Charles Conway, 10 Michele Corn, 11		Q		A		
Troy Cotton, 11 Scott Cox, 9 Janel Crawford, 10 Rebecca Crawford, 11 Clifton Credle, 11 Brian Cross, 10	B					
Elizabeth Cyr, 9 Theresa Cyr, 11 Michele Dade, 10 Heidi Daniels, 9 Sabrina Darlington, 9 Jeffrey Davis, 9	A					
Kristine Davis, 9 Samuel Davis, 9 Courtney Delk, 11 Brian Dexter, 11 Joseph Dickinson, 11 Chad Dickson, 10						
Denise Diggs, 9 James Diggs, 11 Thomas Diggs, 11 William Diggs, 9 Kimberly Dorsey, 10 Shannon Dunn, 10						
Jason Duty, 10 Reva Edmondson, 10 Amy Edwards, 10 James Edwards, 10 Brooke Egan, 10 William Elliott, 9						
Tara Emerson, 11 Mimi Eng, 9 Stefanie Engstrom, 1 Jeffrey Eshbaugh, 9 Don Evans, 10 Patrick Everett, 9		A	9	9		
Kwok Fan, 10 Wai Fan, 9 Kenneth Fasanella, 9 Michael Fay, 10 Lester Fergunson, 11 Monica Finch, 11		8				



Helping Out. To make money for the band trip, sophomores Patrick Everett and Darren Kirsch help unload oranges. The money went for their spring trip to Myrtle Beach.

Sweet Tooth. Selling candy bars is a big money maker for many organizations. Junior Susan Heard helped her chorus class earn



Adapting In The Dough Money is a necessity in school life

"Does anyone want to buy a candy bar?"

"Get your face painted here!"

"Buy a mum for a sweetheart!"

"Funnel cakes for sale!" These are common statements made by those who are desperately trying to raise money. Classes, clubs, and even sports teams are taking part in fundraisers to earn money. The reasons range from the Prom to sweats or banquets, and groups are doing anything to raise

At the Seafood Festival,

money.

the junior class raised money for their treasury by helping to sell funnel cakes. Tina Meyers stated, "Selling the funnel cakes was a very worthwhile fundraiser for the junior class. It helped us earn money for the Prom."

The projects not only seem to be worthwhile, but also fun. The girls' basketball team took part in parking cars at the Seafood Festival so they could buy team sweatshirts. Junior Amy Tyndall, a member of the team, said, "It was a fun experience while we earned money for our sweats."

Homecoming week seemed to help many groups raise money. The sophomores took advantage of this week by painting faces on the day of the pep rally. The freshman class sold homecoming mums for their treasury. Debra Rice commented, "Selling the mums also helped promote school spirit, not just raise money, since a lot of the teams bought them."

Selling candy bars is a common fundraiser with the students. Junior Julie Stratton, a member of the

FHA stated, "It's nice to help the FHA raise money since it goes to help our banquet at the end of the vear."

The band takes its share in money-making also. They sell anything from oranges to pizzas. Junior Brian Sander commented, "I like the fact that it earns us money to go towards our spring trip."

Many positive aspects seem to come from having fundraisers. So the next time one comes up, remember, it is for a good reason and can be a lot of fun.

Neil Firth, 11 Quita Firth, 10 Shannon Firth, 10 Timothy Firth, 10 Virginia Firth, 9 Keith Fisher, 9

Stephanie Forloines, 9 Amy Forrest, 11 Crosby Forrest, 10 Daniel Forrest, 10 David Forrest, 10 Frances Forrest, 9

Donald Forrest, 9 Jerry Forrest, 10 John Forrest, 9 Mary Ann Forrest, 11 Ilene Forrest, 11









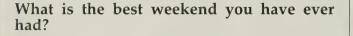














Junior Tina Meyers — "I went to Hawaii with my family. I was snork-eling and came face-to-face with an



Junior Sherry Baugh — "State wrestling weekend in February is the best. A lot of people are there and we always do great."



Junior Ilene Forrest — "One weekend I went to New York to visit my dad. It was fun walking in Central Park and shopping at 5th Avenue."

> Time to Relax. Junior Patrick Pierce enjoys playing golf to pass his time before the weekend. Patrick played an eighteen-hole course at Langley Air Force Base.





Brian Forsythe, 9 Theresa Fowler, 11 Deanna Foy, 9 Brian Frahm, 9 Gregory Frahm, 11 Nick Franks, 11

Robin Frazier, 9 Craig Freeman, 11 Darrell Freeman, 11 Stephen Freeman, 11 Tucker Freeman, 10 Heidi Funk, 11

Hope Gardner, 9 Christopher Gibbons, 9 Hopie Gibbs, 9 Kimberly Gilbert, 10 Margaret Gilbert, 9 Nathan Gillespie, 11

he Countdown Is On...

And the weekend is almost here

Your head explodes with the buzzing of your alarm clock. Your mind is groggy after knocking over your bedside table while trying to silence the disturbing noise. And then it hits you like a ton of bricks — it's Monday and a whole week of school awaits you. Trying to calm yourself, you think about the day that you can gladly yell, "Thank God it's Friday!"

The beginning of the week starts a countdown for many students, even

though Friday seems like an eternity away. The thoughts of the weekend to come, however, comfort many. Freshman Tracy Murray states, "Just knowing that the weekend is coming and thinking that I'll be going out with my friends and boyfriend makes the week livable for me."

Others remember past experiences to encourage them during the week. Junior Janice Lee says, "Writing to or calling my friends I met at camp this past summer really helps me make it through the week when I'm just about to go crazy."

There is much work involved for a student in a week's time. This can really wear out a student by the end of the week. After completing all work, it seems to make the weekend much better. "I think about finishing all my homework and getting ready for the weekend," comments freshman

Daniel Phillips.

Sophomore Karen Shields created a theory. She states, "If you work hard during the week and play hard on the weekend, then you'll be alright."

So no matter what method you use to try to make it through yet another week of school, remember that Friday is at the most—five days away.



Computer Mania. In computers class, junior Mark Vlaun struggles to figure out a math program. He was successful—with a little help from his classmates.

The Ultimate Excuse Do you have any new ideas?

Excuses, excuses, excuses. Many different situations deserve excuses. From being late to school to being tardy to class. Do they help or hurt?

Being late to school is just one obstacle students face during the year. Some are lucky enough to have very generous parents who will write a legitimate excuse, but most need the help of a creative mind. As junior Robin Struck explained, "I'm late a lot because I oversleep and sometimes the nurse won't write me a note. So, I have

to give her a better excuse than 'I overslept'."

Sometimes if what you are saying is true, it can be very frustrating if no one believes you. Junior Ryan Butler said, "One day I was late to school because a guy chased me to school and punched out my window. When I finally got there, my teachers didn't believe what happened."

Another junior, Brooks Holder, stated, "One day it was raining really hard and I waited for it to clear before I got out of my car. It took me about ten minutes to walk through the field because of the mud and water. I was late and I got Saturday school because no one believed my story."

People who are tardy to class usually have to be quick thinking if they want to try and get their way out of a tardy. Teachers sometimes do not understand that you have to see that one special person walk by or tell your best friend just one more thing.

Junior Troy Smith said, "I was out in the hall talking to a friend when the

bell rang. When my teacher asked where I was, I told her I was talking to another teacher. She checked up on me and found out I was lying and sent me to the vice-principal. I wound up with Saturday school for being just ten seconds late to class."

If you use an excuse that is not true, make sure it sounds believable. Maybe if you are lucky, everything will go right and you will get away with it. Just this once.





Hurry Up! While trying to beat the bell, junior Neil Lambiotte searches through his ransacked locker to find his necessary books. Neil made it in time to his next class with even some time to spare.

Not Again. After arriving late to school, junior Julie Stratton passes her time in the commons before going to her next class. Students were not permitted to enter a class after it had begun.





Tracy Haugen, 10 Robert Hawkins, 11 Mimi Hayes, 11 Angela Healy, 9 Glenn Healy, 9 Susan Heard, 11

Gordon Helsel, 11 Marcella Hess, 9 Kevin Heyman, 11 Brian Hickman, 10 Cynthia Hicks, 10 Jill Higgins, 11

Eric Hill, 11 Brian Hirsch, 9 Julie Hisle, 10 William Hoback, 11 Kirsten Hoehler, 10 David Hogge, 10

Michael Holcomb, 11 Brooks Holder, 11 Barbara Holland, 11 Audrey Holloway, 10 Daniel Holloway, 9 Jared Holloway, 9

John Holloway, 11 Edward Holloway, 9 Robert Holloway, 9 Sandra Holloway, 11 Thomas Holloway, 11 Dorothy Holt, 10

Tyler Howard, 11 Bradley Huddleston, 11 Nanci Huggett, 11 Andrea Huggins, 9 Shelby Hunt, 11 William Hunt, 10

Holly Hunter, 9 Michelle Iacobucci, 11 Amy Insley, 9 Candice Insley, 10 Charles Insley, 10 Kimberly Insley, 9





Pumping Iron. The wrestlers take every opportunity to work out. Junior Clifton Wilson worked to strengthen his muscles for an upcoming quad.

Hobbling Along. A field trip to Washington D.C. excited many students. Junior Travis Rice had trouble keeping up with the others because of a basketball injury.





Nicole Insley, 9 Casey Irwin, 11 Benjamin Ivey, 11 Bonny Jackson, 9 Rosemary Jensen, 9 Kristin Johanson, 9

Elizabeth Jones, 10 Jeffrey Jones, 11 Jennifer Jones, 10 Lisa Jordan, 11 Thomas Jordan, 10 Donald Joyner, 11

Mark Kain, 9 Angela Kaufman, 10 Kristen Keddell, 10 Kelly Kennedy, 10 Connie Ketterman, 10 Michael Kirkman, 10

Fate Throws A Curve

One mistake is all it takes for an accident

"No pain, no gain!" That is how the saying goes. It sometimes seems students are out to prove the theory correct.

Many students involved in sports know that injuries happen all the time. Varsity wrestler Joe Land, a junior, proved he can take the pain. In a district match against Tabb, Land, who already had a nose bleed, seriously cut his eye on his headgear.

"Our coaches wrapped my eye and head, and then stopped the nose bleed. I wore a mask to finish the match," said Joe. He later received seven stiches, but still attained a victory, injury and all, by a decision, 7-2.

Many athletes are held back completely from competition due to injuries. Freshman Robin Bennett, a member of the gymnastics team, said, "I was on crutches for two weeks and out of meets for four weeks after spraining my ankle."

Sports practices or competitions are not the only places that injuries occur though and may be a little less serious. Varsity cheerleading captain Sherry Baugh, a junior, recalls memories of chocolate pudding wrestling at the Battle of the Bods and said, "Everytime we were

Take That! It is no accident that cheerleading captain Sherry Baugh pounds her Tabb wrestling opponent face first into the chocolate pudding. The referee declared Sherry the winner.

winning they would bite Becky Bradshaw and me. It hurt!" Both Sherry and Becky surprisingly survived the match and were announced victors over their Tabb wrestling opponents.

Whether or not it is a case of calling 911 for an ambulance or getting a band-aid to cover a scrape — injuries are a part of everyday life with everyday pain.



Holding Down A Job Part time hours can add up

What do you do with your spare time? Do you shop? How about a movie? Go out to eat?

Whatever you do, you will probably see a teenager working there. Many teenagers get into the work force for the money and job experience.

Junior Sherry Baugh comments on other job benefits, "I love shoes, so it's good that I work at Rack Room Shoes because I can get a discount on them."

Vanessa Patterson, a sophomore who works as a lifeguard, agrees there are benefits to her job besides the money. "It's not a hard job. You can swim, enjoy the weather, and get a great tan."

Jeff Lamprecht, a junior working at Farm Fresh said, "It's really easy to bag groceries. I work with my friends and it's here in town."

"I got up at four in the

morning every day! I hated it even though I made \$10 an hour," said junior Jamey Diggs about fishing for his father over the summer.

Many students find it difficult to fit a job into their schedule. "I don't have time to work, wrestle, and do my other activities. I don't want to get a job over the summer either," commented sophomore Robert Check.

Robbie Townsend, a

freshman who is not old enough to get into the work force says, "I would rather do odd jobs than go to work at a specific time. Besides, most teenagers only get paid \$3.35 an hour — minimum wage!"

Whether or not you decide to get into the work force, there will always be a Help Wanted sign or an add in the paper for a job.

What is the funniest mishap you have had at work?



Junior Amy Miller — "While serving a tray of drinks to some ladies from Poquoson, I dumped the drinks all over myself and some of the ladies."



Junior Tyler Howard — "When I was lifeguarding, these little kids were playing and one kid floored another kid's shorts so he was buck naked."



Junior Eric Hill — "A customer threatened to beat up the cashier and bagboy at Farm Fresh for overpricing him \$10."

May I Help You? This is a common question asked by junior Brad Gillespie while working at For Yogurt's Sake. Brad's job supplied him with extra money.





A New Experience. This is what junior Kristi Hamrick thinks of her after school job at LaVogue in Coliseum Mall. Selling shoes took up many of her hours.

It's Easy As 1-2-3. Working the checkout at Farm Fresh, junior Patti Bailey rings up her customer's groceries. Patti worked hard to earn her paycheck.



Larry Kirkpatrick, 10 Darren Kirsch, 10 Kevin Knapp, 11 Karen Kolet, 11 Kristin Kolet, 9 Dolores Kreiger, 11

Jennifer Kreiger, 9 Bruce Kreiger, 11 Gregory Krueger, 10 Chantel Kuchinsky, 10 Todd Lackey, 11 Neil Lambiotte, 11

Jeffrey Lamprecht, 11 Brenda Land, 9 Joseph Land, 11 Rebecca Lang, 11 Susan Lang, 9 Janice Lee, 11

Jonathan Lemmons, 9 Joy Lemmons, 10 Crystal Lemmons, 11 Shannon Leonard, 9 James Lewis, 10 Jeffrey Lindberg, 9

Allen Little, 9 Alystra Little, 11 Ronald Little, 11 Casey Lobach, 9 Amy Long, 11 Darren Loomis, 9

Tara Loomis, 9 Tracy Louk, 9 Victoria Lutz, 10 Carey Lyon, 10 Lori Maggio, 10 Tara Mallynn, 11



t Is Our Time To Turn

Juniors receive their class rings

Excitement and confusion suffocated the air. It seemed like an eternity.

Juniors were called down in alphabetical order at the end of third hour. Everyone rushed to be first in line, and to greet the smiling faces of Herff Jones representatives.

After having the ring fitted on the correct finger by a representative, the juniors scattered everywhere to get their friends to begin the turning tradition.

Each person was given a

memorable keepsake paper. This was used to remember the people who turned their ring and in which order.

Some people had certain numbers reserved for their best friend, mom, or teacher. Then to some, all that mattered was that they would have theirs turned 89 times, so it could be locked for the 90th time at the long-awaited Ring Dance.

Each ring was as distinguished as the next, There were many different col-

ored stones, cuts, and styles. Some juniors did not receive their ring through Herff Jones. Kristi Hamrick stated, "I didn't want to get my ring from the school because I wanted mine different from eveyone else's and I didn't want to wait as long."

Many expressed their happiness throughout the day. Mike Ayer said, "I was excited. I knew my ring was going to fit and I was satisfied. I also knew my ring was going to look good since a friend had the same stone."

Alystra Little said, "I was counting down the days. I was so excited when they came in. I couldn't wait. It was great getting everyone to turn it."

Dissatisfaction was also expressed. Neil Lambiotte replied, "I didn't expect much because I knew my ring would not fit."

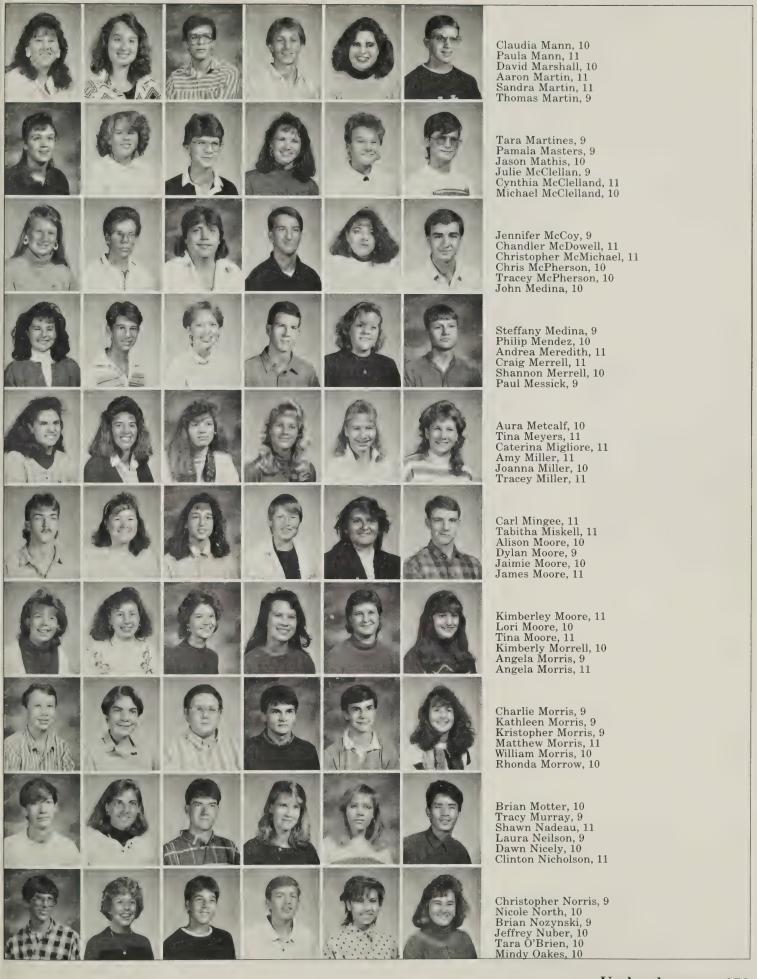
Receiving a class ring helps to look back on the past and remember the good old days.



Oh What a Sight! Before Ring Dance, juniors Christie Harris and Amy Miller with their dates, seniors Vinnie Gallerani and Eric Umstead, eat at Nara's of Japan. The fire on the hibachi amazed them as they watched their food cook.

A Token of Remembrance. After patiently waiting in line, junior Amy Tyndall receives her class ring while junior J.J. Jones watches. She was only one of many who ordered a school ring.





Surprise! Sophomore Dawn Varner receives a balloon bouquet for her birthday. She never dreamed her friends would have them sent to her.

Big Dreams. On a field trip to Washington D.C., students visit many places. Juniors Eric Hill, Neil Lambiotte, J. J. Jones and Basil Yang have high hopes to work in such an important place.







Pinch Me. Am I Dreaming?

Anything goes when you close your eyes

The morning alarm pounds in your ear. You open your eyes to see your pillow and bedspread are on the other side of the room. Your sheets are damp from the cold sweat covering your body. Trying to calm yourself, you think, "It's only a dream."

Many dreams are created by anxieties of a certain event. "The day before a match, I dreamed the officials got the weight classes mixed up and they made me wrestle a heavy-

weight. He squashed me flat," said sophomore Robert Check.

Other dreams often involve famous people. Junior Teri Van Meter remembers, "I married Tom Cocktail Cruise and we went to the Bahamas for our honeymoon."

Strange things can happen when you are dreaming. Some dreams can be linked to accidents and ESP. "The day before Karen Shields broke her arm, I dreamed I did the

exact same stunt and broke mine," commented junior cheerleader Sherry Baugh.

Although there are fantasies we would like never to forget, there are also some we would love to forget. Sophomore Dory Holt recalls dreaming of the Battle of the Bods. "I got in the ring of pudding and instead of wrestling the Tabb cheerleaders, I pigged-out in front of everyone and gained 250 pounds."

Once you close your eyes, you will never know what weird and senseless things you will think. Junior Jamey Diggs said, "I thought I was the President and I passed laws commanding women to do all the cooking and cleaning. It was great."

Chad Boyer, a freshman, recalls, "I dreamed I had ten twin brothers."

So when you awaken in the middle of the night, remember, "It's only a dream."

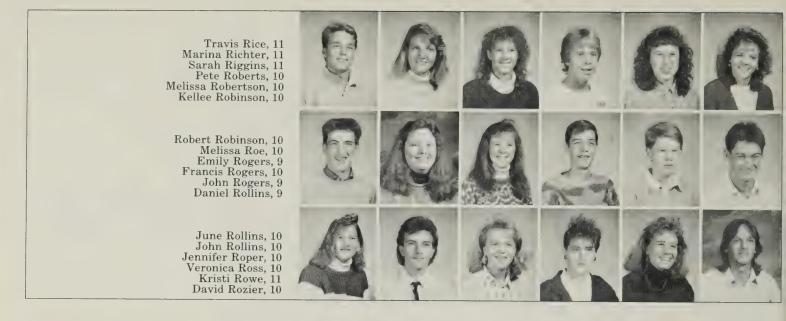


Kevin Phillips, 9 Kevin Phillips, 10 Tracy Phillips, 9 Patrick Pierce, 11 Mimi Pinner, 10 Diana Pope, 9

Benjamin Powell, 9 Charles Powell, 10 Kevin Powell, 9 Marshall Powell, 9 Rynn Pressick, 9 Margaret Pretlow, 10

Sherry Price, 11 Emily Pritchard, 10 Brendon Prostko, 9 Kelli Purdy, 9 Francine Putzulu, 9 Shantil Putzulu, 11

India Quillin, 10 Shawn Quinn, 9 Thomas Rew, 11 Dana Reynolds, 10 Nicole Rezek, 11 Debra Rice, 9



Behind The Wheel The freedom of driving comes with age

Receiving a driver's license is one of the most important occurences in a person's high school career; one that everyone eagerly awaits. Everything leads up to that one moment when you have your keys in your hand and your license in your pocket.

But a license is not only a document that allows you to drive, it is also a permit for greater independence and responsibility. Junior Melissa Robertson stated, "After I got my license I became the family's chauffeur. But I also

had more freedom."

Junior Alystra Little also commented, "When I got my driver's license I could go anywhere I wanted to any time. It's convenient."

The road to getting a license is not always as easy as most people want to believe it is, though. Sophomore Holly Cox said, "When I was taking my DMV driver's test I ran my mom's Corvette up onto the curb. I still passed."

Some people are not so lucky. Junior Kristi Hamrick said, "I failed my first driver's test. I ran one red

Want a Ride? Sophomore Jon Goldey is offered a ride by a chauffered limousine. His mother sent the limo on his 16th birthday to take him to DMV for his drivers' license.

light and turned left when I was supposed to turn right. I passed it the second time, though."

The school's behind-thewheel course is another way a person's driving abilities can be tested. Junior Jamey Diggs told one of his driving moments. "I was making a left turn on Mercury into the oncoming traffic on the wrong side of the median," he stated. "My quick reflexes saved our lives. Mrs. Pauls commended me on my ability to recover."

Not all people are per-

fect drivers after they pass their tests. Sophomore Danny Forrest explained, "Homecoming night I went down a one-way street the wrong way. I was scared another car was going to hit me headon. It was my dad's Mustang."

It is all worth it when your birthday arrives and you turn 16. All the torture and humiliation you went through comes down to that moment when you receive your license. So, just to be safe, keep your eyes on the road and your feet on the brake.





Kelley Rozier, 10 Gregory Rudy, 9 Scott Rudy, 10 Chasity Ruehl, 9 Vince Rumbough, 11 Angie Rutkowski, 11

Cynthia Rutkowski, 9 Maureen Sack, 9 Christi Samos, 9 Brenda Sampe, 9 Bret Sampe, 10 Brian Sander, 11

Kimberly Schlosser, 9 Dawn Schwengels, 9 Johnny Scott, 9 Kellie Seal, 11 Suzanne Seligman, 9 James Shackelford, 10



What is the most embarrassing incident you have had while driving?



Junior Patrick Pierce — "My friends and I hit a cement block, became airborne, landed in someone's yard, and slid through the garden."



Junior Nick Franks — "My car would not go in first and I had to drive home in reverse. I had to use my hazards and I held up about a mile of traffic."



Junior Dori Krieger — "One night Robert Henesey was hanging off the side of my car. He fell off and I thought he was dead."

Going Home! The school bus offers daily transportation to freshman Eddie Wicker. Like most students he awaits the day he can drive.



A Creative Mind. That's what junior Betsy Borders uses to create her unique art projects. Betsy spent many hours making her pen and ink design perfect.

Mary Shackleford, 9 James Shaffer, 9 Laura Shafferman, 10 Clinton Sharp, 11 Robert Sharp, 9 Kristen Shaw, 9 Karen Shields, 10 Victoria Sills, 10 Troy Simpson, 11 Jared Sinclair, 10 Emory Singer, 9 Angela Singleton, 9 Amy Sivacek, 9 Teresa Sivertson, 10
Betsy Skora, 11
Jennifer Slaton, 9
Linda Sluschewski, 11
Andrea Smith, 11 Christopher Smith, 10 Diane Smith, 11 Gaelle Smith, 10 Heather Smith, 10 James Smith, 9 Jason Smith, 9 Michael Smith, 9 Sandrine Smith, 11 Tiffany Smith, 9 Troy Smith, 11 William Smith, 9 Lisa Smithley, 9 Christina Snapp, 10 Michael Snapp, 10 Sheryl Sonnenberg, 10 David Sonson, 9 Caroline Soova, 9 David Sowder, 10

hat's In? What's Out? It's all up to the individual

Individuality is what separates us from each other and makes each one of us unique. What better way is there to express this than with what we

Clothes can help make a person. They reveal what a person thinks and how he feels. People dress the way they feel most comfortable, and sometimes, to look fashionable.

Making a fashion statement with the clothes a

person wears can help relay a certain message to other people. For some, wearing basic faded blue jeans and a sweat shirt makes them feel relaxed and casual. For some other people, they like to dress up all the time, no matter where they go.

Personalities can also be characterized by the colors of the clothes that are worn. Black, grey, taupe and brown are somber colors. On the

other hand, bright colors such as red, pink, and yellow may help express happiness, or a carefree attitude.

"I think people should wear what they feel comfortable in or what they feel suits them best, not just what they think other people want them to wear," states sophomore Mimi Pinner.

Peer pressure can be a factor over what people wear. Sometimes not

wearing the current styles or shopping at the popular stores can make a person different from the rest.

Junior Sherri Perok says, "I feel that fashion plays a big role in people's lives because it determines the type of person you are, and sometimes it determines the type of mood vou are in."

Fads and fashions come and go, but each individual will continue to wear what best fits his or her image.

You've Got The Look! Smiles add to the outfit. Chosen again to represent her class, sophomore Mimi Pinner and her escort Robert Check were presented to the crowd during halftime of the Homecoming game.



Getting A Fresh Start There's a first time for everything

Summer is over... Everything is new. Your hands are shaking, your throat is dry, you don't know where to go — you're a freshman!

Everyone's a year older but you feel like it's your first day of school — all over again. The sophomores are older now, they are more experienced and more confident. Now it's their turn to ridicule the new kids.

The juniors are thinking about class rings and Prom. The seniors are anticipating graduation and Beach Week. But as a freshman, you have to face it all — the unknown — for the first time.

Entering the commons you are in awe of your new surroundings. You have gone from "the big eighth graders" to the bottom of the totem pole. It's life.

"I felt intimidated by the older kids, even though I knew some of them," stated freshman Maureen Sack, when asked about her idea of coming to high school.

What should I wear? Who's in my first hour class? These are some questions asked by apprehensive freshmen before the first day of school. Freshman Lori Witt showed her reaction with the statement, "I was nervous, mainly because everyone was older than I was."

It is hard to be the youngest, the smallest on the team, and the one that everyone looks down upon. Sophomore Trisha Wissinger recalls, "I didn't know exactly where to go, I couldn't believe how tall everyone was!"

Being a freshman

wasn't all bad, though. Remember how it felt to finally reach high school? Eric Hill, a junior, remembers, "I liked the new freedom of high school, not being watched over constantly."

Your freshman year was also the first year you were able to go to a semiformal dance. At Homecoming you had a perfect date and the best time.

In all, your first year in high school turned out pretty well — it was just the first day that was awful!

Elizabeth Spencer, 9 Matthew Spencer, 10 John Spitler, 9 Tracey Spruill, 10 Cheryl Stanley, 10 Julie Steele, 10 Jason Stephens, 10 Tracy Stevens, 9 Shana Stone, 10 Julie Stratton, 11 Robin Struck, 11 Jennifer Stump, 10 Christopher Surber, 11 Shayla Swank, 11 Marian Sykes, 11 Michael Talley, 11 Michelle Talley, 9 William Taylor, 11 David Tetzlaff, 11 Jennifer Thaler, 11 Elizabeth Thomann, 9 Kenneth Thomann, 11 Carrie Thomas, 11 Patricia Thompson, 9



A Good Job. The library serves as a place for many to complete necessary assignments. Freshman class president Debra Rice worked out a schedule for one of their upcoming fundraisers.

Hammers Away! Designing a Homecoming float can be a difficult task, but to freshman Chris Butler and Brian Frahm it is a simple one.





Richard Thompson, 11 Anthony Torres, 11 Robert Townsend, 9 Michael Trantham, 11 George Trice, 11 Harry Tucker, 9

Jonathan Tuseth, 10 Amy Tyndall, 11 Antonia Ulisse, 10 Holly Umstead, 11 Michael Valerien, 10 Teresa Van Meter, 11

Jennifer VanDervort, 9 Brent VanDevender, 9 Jon VanDeventer, 10 Dawn Varner, 10 Katherine Vernail, 11 Brian Verstynen, 9

Mark Vlaun, 11 Chris Wade, 11 Charles Walker, 9 Richard Walker, 11 David Wallace, 10 Travis Wallace, 9

Stephanie Walter, 9 Angela Ward, 11 Melvin Ward, 11 Jennifer Warren, 10 Christopher Waterman, 10 Dawn Watkins, 11 Lynn Watkins, 9 Gabriel Watlington, 10 David Weatherly, 9 Bobby Webb, 9 April Weinstein, 9 Brian Welch, 9 Amy West, 10 Janet Westbrook, 9 Joel Westbrook, 10 Stephen Westbrook, 10 Christopher Westerfield, 10 Sharen Walen, 11 Camie Whitam, 10 Tamren Whitley, 11 Tara Whitney, 11 Edward Wicker, 9 James Widener, 11 Chrissy Widener, 9 Timothy Wilkins, 9 Daniel Willcox, 9 Christopher Williams, 11 Shannon Williams, 11 Steve Williams, 10 Tara Williamson, 10 Carrie Wilson, 11 Clifton Wilson, 11 Corrie Wilson, 9 David Wilson, 9 Dawn Wilson, 10 Janine Wilson, 9 Steven Wilson, 9 Dawn Winder, 10 Tracie Wiseman, 10 Jay Wisor, 9 Tricia Wissinger, 10 Lori Witt, 9 Kenneth Worrell, 10 Gerald Wright, 11
Steven Wyrick, 9
Ilana Xinos, 11
Basil Yang, 11 Christopher Yon, 11 John Zohn, 9 Melissa Zohn, 10

ou Can Lean On Me A friend is always there

Can you imagine this: A deserted island off in a remote area, with no one to converse with? For some. that would be impossible.

There are many things in the world that we revolve our lives around. School, families, weekends, and friends are just a few of the activities that are a part of our everyday lives.

Friends help us and guide us through all the trials and tribulations of our lives. When some problems arise, they are there

holding our hands, comforting us, and always trying to give us guidance through all the hardships. Hopefully they are leading us in the right direction. As noted by junior Shantil Putzulu, "Friends are very important because they are always there to listen to your problems."

Some people have difficulty discussing their problems with their parents, maybe because of embarrassment. Some might be afraid to talk to teachers, or guidance

counselors, because of the feeling of being uncomfortable.

"Friends are great because they support and help out with whatever you need," states junior Betsy Borders.

The closeness of friendships helps to promote trust and reliability. Poquoson's tight-knit community is ideal for establishing close friendships. Growing up with the same classmates helps develop respect and a sensitivity to the needs of

others.

"We've all had bad relationships in our lives, but we have to put them aside and focus on the good ones. If you concentrate on the good, strong relationships now, they will be the ones to last," quoted junior Monica Finch.

During a lifetime a person meets new friends and still holds on to the memories of all the old friends. No matter who they are. they all have special qualities which make them friends.

What is the most unique gift you have received?



Junior Brian Dexter — "For Christmas my parents didn't give me anything, they just canceled my \$150



Sophomore Danny Forrest — "My mom gave me a box of white styrofoam for my birthday and wrote 'ghost poop' on top."



Junior Jamey Diggs — "I got a glow in the dark golf ball for Christmas from my sister so I could golf at night. It's a killer."



A Friend In Need. A helping hand is not hard to find. Sophomores Heather Smith and Vanessa Patterson reviewed for a health test during first lunch.

Principal

Rising through the ranks, learning the ropes on the road to the top, Mr. Olen Evans — from teacher, coach, athletic director, assistant principal to principal — climbs the trying ladder of success.

With four years of experience under his belt, Principal Evans finds that his most important duty is to be visible. Students often notice him roaming the halls between classes or making conversation during lunch. Evans comments, "I like to be around the kids, especially during the change of classes."

Mr. Evans points out that school policies have basically remained the same. One issue he stresses is the point of no "open drink containers" at school in the mornings. He sees no problem in students bringing a canned drink at lunch, but states that, "In McDonald's cups, anything can be mixed." He singles out leadership as the biggest change of the school year. "It's been getting stronger every year," he admits.

The advantage of being Principal, to Mr. Evans, is his ever-changing schedule. "There's no routine," he explains. Evans regrets the fact that some parents go to the school board with their problems instead of coming directly to him. The principal parallels his projection for the future to the good points in his own job. He predicts a change in routine for students, too. Maybe not next year, but soon, he foresees.

Mr. Evans reveals that he will be retiring in the near future, perhaps within two years. After retirement he plans to hunt, fish, boat, and travel. "While I am still young enough to move," he jokingly adds, as

he grasps his back.



Go Team! At a regular season football game, Mr. Olen Evans looks on approvingly. Mr. Evans showed his support by attending all home games and activities.



Que Pasa? Brand new teacher Mrs. Sandra Ferguson introduces "George" to her Spanish I class to help students learn gender and number. George looked a little thin, but proved to be an effective teaching aid.



Mr. Olen Evans — Principal
Mr. David Hinds — Assistant Principal/Activities Director
Mr. Elmer Seward — Assistant Principal
Mrs. Betty Duty — Secretary
Mrs. Cora Everhart — Secretary/Bookkeeper
Mrs. Ray Verser — Nurse

Mrs. Marie Dryden — Director of Guidance Mrs. Judy McCormick — Guidance Counselor Mrs. Virginia Napier — Guidance Counselor Mrs. Paula Hayes — Secretary/Library Aid Mrs. Jean Forrest — Librarian Mrs. Judith Topping — Library Aid

Mrs. Sandra Lawson — Guidance Secretary
Mrs. Pamela Baker — Resource, Fr. class sponsor
Mrs. Marla Brown — Algebra I, AP Calculus, Geometry, SCA
sponsor
Mr. Mike Carges — Chemistry, Physics, Football

sponsor
Mr. Mike Carges — Chemistry, Physics, Football
Mrs. Linda Dubose — English 9, 11, Fr. class sponsor
Mrs. Bonnie Fay — AP English 12, Creative Writing, English
Dept. Chairperson, Tidewater Challenge, Reflections

Mr. Tom Fay — Spanish III, IV, AP, Foreign Lang. Dept. Chairman, Tidewater Challenge Mrs Donna Ferguson — Spanish I, II, So. class sponsor Mr. John Forrest — English 9, 10 Mrs. Joyce Gaines — Chemistry, Consumer Chemistry, Applied Earth Science, Science Dept. Chairperson, Science Club Mr. Bob Gemmill — Biology, Adv. Biology, Gymnastics, Soccer Mrs. Debbe Goddin — English 10, 12, Jr. class sponsor

New to Our School

TEACHERS

The new arrivals are here! No, not the freshman class, the new teachers. You've seen them in the halls and in the classroom. They are new at their jobs, they are often compared to a freshman who is new at high school.

In many ways the new teachers are like the freshman class. They are new to the surroundings of the school and the way things are run. Like freshmen, they were all a little nervous that first day of school. Math teacher Mrs. Marla Brown said, "The first day wasn't like I

thought it was going to be. I was more jittery before the first class than when the class actually came. After the first hour, though, I was fine. All the teachers and students were nice and helpful whenever I needed help with something or didn't know where something was."

Although some teachers are new to us they are not new to teaching. Some have transferred from different schools or have just taken up teaching again after a break from the students.

History teacher Mrs.

Judy Shubert commented, "Not teaching since the early 1970s was a challenge. Getting back into the swing of things was a little difficult. The kids haven't changed much. They're more open these days to new ideas and professions in life."

Another problem a few of the teachers might have had those first few days, like the freshman class, was getting lost in school. Not knowing which direction they were headed in or which classroom to go to when the bell rings. This dilemma sometimes occurred to the teachers who

have to have floating rooms. Spanish teacher Donna Ferguson commented, "I have to change classes like the students. It's a little different from staying in one classroom all day. If you're not careful you can let your mind slip and start towards the wrong classroom and end up being late to your next class."

The new teachers are like the freshman class. They make some mistakes but learn not to make them again. They eventually find their way around and become part of the family.

Part of the Family TEACHERS

rchie bellows
"EDITH..." and
his overpowering
voice echoes through the
domestic setting of the TV
sitcom All in The Family.
The essence of family,
bonding mother and
daughter, father and son,
is evident not only at home

but at school as well.

It's 7 a.m., English/
Speech teacher, Mrs.
Sandy Katz rushes hastily
out the door on her way to
work. At 7:15 a.m., her
daughter, senior Deb
Katz, is off to school. Mornings at their house start at
the crack of dawn; there is
not much time to talk.
Luckily Mrs. Katz's work
place and Deb's school are
one and the same. Mrs.
Katz mentions jokingly,

"It's awfully nice to walk through the commons at lunchtime and see of Deb there throwin' back her grub." When asked her feelings about being near her mother all day, Deb replied, "I like it most of the time. Sometimes I get embarrassed when she yells down the hall to remind me of my household chores."

Junior Alystra Little spends long sweat-filled hours in the gym and in the classroom, strengthening herself both athletically and academically. Mrs. Dot Little, middle school and high school Chorus teacher, is busily working on lesson plans, helping with the school play, and preparing for

concerts. Obviously the Littles' hectic lives leave little time for leisurely family conversations. A solution was found! They both arrive at school at 7:10 a.m. sharp; Mrs. Little works at Alvstra's school. "I like going to school with my mother. Since I'm involved in gymnastics and she is busy with teaching. we don't have a lot of time to spend with each other. I am in her second hour Jazz Chorus class though, and it gives us time to talk," replies Alystra.

Entire families sometimes spend the day together. That is the case for the Fays. Mother, father, sister, brother — walking down the halls they often bump into each other. Mr.

Tom Fay, a Spanish teacher, and his wife Mrs. Bonnie Fay, a senior English teacher, go to school with and even have taught their senior daughter, Shannon and sophomore son Mike. Shannon admits, "I spend a lot of time practicing and competing with the Tidewater Challenge team and my dad is my coach."

Gym teacher Mr. John Kain and son, Mark Kain, school secretary Mrs. Betty Duty and son, Jason Duty, and guidance secretary Mrs. Sandra Lawson and son Todd Lawson—all of these teachers/staff members and their families bring a feeling of "family" that make ours more that just a school.

Mr. Greg Hopkins — US Govt., US, Va Hist., Chess Club Mrs. Sidney Jorden — MDE I, II, III, DECA, Fashion Merchandising Mrs. Denise Junghans — Wld. Geography, Wld. History Mr. John Kain — Health, P.E. 10, Baseball Mrs. Sandy Katz — English 11, Speech, Forensics Mrs. Barbara Keech — US/Va. Govt, Social Studies Dept Chairperson

Mrs. Rita Kehoe — English 12, Sr. class sponsor Mr. Fred Kimsey — ICT I, II, VICA Mrs. Janet Knight — Algebra II/Trig, Geometry Mr. John Kohlrieser — Math II, Applied Math, Soccer, Algebra

Mrs. Gail LaRue — Algebra I, Computer Programming I, II Mr. Scott LaRue — Acad. Biology, Oceanography, NHS, Ecology

Mrs. MaryBeth Leavitt — Chemistry, Adv. Chemistry, Key Club, Science Club Mrs. Dot Little — Mixed Chorus, Jazz Chorus, Swing Chorus Mrs. Jeanne Martin — General Math I, Math Analysis, Algebra

Mr. John Mousetis — Earth Science Mr. Dave Nelson — US/Va. Govt., Athletic Director, Boys' Basketball, Sociology, Varsity Club Mr. Mike Newbern — Wrestling, Football



Growing Up

As the clock turns back, teachers reflect on childhood dreams. Professional football player, policeman, ballerina, racecar driver, millionaire, doctor—What do you want to be when you grow up?

Calculus teacher and assistant girls' basketball coach, Mrs. Marla Brown, shyly admits that when she was a young girl she wanted to become a Harlem Globe Trotter! She explains, "They came to my middle school and performed. I was impressed."

Some teachers focus on prestige as opposed to fame. Mr. Bernie Wright, A.P. History teacher, hoped to become an army general and graduate from West Point. He emphasizes, "I wanted to serve my country—but I also wanted to be a product of the most distinguished military academy in the world." His second choice was to become a Governor.

A glimmer of stardom lingered in the mind of business teacher, Mrs. Brenda Winstead. She hoped to follow in the footsteps of childhood idle Maryln Monroe. Mrs. Winstead jokingly recalls, "I couldn't follow up on that because I don't have the hair for it!"

As a child, piloting was Mr. Mark VanDervort's ideal occupation. Although, at the age of five, he had his sights set on the firehouse — he wanted to be a fireman. He justifies this by stating that he simply, "wanted to ride on the big, red truck!"

Many of these childhood dreams may seem silly, but most teachers have followed them in some way. Mrs. Brown, coaches basketball and Mr. Wright, teaches history.





The Heat Is On! Competition bonds tidewater Challenge coach, Mr. Tom Fay, and daughter, Shannon. The duo discussed answers after a match with York.

Ya Know What I Mean Vern? Desperately trying to help a Spanish II student grasp a concept, Mrs. Nancy Rowley resorts to hand motions. Mrs. Rowley vowed to leave no question unanswered.



Mr. Robert Odenwelder — Biology, General Math I, Football Mr. Torbjorn Omnundsen — Power Trans., Wood Tech. I, II Mrs. Sharon Pauls — Health, P.E. 9, 10 Mr. Bob Pearce — Health, P.E. 9, 10, Football Mrs. Elizabeth Pirtle — Shorthand, Typing, Accounting, FBLA, Business Law, Business Dept. Chairperson Mrs. Frances Potts — Health, P.E. 9, Adaptive P.E., P.E. Dept. Chairperson

Mrs. Heda Quillin — English 10, 11, 12, So. class chairperson Mr. Tommie Quinn — Algebra I, Trig., Math Dept. Chairman Mrs. Barbara Rich — Resource, SCA, Special Ed. Dept. Chairperson Nancy Rowley — Spanish I. II. Jr. class sponsor

Chairperson
Nancy Rowley — Spanish I, II, Jr. class sponsor
Mrs. Judy Shubert — US/VA History, Economics, Model UN
Mrs. Jeannie Sibbers — US/VA History, World Geography,
NHS

Mrs. Helen Small — French I, II, III, IV, V, AP, Debate, NHS Mr. Ed Spain — Basic Tech Drawing, Arch. Drawing, Drawing, Engin., Softball

Engin., Soitball

Mrs. Marie Sproull — Art I, II, III, IV

Mr. Doug Spriull — Band, Marching Band, Jazz Ensemble,
Concert Band

Concert Band Mr. Craige Stallings — Wld. History, US/VA Gov't Mrs. Marie Struble — Algebra I,II, Statistics, Con. Math, Rifles Mrs. Dott VanDervort — English 11, Islander Mr. Mark VanDervort — English 10, Journalism I, II, Island Echo, Girls' Basketball, Boys' Tennis

Mrs. Brenda Winstead — Typing, Word Processing, Office Tech., Keyboarding, Girls' Tennis, FBLA Mr. Bernie Wright — AP History, Personal Law, Track, Cross Country

> Mrs. Joan Wynn — Family management skills, Child development, FHA Carol Zak — Resource, Golf, Sr. class sponsor





Mr. M.J. Firman — Maintenance Mr. Philip Miller — Custodian

Embarrass

Palms begin to sweat, sensations of a flushed face register in the brain, redness overcomes as Mrs. Snodgrass trips over a trash can and lands face first on a desk top. She recovers, looks into the students' faces . . . EMB-ARRASSMENT sets in!

An embarrassing moment can happen at any time. These moments are subject not only to kids and teenagers but to teachers as well.

Spanish teacher Mrs. Nancy Rowley commented, "One of my most unbearable moments was when my 3year-old son Chad set off a fire alarm at school. The worst part of it was that a play was going on. All the people in the audience came running out, thinking there was a fire. Luckily the principal called the fire department before they came."

Though an embarrassing moment can happen at any time, it most often happens when you're having fun. Embarrassing moments creep up on you when you're out with the girls or the guys or with that certain someone. It just doesn't seem to happen when you are alone and out of the public eye. Mrs. Carol Zak accounted for this by saying, "While I was skiing in Vail, Colorado, my contact came out on one

of the slopes. I had just gotten out on the slope so I put the contact back in. Later on down the slope it came out again. This time my hands were too cold to put it in. So I had to ask a young man to put the lens back in. He was a little skeptical, but did it. It was the most embarrassing moment I've ever had."

Embarrassing moments seem to always happen in the midst of friends, in front of colleagues, and in the pressence of that special someone. With teachers it can be worse, especially when they embarrass themselves in front of their classes, students who are forever watching and never forget a funny occasion.

Cafeteria Workers. Ramona Diggs, Lynn Bruney, Betty Ragsdale, Virginia Rollins, Opal Carr, Lynn Moore, Arlene West, Paulette Evans, Myrna Champ.





Highest Bid Buys The Bod. A SADD fund-raiser enables senior Robert Henesey to "purchase" Mr. Mike Carges for one day. Mr. Carges serenaded Henesey after preparing a gourmet meal.

Watch This. The floor doubles as a chalkboard for Mr. Torbjorn Ommundsen. He drew a proper cutting angle for a wood tech class.



Teachers or Students

TEACHERS

he bell sounds to signify the end of the school day. Most teachers pack up to go home, but for some the school day enters its second stage. The shoe slips onto the other foot... teachers transform into students as they head toward Thomas Nelson, Christopher Newport, and even Old Dominion University.

As fourth hour A.P. History class settles down to take yet another grueling test on the Civil War, teacher Bernie Wright buckles down to study also. Wright, like all teach-

ers, needs six additional hours to renew his teaching certificate. Wright has taken a course on school finance and plans to take two more, one in school personnel and the other in school administration. The history teacher reluctantly admits, "It's harder to do homework than to give it!"

Softball coach Ed Spain points out the time-consuming characteristics on these extra courses. He states, "It's like a part-time job, another coaching assignment. Four hours a night, one night a week plus another three hours

of studying, it really adds up." Spain is working on his Masters in Administration at George Washington University, taking classes on finance, school law and tests and measurements.

Mr. Mark VanDervort designs lesson plans for his tenth grade English classes as he contemplates fitting extra hours of courses into his busy schedule — English/Journalism teacher, girls' basketball coach, and new boys' tennis coach. VanDervort, along with Mr. Dave Nelson, Mr. John Kain, and Mr. Olen Evans

find their only free time to come in the summer. Van-Dervort plans to take a coaches' clinic and a selfimprovement class. Being brutally honest, he exlains, "I'm taking it because it's convenient, it's something I have an interest in, and it involves less than a week of my life."

Teachers look foward to extra hours toward their certificate like students look forward to the "dreaded class." They feel the pressure that they once felt — taking exams instead of giving them!



UNLIMITED PURCHASE. The juice machine in the commons gives a wide variety of choices for lunch. Senior Eric Umstead buys an apple juice during second lunch.

Limitless Purchases

Peanut butter, prescriptions, crafts, auto parts, money. Where do all of these things come from?

They have to be purchased somewhere. The local merchants in the area play an unlimited role in many people's lives.

Think about it. The Pharmacy has everything from school supplies to medicine to beauty supplies. Ben Franklin has mostly crafts, but they also have children's clothing.

There are many other merchants in the area that aren't visited as often but are equally important in our community. Suburban Realty and Atlantic Realty are very important to people who are new to the area.

Anything from flowers bought at Freeman's Florist to cars at Riggins' Motors to the money from First Virginia Bank needed to purchase the car can be found at one of these local merchants.

The buying opportunities are endless. The merchants in the area are UNLIMITED!

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GOOD LUCK GRADS! from Hogan "The Grease Monkey"





Show It Off. The students are treated with a fashion show during Vocational Education Week. Mr. Olen Evans escorted Dana Silver through the commons.

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SCHOOL STORE



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Student Council Association



Front to Back. Danielle Trombetta, Angie Clausen, LeeAnn Jenkins, Laura Milton, Jon Check, Andrea Forrest, Becky Bradshaw, Mark Boucher, David Britt, Chuck Sack, Vinnie Gallerani, Tom Kostoff, Matt Mendez.

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Look Your Best. Mirrors in the school bathrooms are taken full advantage of. Senior Kelly Edwards checked her appearance between classes.

H.E. (ROB) MCBRAYER, Jr., D.V.M.



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MONEY

You want to go to a concert, a movie, or a football game. What is the one thing you need above all else to go to these places? MONEY.

Money is something almost everyone strives for. It is part of the American dream and a means of existence all over the world. Students seem to be in need of money for almost anything they do.

Some students work for their money, others have money saved, and still others just ask mom or dad for the money.

Senior Cheyenne Hoadley said that she does not get an allowance, instead, she works for her money.

Senior David Willcox said, "I'm not working during school. I'm living off the money I made this summer as a lifeguard."

Then there are the lucky ones who get their money from mom and dad. Junior Kathy Vernall stated, "I get an allowance of about ten dollars a week. I don't do much to earn it, but I do what my parents tell me."

It seems that money is needed for just about everything these days. Students are earning it or asking mom and dad for it. Which ever way you do it, remember — spend it well!

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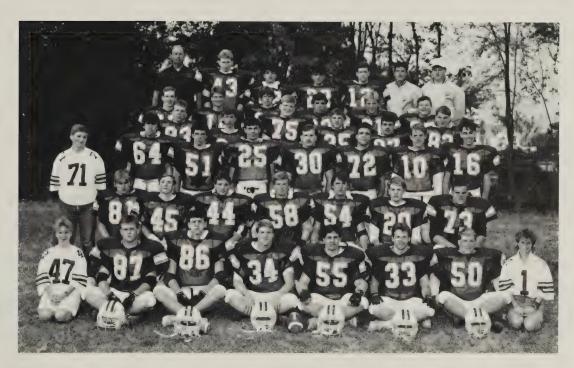
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Congratulates the 1988-89 Varsity Football Team On Their Homecoming Victory



Front to Back. Joanna Miller, Brad Sneed, Hunter Wortham, David Britt, Jeff Smith, Troy Miller, Neil Gray, Kellee Campbell, John Rowe, Nathan Hogan, Robert Henesey, Joe Rollins, Kerry Hodgkins, Jeremey West, Ronnie Evans, Sam Davis, Tommy Diggs, Jeff Ohlinger, Nick Franks, Todd Lackey, Mark Boucher, Tray Matheson, Mark Dossett, Chris Surber, Clint Sharp, Troy Smith, Bubba Ferguson, Kevin Heyman, Clifton Wilson, Doug Brown, Mike Ayer, Damen Insley, Preston Uyey, Brandon Forrest, Brad Huddleston, Coach Bob Pearce, Brian Butler, Jim Alexander, Steve Alexander, Steve Westbrook, Coach Mike Carges, Coach John Ashley.

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Joan Bunting	868-9214	Bob Lewis	868-8376	Diana Umstead	868-6153
Anne Discenza	868-8881	Sally Neher	868-7601	Connie Williams	868-9775

POQUOSON CHIROPRACTIC CLINIC CONGRATULATES



Front to Back. Courtney Delk, Shawn Nadeau, Wayne Holloway, Doug Brown, Greg Krueger, Travis Rice, Neil Lambiotte, Amy Forrest, Scott Drumheller, Sam Davis, Todd Lawson, Jeff Steele, David Westerfield, Hunter Wortham, Chuck Sack, Betsy Skora.

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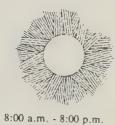


Take A Walk. Those students without a parking sticker must park in the library or pool lot. Senior Joe Rollins and junior Kevin Heyman took their morning stroll from the library.

Mon - Fri



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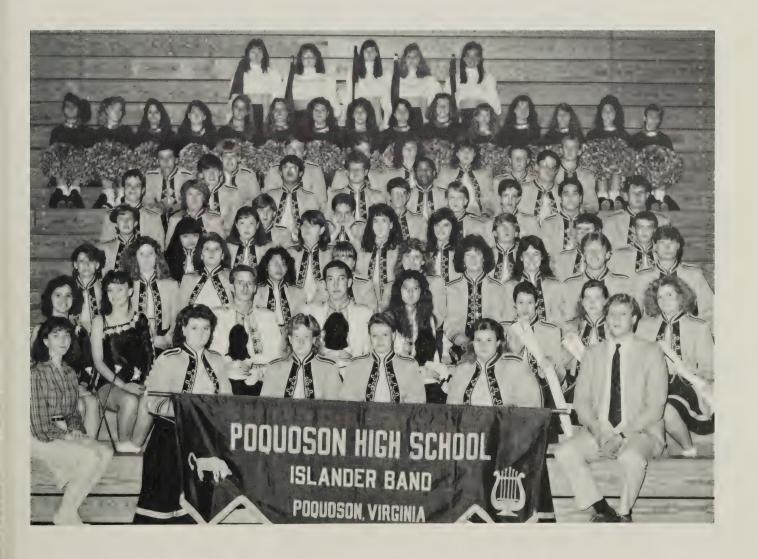


1. 2. 3. Push! Parking in the school is not always everything it's cracked up to be. Senior Laurie Thomas and her friends pushed her car to its spot when the engine failed.

Islander Band Seniors 1989

Charlene Adams
Amy Alexander
Collin Binkley
Julie Buckingham
Tracy Butts
Laurel Cutler
Janine Dade
Donald Evans
Shannon Fay
Shawn Fertitta
Andrea Forrest
Lawrence Grigg
Christine Hargrave

Angela Insley
Robert Kimbrel
Charles Larson
Viki Mendez
Reagan Pressick
Jennifer Sayre
Robin Thrift
Lori Topping
Ami VanDeventer
Daniel Watson
David Westerfield
Steve White
Bernadette Wilson



Congratulations Senior FHA Members















Kristi Rosengrant

Amy Alexander

Amy Deans



Lee Ann Jenkins



Audra Diggs





Angela Bonner









Sherri Scott



Becky Bradshaw

Julie Buckingham



Natalie Giglio



Bobbie Howell



Jennifer Adams



Jeannie Insley



Michelle Finch



Daniel Watson



Heather Firman



Stacey Jensen

St. Kateri Tekakwitha Catholic Church CONGRATULATES its 1989 graduates











Mark Boucher

Scott Drumheller Jeffrey Duncan

Shannon Fay

Sean Rilev













Mary Rogers

Lauren Thomas

Robin Thrift

Kari Townsend

Tad Weston

Paula Yourey

Thomas J. Quinlan, Pastor

Michael W. Dowled denistry

Michael W. Dowled denistry

Michael W. Dowled denistry

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MONDAYS

Monday...the culprit of many disasters for the average unsuspecting high school student.

This is the day your alarm clock goes off five times before you actually get up. Your body pleads for three more hours of sleep but you have to force yourself out of bed.

Once you are up, you search for something to wear, only to find your clothes never made it out of the hamper during the weekend madness. And because of your search, you are now late and have to race out of the house without breakfast. This is just an average start to a disastrous Monday.

Most students feel that Monday mornings are too tiring. Melissa Rohrer, a senior, explained, "I hate Monday mornings because I am so tired that it makes it hard for me to concentrate on schoolwork." Another senior, Becky Bradshaw, stated it best by saying, "...it is a shock to my system."

Even teachers feel the "Monday fever." Mr. Tommy Quinn admitted, "I spend all day Sunday

Just remember, Monday means there are only five days left till the weekend. To most of us, those five days seem like an eternity.



Take Your Time. Injuries provide students with good excuses for being tardy. Mark Dossett hobbled to his class after being caught by the bell.

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Jon Check 125 lbs. 1st in District, 1st in Region, 1st in State



Robert Henesey 130 lbs. 1st in District, 1st in Region, 1st in State



Bubba Ferguson 135 lbs. 1st in District, 1st in Region, 1st in State



Nick Franks 145 lbs. 2nd in District, 2nd in Region, 3rd in State



Joe Land 112 lbs. 1st in District, 1st in Region, 5th in State

Congratulations also to the Region I Champions

103 Robert Check 112 Joe Land 119 Casey Irwin 125 Jon Check 130 Robert Henesey 135 Bubba Ferguson 140 Kyle Briglia

ICT CONGRATULATES CLASS OF '88-'89















Jamie Abston

John Andrews

Katy Dupuis

Shannon Evans

Robbi Fixx

Jason Healy

Nathan Hogan







Mark Jenkins



Jimmy Jessup



Lowrey Lawrence



John Mercer



Derek Moore



Lance Musser



Jimmy Rabb



Robbie Roderick



Tim Rohrer



Jenny Smith



Tommy Trantham



Paul Vermillion



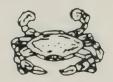
Allen Williams

NOT PICTURED lan Frazier Kenny Riddle Mike Sulzberger Craig West



Capture the Moment. The day when seniors receive their cap and gown is a memorable one. Senior Anne Frost watched as senior Randy Davis filmed his classmates.





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HEIGHT

Shrimp. Half-pint. No, this isn't a grocery list. These are nicknames some people hear almost every day. Boys and girls. Young or old. There are short people everywhere, and not all of them like it.

Some people find being short a hassle and can't stand to hear about their size. Senior Stefanie Szupel stated, "It gets old when people say, 'You're so short' or 'I didn't realize you were so short."

Some have different views about being short. Senior Jon Check said, "It really doesn't bother me."

We can't forget those oversized giants. They are joked with too. They hear things like "How's the weather up there?" And they always get picked on to get objects off those out-of-reach shelves. Senior David Westerfield said, "It's hard to drive. My head hits the roof and my knees hit the dash."

Most guys see it as an advantage though. They are the tallest people in a crowd, so they don't have any trouble finding people. And an added extra is that they are seldom shorter than their date.

There are problems to face if you are too tall or too short, but there are advantages too. Whichever the case is, keep thinking the positive things.

The PHS Band Boosters Proudly Congratulate The Band and Auxiliaries

Islander Band Awards 1985

Urbanna Oyster Festival
First Place Band
First Place Majorettes

William and Mary Homecoming Parade

First Place Band

Gloucester Christmas Parade

First Place Band

Newport News Baton Competition

First Place Majorettes District Concert Festival Excellent Rating Phoebus Auxiliary Competition First Place Drill Team

Second Place Majorettes

King's Dominion Concert Festival

Second Place Class AA
Apple Blossom Festival
Second Place Band Class A
Second Place Drill Team

Third Place Drill Team
Third Place Drill Team
Fourth Place Majorettes
Fourth Place Majorettes

Islander Band Awards 1986-87

Apple Blossom Firefighters Parade

First Place Band Class A

President's Award

Fifth Place Drill Team

Fourth Place Drum Majors

Second Place Majorettes

Williamsburg Christmas Parade

First Place Band

Florida Spring Trip Awards

Apple Blossom Grand Feature Parade

Second Place Drill Team Second Place Majorettes Fifth Place Drum Majors

William and Mary Homecoming Parade

Second Place Band

Gloucester Christmas Parade

First Place Band

Islander Band Awards 1987-88

Urbanna Oyster Festival

First Place

Gloucester Christmas Parade

First Place

Dungo Strawberry Festival Second Place

Shenandoah Apple Blossom Festival

Islander Band Awards 1988-89

District 8 Symphonic Band Festival Excellent Rating

NBTA Dance Team Competition

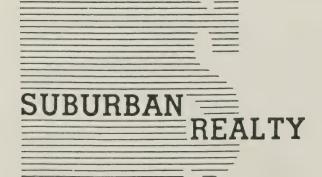
First Place Pom Poms

Gloucester Christmas Parade Grand Champion Poquoson Seafood Festival First Place Band

Suburban Realty congratulates the 1988-89 Girls Softball Team



Front to Back. Laurie Thomas, Danielle Trombetta, Becky Bradshaw, Michelle Finch, Laurel Cutler, Sandra Holloway, Jen Thaler, Diane Smith, Lori Clark, Jenny Biggs, Tricia Wissinger, Sam Davis, Monica Finch, Julie Casey, Lisa Jordan, Lynn Sykes, Christy Byard, Tracy Phillips, Paula Bolden, Ed Spain.



Where our clients send their friends.

Best wishes to the students of Poquoson High School

from
Chief Jack White
and the men and women of the
Poquoson Police Department



congratulates

Poquoson High School's

Class of '89



A Laughing Matter. School officials are often amused by the students. Mr. Seward and Mr. Evans were entertained by senior Scott Drumheller during lunch.

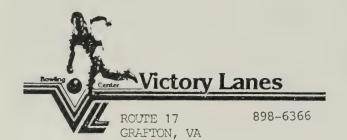
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Share Your Knowledge. Oral reports are often required of senior government students. Senior Kari Townsend gave her presentation on the U.S. President.



The Kiwanis Club

congratulates the Key Club



Front to Back. Paula Yourey, Stephanie Szupel, Dani Bellis, Danielle Trombetta, Michelle Finch, Beth Forbes, Amy Stoakley, LeeAnn Jenkins, Laura Milton, Julie Laske, Andrea Forrest, Angie Clausen, Heidi Carter, Deb Katz, Andrea Powell, Nancy McCuistion, Becky Bradshaw, Shannon Fay, Jenny Forrest, Mike Solga, Scott Sonnenberg, Randy Davis, Chuck Sack, Mark Boucher, Matt Mendez.

Poquoson DECA Salutes Its 1989 Graduates













Julie Bartram

Heide Beach

Julie Buckingham

Tracy Butts

Steve Cucura















Kym Diggs

Beth Forbes

Bill Ford

Jenny Forrest

Belinda Hornsby

Kim Jenkins







Amy Keever



Tracy Parker



Andrea Mercer



Joanne Rathbone



Valarie Roberts



Mary Rogers



Kristi Rosengrant



Lisa Rutkowski



Dana Silver



Amy Spahn



Linda Svensen



Carlos Torres



Bobby Watkins

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SOAPS

"Did you know that Bobbie and Jake broke up?"
"Are you serious? Eve was raped yesterday."

"That's awful. Oh yeh, Frisco really is dead."

This is a normal conversation heard almost anywhere. This is "soap-talk" — the conversation about the latest happenings on the soap operas. The only time it can't be heard is when the soap itself is watched.

Faithful soap fans are usually devoted to only a few soaps, so that it is easier to keep track. Senior Darlene Johnson comments, "I watch *Another World* and *Santa Barbara* because I have been watching them since I started watching soaps."

While there are all kinds of TV viewers, the soap opera fanatics are a unique group of people. They are faithfully devoted to watching a certain TV program that pries into the lives of literal strangers, where anything that can go wrong does. These people know how it feels to laugh, cry, and actually experience the feelings that these characters are feeling. From crying your eyes out when a loved one dies, to laughing when the wicked lady gets what's coming to her, all of these feelings are experienced and they are real.

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After School Job. Coliseum Mall offers part-time jobs to many students. Senior Lee Ann Jenkins worked at Thalhimer's to supplement her spending money.

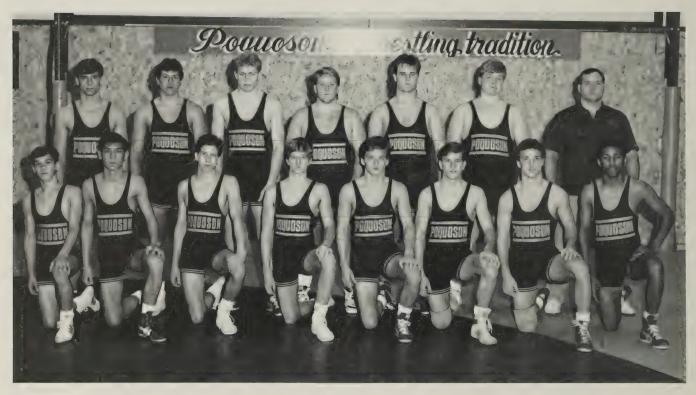
V.H.S.L. COACHES AND SPONSORS



Front to Back. Brenda Winstead, Sandy Katz, Helen Small, John Kain, Mark VanDervort, Dott VanDervort, Bob Gemmill, John Mousetis, Robert Pearce, Bernie Wright, Ed Spain, John Kohlreiser, John Forrest, Dave Nelson, Mo Oldenwelder.

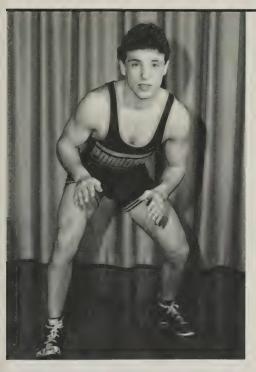
THANK YOU FOR YOUR GUIDANCE AND SUPPORT OF OUR YOUNG PEOPLE.

First Virginia Bank of Tidewater Congratulates the Wrestling Team



Front to Back. Robert Check, Basil Yang, Joe Land, Casey Irwin, Jon Check, Bubba Ferguson, Robert Henesey, Steve White, Nick Franks, David Sanders, Brian Butler, Neil Gray, Brad Sneed, Troy Smith, Coach Mike Newbern.

Daily Press/Times Herald Wrestler of the Year: Robert Henesey
First Team All-Peninsula: Jon Check, Robert Henesey, Nick Franks
Second Team: Robert Check, Joe Land, Bubba Ferguson, Kyle Briglia





YOU'VE NEVER STOPPED TRYING TO ACHIEVE

Freshman Class President Two Time SCA Representative Senior Year Honor Roll Student Who's Who Among High School Athletes Tied National Record for Fastest Pin (.06 seconds) Eight Time Varsity Letterman Football, Wrestling, Cross Country, Soccer VHSL AA State Champion and State Runner Up Senior Year — 33-1, 23 Pins, Overall 98-9, 61 Pins Three Time Region I Champion Three Time York River District Champion Three Time State Greco Champion State Freestyle Champion and State Runner Up AAU State, Region, National Freestyle Champion Six Time City Youth Champion Two Time All Peninsula Team Two Time Most Pins Award All Regional 1st Team World Youth Wrestling Championship Runner Up Wrestler of the Year Honor

You have made us so very proud. God has blessed us with a son like you. Love, Mom, Dad, Larry, and Zorba







Congratulations Girls' Tennis Team



Front to Back. Beth Jones, Robin Bennett, Mindy Oakes, Shannon Fay, Elizabeth Spencer, Sarah Riggins, Dori Kreiger, Stefanie Szupel, Michelle Iacobucci, Marina Richter, Betsy Skora, Brenda Winstead.

FIRST DATES

"I'm so nervous. I don't know what to say."
"It's easy. Just ask her if she is busy on Friday."
But what if she rejects me?"

This is the conversation of many guys at the lunch table, the locker room, or the Commons. They are nervous about asking that certain person out.

Senior Erik Davis explained, "When you go to ask a girl out on a first date, your stomach feels like it is all tied up in a knot, and the words you say don't make sense at all."

David Willcox, who is also a senior, laughed as he reflected on his first date, "I was 13. We went with her older sister and her boyfriend to Goofy Golf. We didn't say a word to each other all night."

Senior Shane Murray's first date was at the endof-the-year skating party in the sixth grade. He reflects, "It was someone's idea for every guy to find a girl and pay her way. I asked someone I didn't know, but the party was great and I ended up going out with the girl for the next three weeks."

As the night finally draws to a close, you are standing on the dreaded doorstep, running out of things to say. You avoid each other's eyes, you pause, and then you look up. . .

Congratulations Viki

"Trust in the Lord with all of your heart and lean not on your own understanding. In all of your ways acknowledge Him and He will make your path straight." Proverbs 3:5-6.

You are loved,

Mother, Dad, Philip, Markie, and Annalee

Congratulations Joe, You Made It!

Love, Moma, Daddy, Bonny, June, Bep, Lee, and Jenn



Jonathan
Excellence is
not a
destination;
it is a
journey.

Good luck
as you
continue your
journey

Love, Mom, Dad, and Robert

Congratulations Tracy



Mom, Dad, and David



The Race Is On! Students have little time to spare between classes. Junior Michelle Corn found time to go to her locker and get the books she needed for her next class.

Congratulations Lori!





Love, Mama and Daddy









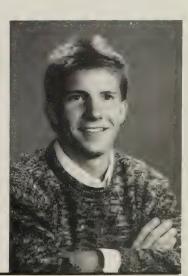




Here's To Goodbyes — That They
Never Be Spoken!
Here's To Friendships — May They
Never Be Broken!







AF

A Fond Farewell

PHS says goodbye to Miss Cora

Caring — to feel love or liking for; to provide for Organized — being systematic

Recognized — to be acknowledded as commendable Active — working, lively, causing change

These words and their definitions extracted from Webster's New World Dictionary seem to have been modeled after Mrs. Cora Everhart. The words help spell out the first name of our school bookkeeper; more importantly, they personify her character.

Entering the school system on June 16, 1959, Miss Cora is now completing her 30th year and is planning to retire. Over the years Miss Cora has seen many students go through high school but still manages to recognize names and faces of former graduates. Health and P.E. teacher, Mrs. Frances Potts remembers, "She has a fantastic memory. It's her biggest asset. Her ability to associate people with what they did in high school, sometimes as far back as 10 or 15 years is remarkable."

Miss Cora obtained the background for her present job of bookkeeper/secretary in the Poquoson High School system by working at Langley from January 1946 to October 1956. She worked as a cashier at Langleyfield cafeteria. At her desk, Miss Cora is often seen writing out checks or organizing incoming monies.

Many groups have recognized Miss Cora's hard work and dedication. She received the Employee of the Year award in 1985 from the PTO. She was also one of the first recipients of the Order of the Bull Pen award, being honored in 1976. The Businessmen's Association presented her with a letter of congratulations for Employee of the Year.

At the age of seventy, Mrs. Cora Everhart still manages to find time to exercise and remains active. She regularly attends aerobic classes to keep in shape and is often seen outside her Poquoson home doing yardwork.

Always greeting students and faculty with a kind word as she passes through the halls, Miss Cora adds a special feeling to our school, a feeling that will be missed as she enters retirement. Close friend Mrs. Sharon Pauls will miss their daily talks. Mrs. Pauls reminds us, "She was working here even when I went to school." Mrs. Cora Everhart has become part of our school.



The Test Of Time. Dedication often accompanies a secretarial profession. Mrs. Cora Everhart has supported the school for thirty years.



Work Among Friends. A smile from a co-worker can always make the day brighter. Mr. Olen Evans and Mrs. Betty Duty have enjoyed working with Miss Cora for many years.

Busy As a Bee. All money that goes through the school must be recorded. Miss Cora kept an accurate record of the school's funds for 30 years.



Miss Cora, for years you've sat at that desk Trying to meet each and every request "I need a check by tomorrow noon. But nine would be better, if that's not too soon." "I've got this money, sorry it's late. I doubt that the bank stays open 'til eight." "My attendance form's what? The numbers are wrong? But I've been adding students each day all along." She might blow off steam, get a little upset "Just take that away, I can't get to it yet." "Why do they leave me up here all alone?" But with a reassuring look and the hint of a smile You know that all will be well in a while. But once this year's over, what will we do? Miss Cora won't be here to help us get through. Hang on to the memories we all have enjoyed, Her absence will create a definite void. An emptiness that others may not comprehend; Not only the loss of a peer, but also a friend. - Mrs. Gail LaRue





A Special Honor. The title of grand marshal is something to be proud of. Mrs. Cora Everhart and Mrs. Betty Duty were honored during the 1987 Homecoming Parade.

"Poquoson High School." Answering phones is a daily part of a secretary's job. Miss Cora never failed to gret callers cheerfully.

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Colophon

This 218 page book was published by the Hunter Publishing Company. We would like to thank our company representative, Mr. Alex Blackwell, and our sponsor, Mrs. Dott VanDervort, for their contributions and for the time and effort they put into the making of this book.

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Typestyles are as follows: cover — Hobo; opening, dividers, and closing - Eurostyle Bold, Eurostyle, Avant Bold, and Avant Book; section headlines — Times Semi-Bold Italic, Times Italic, Hobo, Palatino Italics, Goudy Bold, Goudy Italics, Palatino Bold, Palatino, Bodini, Ventura Script, Times Semi-Bold Italic and Garamond Italic. The headline sizes range from 24 to 132 points. Body copy is ten point Century leaded two points. Captions are eight point Century and Century Bold. There are eight pages of four color background and eight pages of spot color background. Mrs. Mary Skora provided the artwork lettering in the academics section.

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LIMITLESS YEAR

The bell rings and the last day of school is over. The freshman walks onto the bus thinking this is the last day he will ride the bus classified as a freshman. He thinks back to the fun year he has had. He has met an unlimited number of friends and is excited about the next three years of high school.

The senior is filled with mixed emotions as she and her friends walk to the car with the hanging parking sticker for the last time.

UNLIMITED ENDING. The class song is a traditional part of the senior skit each year. Senior Chris Fuller played the introduction before the class sang with him.

They have shared unlimited times that they will always remember. The senior skit, homecoming, and senior picnic are only a few things that flash through her mind as she thinks "...it's almost over."

The junior feels excitement as he knows that the next time he walks into school, he will be known as a senior. That and the fact that he will never make "the walk" again is enough to put him in a good mood.

The sophomore is

excited as she thinks ahead to the summer with her friends and her brand new driver's license bringing her unlimited satisfaction. Next year she will be a junior. The prom, ring dance and being one step away from seniorhood bring a smile to her face as she walks away from school.

With the memories of some and the hopes of many, the year has finally come to an end. The year has definitely been UNLIMITED.

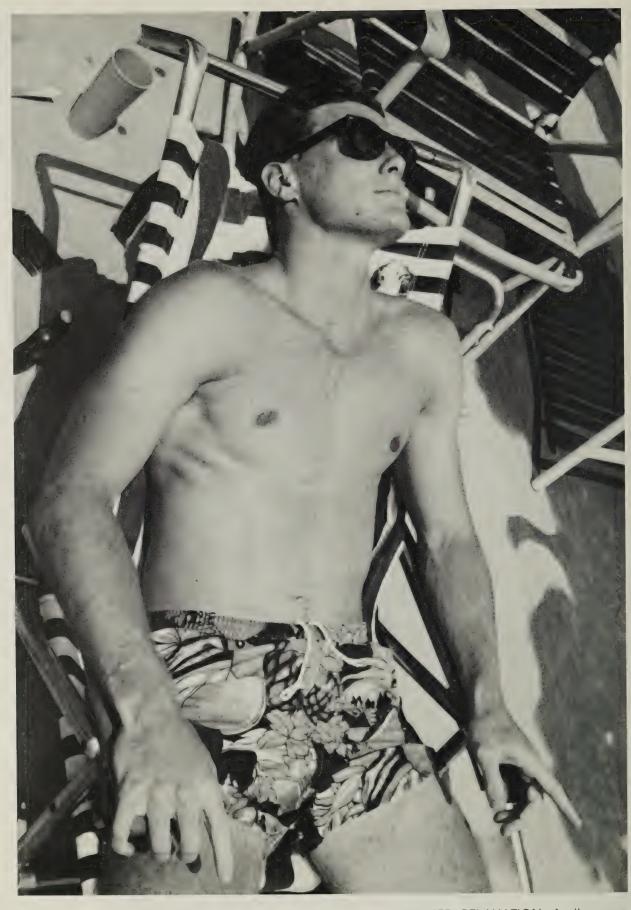






UNLIMITED DREAM. The mock wedding is a Home Economics project where students learn how to plan a wedding. Seniors Audra Diggs and Daniel Watson "got married" as a part of their project.

UNLIMITED BOREDOM. The end of the year sometimes brings lazy days in class. Senior Jeff Duncan munches on an ice cream in ecology class.



UNLIMITED RELAXATION. As the year comes to an end, students become more carefree and enjoy free time. Senior Chuck Sack relaxed in the sun.













Alex Blackwell Virginia Beach, VA





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